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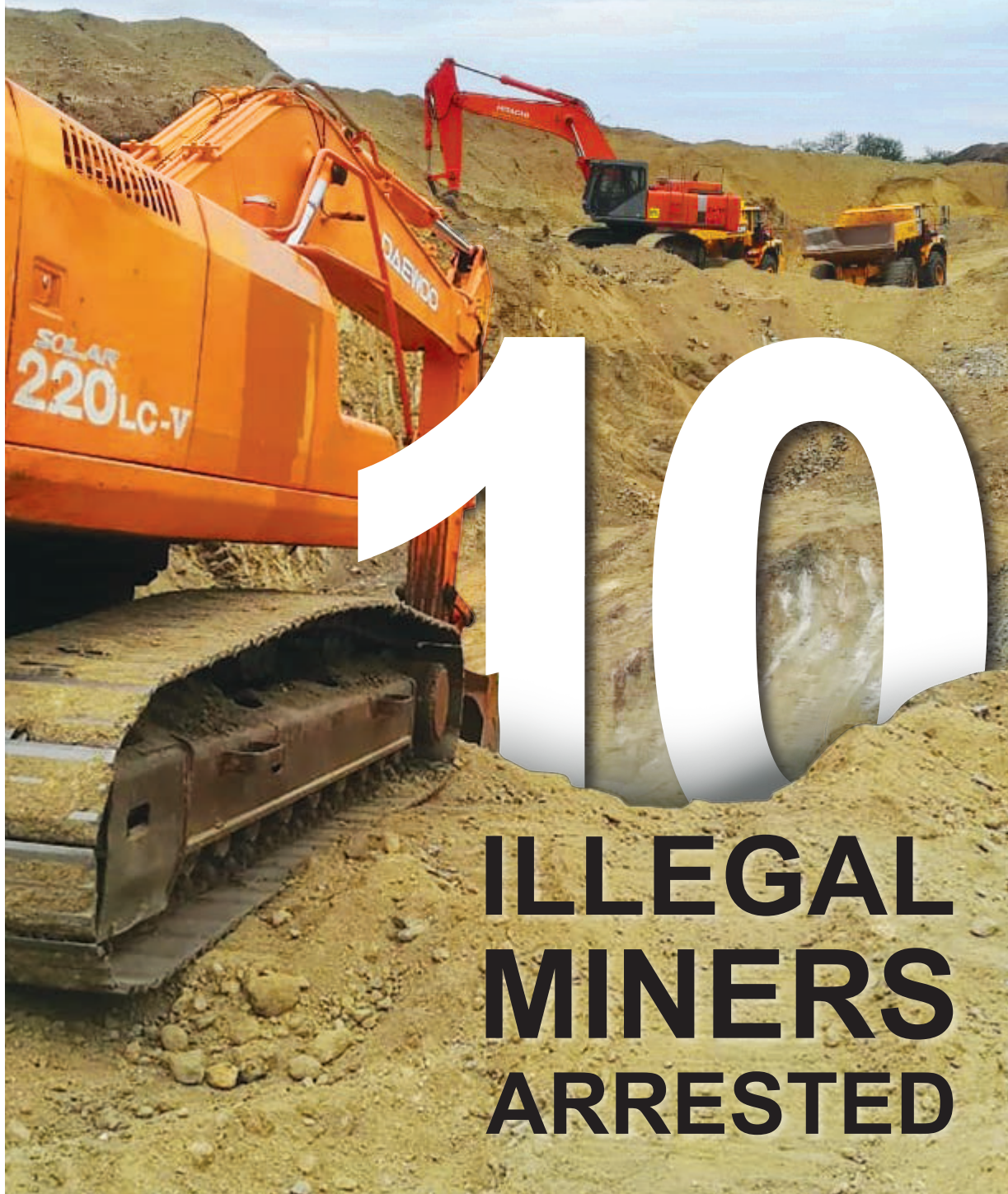
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Excavators at the site of the illegal mining operations.



## ILLEGAL MINERS ARRESTED

### DIGGING FOR TROUBLE

**Rustenburg** – The Hawks in the North West province have issued a stern warning that the law will come down hard on all companies renting earthmoving equipment to illegal miners. The warning came after police recently arrested ten people for mining illegally using excavators and trucks. A spokesperson for the Hawks in the North West, captain Tlangelani Rikhotso, said they arrested eight suspects in Phokeng, close to Sun City, on Tuesday 10 November for mining illegally, using excavators and trucks. The trucks were allegedly used to transport the ore to other illegal chrome processing activities.

Two days later, law enforcement agents from the serious organised crime unit and the public order policing units, accompanied by members of the Department of Mineral Resources (DMR) cornered another two suspects at Witrantjies Farm. "The suspects were found mining illegally using excavators. They had no environmental authorisation from the Department of Mineral Resources," Rikhotso explained. The 10 suspects were charged with contravention of section 24F (1)(a) and Section 49A (1)(a) of the National Environmental Management Act (NEMA) 107/1998 for conducting a listed activity without environmental authorisation. They will appear before the Rustenburg Magistrates' Court on Monday 14 December.

### BUSHIRI'S PLOT THICKENS

READ MORE  
ON PAGE 2

### BODIES OF 3 GIRLS FOUND IN FREEZER

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## BUSHIRI'S PLOT THICKENS



Shepherd Bushiri, a well-known pastor, and his wife Mary were arrested in Malawi.

**South Africa** – Owner of the well-known Sparkling Waters Hotel and Spa resort and self-proclaimed prophet Shephard Bushiri and his wife Mary had their multimillion-rand Centurion property forfeited to the state, after they failed to appear in court. Police authorities in Malawi have confirmed the arrest of Shepherd and Mary Bushiri, a few days after they skipped bail in South Africa and fled to the neighbouring country. However, the Malawian

government was widely criticised on social media for employing delaying tactics to extradite the Bushiris. The preacher is wanted in South Africa on theft, fraud and money-laundering charges to the tune of R102 million.

A spokesperson from the Malawi Police Service senior superintendent James Kadadzera confirmed that the couple was taken into custody after handing themselves over to authorities.

"This is in response to a warrant of arrest issued by Interpol Pretoria on 16 November. The two are on trial in South Africa and are believed to have absconded their bail conditions," he said. The couple's escape from South Africa has not only raised security concerns about the country's borders but has also angered Department of Home Affairs minister Dr. Aaron Motsoaledi who recently told parliament that the departure was not captured in any of the port of entries.

The South African government has initiated an extradition process with Malawi for the couple to stand trial. The South African government has confirmed that the couple did not leave South Africa aboard a flight with Malawian president Lazarus Chakwera and his delegation on Friday 13 November 2020. Department of Home Affairs immigration officials verified the identities of all passengers with their passports and confirmed that the Bushiris were not on the flight from both airports used.

South Africa's efforts for the extradition from Malawi of the couple is being done in terms of the Southern African Development Community (SADC) Protocol on Extradition and other legal instruments, to which Malawi is a signatory. While the extradition is underway, their bail of R100,000 each was also forfeited.

Platinum Weekly has contacted the Asset Forfeiture Unit to confirm whether the state will apply for a confiscation order of the Sparkling Waters and Spa resort, which is located at the foot of the Magaliesberg, Rustenburg. At the moment the outcome of the Bushiri's assets in South Africa hangs in the balance. Only time will tell as the plot thickens.

## 10 YEARS FOR FRAUD AND CORRUPTION

**Vryburg** – The High Court of South Africa: North West Division sentenced Gerrit Abraham Coetzee (50) to 10 years imprisonment on 58 counts of fraud and 58 counts of money laundering to the amount of about R13million.

Coetzee, from Vryburg in the North West, was a financial advisor and a member of a close corporations known as Vryburg Financial Services cc, where he lured clients, mostly widows, widowers, orphans, the elderly, and pensioners. His modus operandi was to invest money on their behalf and manage their existing investments, a service which he was not authorised or licensed to do.

Out of greed, Coetzee made unauthorised and fraudulent withdrawals from investment policies and estate bank accounts belonging to his vulnerable clients who entrusted him with their finances. He then used the money for his personal gain.

The judge sentenced Coetzee to 10 years imprisonment, with three years suspended for five years on the following conditions:

- That he is not convicted of fraud, theft or any other crime involving an element of dishonesty committed during the period of suspension.
- That he repays an amount of R20,000 for a period of six years towards the complainants on the first day of each month into the trust account of a local attorney, starting from 01 January 2021.
- That he cedes the total amount of an annuity amounting to R1,2 million payable by 2024

to the attorneys and be distributed amongst the complainants.

- That he obtains and undertakes to maintain and pay a policy on his life to the value of at least R200,000,000. He should ensure that all conditions of the policy are met to ascertain a pay-out upon his death. The money will then be paid out to the complainants by the appointed attorneys.

Advocate Jeanette Neveling argued that

Coetzee's charges were serious in nature as multiple fraudulent transactions involving large sums of money were made. She further lamented on how he abused his influential position in church, sport, school, and financial circles to lure his unsuspecting clients. She also argued that his greed and dishonesty drove him to carefully plan and execute this criminal act.

The Director of Public Prosecutions in the North West, advocate Moipone Noko, welcomed the conviction and sentence. "The conviction on 58 counts of fraud and 58 of money laundering are much welcome. This success exhibits our commitment to fight corruption, fraud and to comply with the country's commitment in terms of the FATF requirements relating to money laundering prosecutions. Advocate Jeanette Neveling is greatly commended on her efforts in achieving these successful prosecutions."

**National Prosecuting Authority press release, 17 November 2020**



## MAN ACCUSED OF STABBING WIFE TO DEATH

**Mooiooi/ Brits** – A man accused of murdering his wife is expected to apply for bail during his second appearance at the Brits Magistrates' Court on Thursday 26 November.

Sicelo Gumede is charged with the murder of his 31-year-old wife Zanele. Apparently, Gumede had reported his wife missing before the body was

discovered on the side of Lonrho Drive in Mooiooi by a passer-by on Friday 13 November.

"The body was allegedly found with multiple stab wounds while her throat was slit with an unknown object. Emergency medical and rescue services (EMRS) officials were called and declared Zanele dead on the scene," police spokesperson Colonel Adèle Myburgh said.

"Rustenburg police arrived at the scene of the body with the suspect, who identified the deceased as his wife. After a thorough police

investigation, Gumede was arrested and charged with murder. The motive of the incident is yet to be determined and police are carrying out further investigations into the matter," Myburgh added. Provincial commissioner lieutenant general Sello Kwena lauded police for their speedy apprehension of the alleged perpetrator.



Image by 3D Animation Production Company.



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## BODIES OF 3 GIRLS FOUND IN FREEZER

**Taung** – The gruesome discovery was made by the mother of one of the little girls on Saturday 14 November. "They were found in Mammutha outside Taung," police spokesperson captain Amanda Funani told *Platinum Weekly*.

The house where the bodies were found is the focal point for the police investigations to establish the motive as well as the identity of those behind the killings. "According to information available at this stage, the mother of a nine-year-old girl, left her child at home on Saturday morning and went to a local tavern," Funani explained. "It is further alleged that the mother came back at about 19:00 and realised that her daughter was not at home. She went to look for her at her brother's house and around the neighbourhood but could not find her."

After returning to her home, the mother discovered the bodies of the 3 little girls - including that of her own child - in her freezer. The other two girls were aged 8 and 10.

## UP IN FLAMES SMALL RAMOCHANA UPHOLSTERY ENTERPRISE DESTROYED BY FIRE



The shack caught fire accidentally.

**Rustenburg** – A man living in Ramochana was lucky to escape unharmed after his livelihood went up in flames on Saturday 14 November. He was busy repairing some damage to the structure when he noticed the smoke. The incident occurred during broad daylight at around 13:00 in a street close to the R510. An eyewitness told *Platinum Weekly* that the Rustenburg Fire Department had to be called to the scene to get the fire under control. Apparently the fire was caused by an electrical fault. "We immediately called the Fire Department and we are very grateful for their quick response. The fire was put out and nobody was injured," he said.



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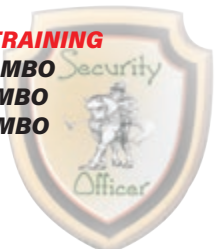
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PANDEMIC IMPACTS INDEPENDENT MEDIA

SA – Independent Media (Pty) Limited (IM) has, in full and open disclosure, announced that it has informed the Audit Bureau of Circulation (ABC) that it will not be submitting any circulation figures for the third quarter period, July to September 2020.

IM indicated that its business had faced challenges as a result of the lockdowns enforced nationwide to avert the spread of COVID-19.

“The pandemic has forced a radical re-think of how legacy businesses, such as media, function in the future. Yet, as difficult as this time has been, it has also provisioned the opportunity for [us] to radically overhaul and restructure operations,” said the team at IM. For more information visit [www.independentmedia.co.za](http://www.independentmedia.co.za).

**Credit: Media Update, [www.mediaupdate.co.za](http://www.mediaupdate.co.za)**



RUSTENBURG MASS PATROL COMMUNITY WEEKEND

**Rustenburg** – Play your part in the safety of our community by participating in the mass patrol weekend from Friday 21 November to 24 November. All patrollers will meet at Impala Rugby Club where food, water, and coffee will be provided to them.

If you want to get involved or for more information, contact Natalie Grant on 071 270 0297.

To get the community involved, there will also be various stalls available. Everyone who participates in the patrol will receive a discount at these stalls. You can bring the kids as there will be fun activities available to keep the youngsters busy while you shop or keep the community safe by patrolling. For R100, they will be entertained for the entire weekend – food and drinks are not included.



WHO LEAKED THE MATHS EXAM?

**South Africa** – The Department of Basic Education (DBE) said they will leave no stone unturned in their investigations to establish how a matric mathematics examination paper was leaked. The department became aware of the leak a few hours before learners were due to sit for the final examination on Monday 16 November.

“The origins of the leak are not yet clear but the matric candidates who had access to the question paper appear to be located in the Limpopo and Gauteng provinces,” the DBE said in a statement. “The department verified the content of the question paper and found it to be the same as the one that was to be written at 09:00 am.”

Umalusi, the council for quality assurance in general and further education and training, and the DBE are investigating the matter to determine whether a rewrite is necessary. Preliminary findings indicate that the leak could be confined to a few learners from the Limpopo and Gauteng provinces.

“The department will enlist the support of the law enforcement agencies to assist with the investigation... An appeal is made to all candidates to remain focused on the examination papers and be assured that the culprits that are at the centre of this despicable act will be dealt with harshly. The department remains committed to ensuring the credibility and integrity of this important public examination,” the statement concluded.



WEEKEND CLAMP DOWN ON CRIME NETS 100

**North West** – The North West police arrested over 100 suspected criminals for various offences from Friday 13 and Monday 16 November 2020.

The suspects were arrested for offences such as rape, car hijacking, robbery, possession of suspected stolen goods, drug-related crimes, and driving under the influence of alcohol. According to police spokesperson captain Amanda Funani, the operations also led to the issuing of 99 road traffic and liquor-related offences and confiscation of liquor, drugs, a firearm, ammunition, and counterfeit cigarettes. The police also conducted 520 compliance inspections of liquor and second-hand goods dealers' premises to enforce legislation governing these products.



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world of stylish inspiration under one roof – putting a complete design solution at the fingertips of all customers... whatever their tastes and needs. We pride ourselves on our dedicated personnel being able to provide in-depth knowledge, not just about the CTM-brand, but also about all of our proudly South African-made eco-friendly inventory. Our friendly service and enthusiasm to share advice and tips on a range of topics ensures a pleasant shopping experience. Visit us and meet our team of professionals who are waiting to make your dream home a reality!

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**Rustenburg** – Die Heuningfees skop amptelik af om 10:00 by Steakout Grill in die Waterfall Mall op Saterdag, 21 November. Die 2019 Mej. Heuningkoningin Miané Smith sal die lint knip tydens die geleentheid. Die Mead (heuningbrou)-promosie sal elke dag gedurende restaurant ure deurloop tot met die kroning van Mnr SA Heuningkoningin en Mej SA Heuningkoningin 2020. Die fees sal afgesluit word met 'n skemerkelkie om 17:00 op die hoofterrein waar die finale program plaasvind op 27 en 28 November. Dié fees sal plaasvind by die Hervormde Kerk-feesterrein op die R24, regs by die tweede sirkel vanaf Waterfall Mall. Stalletjies vir die twee dae kan nog bespreek word. **Vir aansoekvorms, inskrywingsvorms of meer inligting, kontak SA Heuningfees organiseerder Hennie Oberholzer per WhatsApp op 076 756 0801 of stuur 'n epos na habitatgo@gmail.com.**



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# WEIRD GARDEN PLANT IN FLOWER

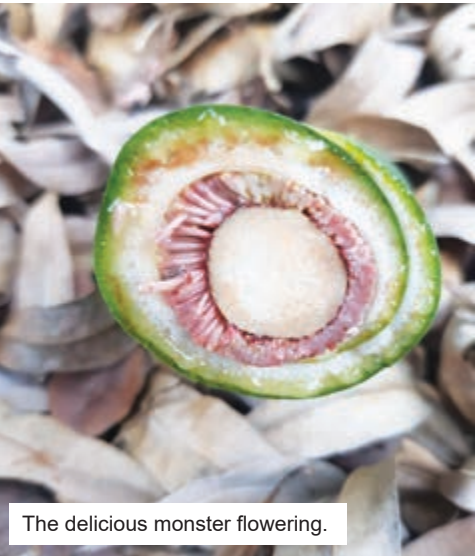
**Rustenburg** – Keen Rustenburg gardeners may have noticed that the delicious monster (*Monstera deliciosa*) is in flower. The plant occurs naturally in the tropical jungles of central America from southern Mexico to Panama. It is not an invasive alien plant in South Africa. Close inspection of the flower reveals that this species is a close relative of the arum lily. The unisexual flowers are arranged on a column with female flowers near the bottom and male flowers in the upper portion of the inflorescence. Stingless bees are attracted to the gums produced by the flowers which are used for food and nest building. The plant is a common indoor office plant in South Africa and worldwide leaves are used as cut foliage for flower arrangements.



Eye patterns on the stalk of the delicious monster show where leaves were attached.



A cross-section of the delicious monster flower.



The delicious monster flowering.



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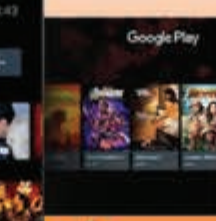


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# STAY OF EXECUTION FOR BAOBABS

**Makhado** – Interested and affected parties on the Musina-Makhado Special Economic Zone (MMSEZ) have been granted additional time till Sunday 31 January 2021 to submit comments on the draft Environmental Impact Assessment report. The original deadline for submissions was Thursday 22 October and over 3,000 submissions were received.

The botanical survey estimates that 5,657 baobab trees will be directly affected by the MMSEZ. Not only are these iconic trees of the Limpopo province landscape, but they have untapped socio-economic value in the organic health food industry.

Baobab specialist doctor Sarah Venter says that baobabs take 200 years before they produce fruit! Baobab trees produce a fruit that can be processed into a 'superfood' known for its unsurpassed nutritional makeup and becoming increasingly popular on the organic food market. In 2005, she started a company in Makhado to produce baobab products which sources directly from rural women and is an incentive to maintain natural habitats.

A secondary product is a high value cosmetic oil, known as baobab seed oil. Sarah estimates that the combined value of the baobab powder and oil that can be generated from the baobab trees on the MMSEZ site alone totals R2,800,000 per annum.

The Department of Economic Development, Environment and Tourism (LEDET) is the competent authority charged with deciding whether this controversial development should go ahead and whether alternatives have been adequately considered by the consultants.



The iconic baobab of Limpopo province takes 200 years before starting to produce highly nutritious and versatile fruit. Photo credit: John Wesson.

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MEC for Health Madoda Sambatha

# North West Department of Health Mid Term Report 2020/21 Financial Year

## Community of Bethanie receives R30 million state of the art clinic

The community of Bethanie near Brits now receives comprehensive healthcare services including dental services at their door step. Glencore, a mining company operating in the North West Province has handed over a newly built Clinic to the Department of Health. During the handing over ceremony in July 2020 which was attended by Premier Prof Job Mokgoro (virtually), Health MEC Madoda Sambatha, Social Development MEC Boitumelo Moiloa, and Arts and Culture MEC Virginia Thlapi, Glencore Chief Executive Jappie Fullard said communities in the North West have hosted mining companies for years hence his company decisively embraced this shared responsibility with Government.

“We are extremely proud to handover Bethanie Clinic to the North West Department of Health as we are assured that members of the community will receive the necessary and adequate healthcare services during this COVID-19 crisis and well beyond the pandemic,” he said.

Built at the cost of about R30 million, the clinic has increased the number and size of consulting rooms and waiting areas thus enabling more community



MEC Madoda Sambatha and Glencore CEO Jappie Fullard during the official unveiling of Bethanie Clinic

members to be served eliminating any need to wait for service outside the clinic. Sixteen Nurses, two Doctors, Midwife and Dentist have been appointed to work at the clinic.

The services rendered at the clinic include treating communicable and none communicable diseases, emergency cases, family planning, Tuberculosis,

maternal and child health, minor ailments and chronic illnesses among others.

The mining company has donated furniture, medical and dental equipment including dentist chair. The company has also committed to maintain the clinic infrastructure, garden, and payment of electricity.

Bethanie resident Themba Ntlheng (50)

has welcomed the new development in his community.

“The clinic is now bigger and can accommodate more people unlike before where it would be overcrowded and people queuing outside which was a problem especially during rainy, cold and very hot weather conditions” he said.

The clinic has extended operating hours from eight to 12. Ntlheng said he wishes the clinic can operate for 24 hours, which is something the management of North West Health is considering.

MEC Sambatha conveyed gratitude from the Department of Health for the fully equipped clinic.

“The clinic comes at a crucial time as COVID-19 cases increase in the Province and members of the community need a healthcare facility where they can be tested. The handover of Bethanie clinic at this time is critical as it will intensify COVID-19 screening. Bethanie clinic is already one of the best in the Province because of its Gold status in terms of ideal clinic. Bethanie clinic is “National Health Insurance” (NHI) ready in response to COVID-19 and also meets the community's needs for a facility that holistically caters to their healthcare needs,” he said.

## Invoice tracking rolled to two districts

The Department of Health on 23 January 2020 launched the “Smartgov eSubmission Invoice Tracking System” effectively making procurement services electronic.

The introduction of the invoice tracking system aims to ensure that service providers submit invoices online, track progress all the time, respond online, access on the move and

get payment within 30 days.

The system has been running since March 2020 and 9 people were appointed on contract to specifically work on the system.

The system has been extended to Dr Kenneth Kaunda and Ngaka Modiri Molema districts. Plans are underway to implement the system in Bojanala and Dr Ruth Segomotsi Mompati districts.

## Installation of 2 new boilers at MPH.

Two new steam boilers have been installed at Mahikeng Provincial Hospital. The two boilers will replace the old ones, which has proven to be unreliable for a longest time due to obsolescence.

The installation of a new boiler forms part of a commitment made by MEC for Health Madoda Sambatha following his appointment in 2018 to unblock all service

delivery challenges and backlogs.

The new boilers will provide steam and improve the following services:

- 1) Cooking with large steam pots and steam cookers in the central kitchen of the Hospital.
- 2) Heating water for all warm water needs.
- 3) Laundry services, including washing machines and steam ironing presses.
- 4) Autoclaves for instruments.

## Health department fills critical posts

Human Resource for health is one of the key pillars to ensure delivery of quality health services to the people.

A total of 2071 people have been employed in the Department of Health since April 2020 to date. The number includes doctors, nurses, emergency and rescue personnel and support staff. The total number of new employees is in addition to the 3330 posts which were filled in the previous financial year.

Some of the posts were filled by bursary holders as part of retaining those that the Department has invested in.

Meanwhile Interns and community service officials are captured on the Intern and Community Service Placement Service (ICSPS) which is updated every year. The two categories are given an opportunity to apply for advertised posts after completion of their community service. The department has engaged the National School of Governance to assist

with developing a tailor made orientation package for the employees of the Department of Health.

As part of job creation, the Department through the office of the premier engaged the Safety and Security SETA and National Skills Fund to request funding and approval of security learnership for unemployed youth. This resulted in 695 learners being placed on a three-month Learnership programme which lapsed by end of April 2020.



Acting Chief Director Mr Kitso Mmolawa, MEC Madoda Sambatha, Administrator Ms Jeanette Hunter and Hospital Board Chairperson Mr Khumalo Molefe during the handover of the new boiler.

## New forensic pathology unit opens in Brits as part of COVID-19 preparedness

Deputy health Minister, Dr Joe Phaahla officially opened a newly built forensic pathology unit in Brits as part of North West province's preparedness for the coronavirus pandemic. The construction of forensic pathology unit and equipment was entirely funded by the mining company, Sibanye Stillwater to the tune of R24 million as part of its social responsible programme.

The forensic pathology unit has a body storage capacity of 117, three cold rooms, 40 shelves for decomposed bodies and 60 for fresh ones. It also houses a

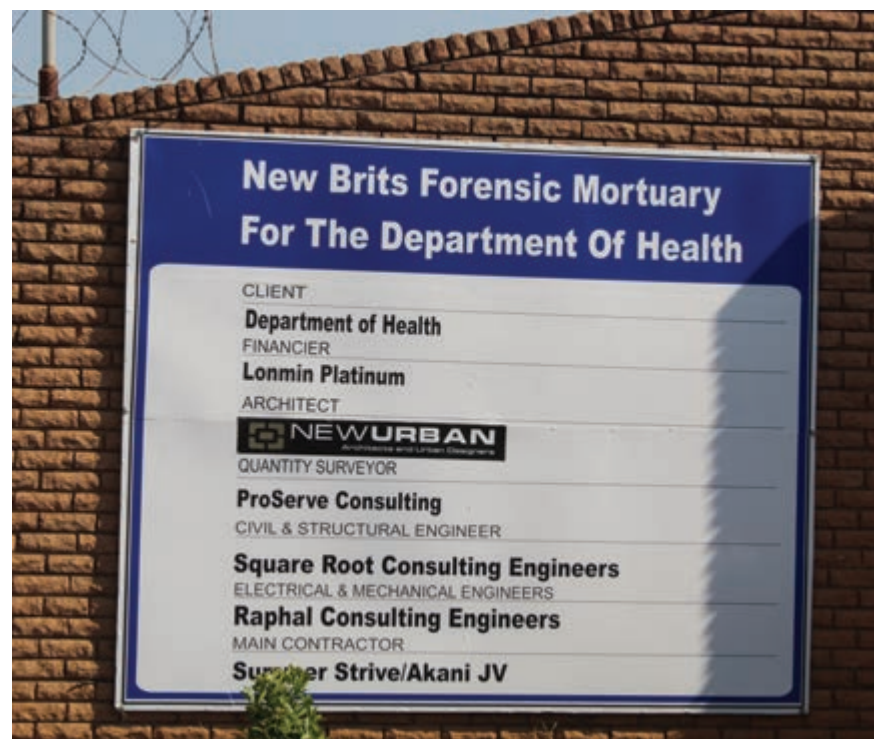
seminar room and teaching room, a data management room, offices for pathologists and a room for imaging bodies. Speaking at the opening ceremony on 4 June 2020, Dr Phaahla said the forensic pathology unit is part of the province's infrastructure preparedness.

“The hospitals have arrangement with private mortuaries for additional capacity. There is also provincial standard operating procedures that directs management of human remains of covid-19,” he said.

The forensic pathology unit came at the right time when the province was putting in place

all the necessary infrastructure resources to manage COVID-19. The centre is correctly located at Bojanala District which is the epicentre of Covid-19 in the province.

Speaking on behalf of the Provincial Command Council, MEC for Health, Madoda Sambatha said that municipalities have investigated grave capacities in line with COVID-19 worst case scenarios and the lists of graves have been submitted to the Provincial Disaster Management Centre. New sites for graveyards have also been identified. The province has thus far recorded more than 500 COVID-19 related deaths.



## Nine new forensic pathology vehicles dispatched.



Nine newly procured Forensic Pathology Bakkies.

The North West Health MEC Madoda Sambatha officially handed over nine(9) forensic pathology vehicles to the four districts of the province as part of capacitating the forensic pathology services. The handover ceremony of nine(9) branded and ready to serve bakkies were held at Bophelo Clinic in Rulaganyang, Maquassi

Hills Local Municipality. With the additional of 9 bakkies, the province now has a total of 26 operational bakkies.

The vehicles come at a time when there is a dire shortage of forensic vehicles in the province and will immediately be dispatched for service.

Earlier this year in June, the Deputy Minister of Health, Dr Joe Phaahla accompanied by the North-West Premier Job Mokgoro and MEC Madoda Sambatha officially opened a forensic pathology centre at Brits. Since then the Department has not rested on its laurels but continues to improve forensic pathology services in the Province.



# PLATINUM MARKET 2020

**Rustenburg** – With so many changes and upheavals in 2020, it's pleasant to look forward to something familiar. The annual Platinum Market will take place this year from 19 to 28 November 2020 at the Reformed Church Rustenburg West on the corner of Klopper and Zand Streets. The market organisers say that this year's market theme is kindness as the fruit of the Spirit. "This year's market will be a highlight on the calendar, not only for the high-quality products that will be on display, but also to bring a positive atmosphere to a challenging year." There will be a lot of new products for sale this year, but visitors can also look forward to well-known exhibitors' handmade items, delicious food, jewellery, gifts, books, and much more! There will be 160 covered stalls. Delicious food will be on sale at the kiosk. Admission is free and parking is secure. Strict health protocol will be maintained, and visitors will have to wear masks and sanitise their hands at the entrance. **Follow us on Facebook and Instagram at @RtbPlatinumMark. Call Anso Green on 014 533 3439 between 08:00 and 14:00 for inquiries.**

# PLATINUM MARK 2020

**Rustenburg** – Met soveel veranderinge en omwentelinge in 2020, is dit lekker om uit te sien na iets bekend. Die jaarlikse Platinum Mark gaan vanjaar plaasvind vanaf 19 tot 28 November 2020 by die Gereformeerde Kerk Rustenburg-Wes op die hoek van Klopper- en Zandstraat. Die markorganiseerders sê dat vanjaar se marktema vriendelikheid as vrug van die Gees is. "Hierdie jaar se mark gaan 'n hoogtepunt op die kalender wees, nie net vir die hoë gehalte produkte wat uitgestal gaan word nie, maar ook om 'n positiewe atmosfeer te bring na 'n uitdagende jaar." Daar sal vanjaar heelwat nuwe produkte uitgestal word, maar markgangers kan ook uitsien na bekende uitstallers se handgemaakte items, heerlike eetgoed, juwele, geskenke, boeke en baie meer! Daar sal 160 onderdakstalletjies wees. Heerlike eetgoed sal by die kiosk te koop aangebied word. Toegang is gratis en parkering veilig. Streng gesondheidsprotokol sal gehandhaaf word en besoekers sal maskers moet dra en hul hande saniteer by die ingang. **Volg ons op Facebook of Instagram by @RtbPlatinumMark. Skakel vir Anso Green by 014 533 3439 tussen 08:00 en 14:00 vir navrae.**



# VOTE FOR LOCAL TOWNSHIP BEAUTY

**Rustenburg** – Botshelo Mathuloe is a finalist for the Miss Township South Africa pageant that will take place on Saturday 5 December. This competition is an empowerment programme established a year ago by former Mrs South Africa finalist, Koketso Makua. The programme focusses on reshaping the narrative of township women. "We are redefining beauty by reminding women that beauty is within. It is not limited to an external focus, but rather the light that shines within should radiate outwards. We must exhibit grace, elegance, compassion, boldness and resilience in the pageant," Botshelo said. **To vote SMS Botshelo Mathuloe to 36996, each SMS costs R5, a free SMS does not count.**



Bold and beautiful Botshelo Mathuloe is running for the Miss Township South Africa title.

# ROTARY MAKING A DIFFERENCE

**Rustenburg** – Following the reopening of socio-economic activities, the Rustenburg Kloof Rotary Club had their first meeting on Saturday 7 November at Under the Cherry Blossom Tree, in Safari Gardens. The venue was ideal to reduce the risk of contracting COVID-19 as they held the meeting outdoors. In an unusual twist, the waiter brought a large porcelain pitcher to rinse everyone's soaped hands. Acting club president Saul Chitate gave a progress report on the ablution blocks and classroom being built at the Dayspring Children's Village HIS School in Maanhaarrand. The Mogale Local Municipality approved

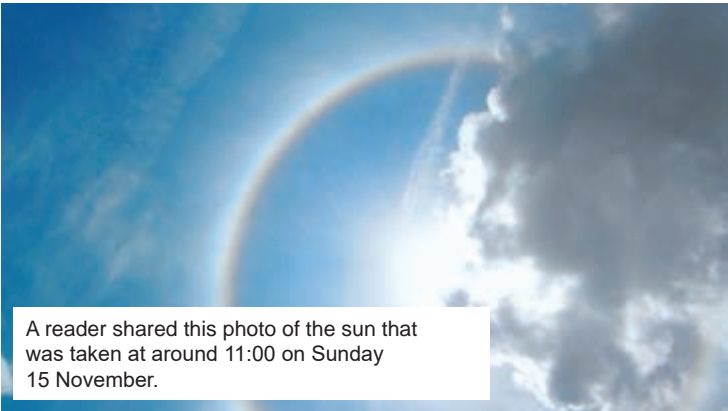
the construction just prior to lockdown and there has made tremendous progress. If building supplies remain constant, the project might be completed this year. The Rotary club moved on to discuss the degradation of natural areas in the Rustenburg Local Municipality through indiscriminate tree felling and dumping of waste. The participants felt that guided nature walks could help the community connect with the natural world. **The first guided walk will be conducted on Saturday 5 December from 6:00 to 8:00 am. For more information contact Brenda Klopper on 072 356 8781 or schitate@gmail.com.**



Adèle Pienaar washed hands at Under the Cherry Blossom Tree in Frangipani avenue.

# SUN HALO ;)

**Rustenburg** – Social media was flooded with interesting images of the sun flaunting a halo on Sunday 15 November. This might seem like a strange phenomenon but there is a scientific explanation for this. A chandelier light fitting can hold us entranced as the many pieces of glass having several flat sides refract (bend) or reflect (throwback) the light creating rainbows and halos. Similarly, ice crystals suspended in the atmosphere cause optical phenomena produced by sunlight or moonlight that appear to us on Earth as coloured or white halos, arcs or spots in the sky. Usually, the ice crystals responsible for halos are suspended in cirrus or cirrostratus clouds about 5 to 10km above the ground. The crystals behave like prisms and mirrors, refracting and reflecting light. Halos may precede rain as the cirrostratus clouds that cause them can signify an approaching frontal system. A rainbow differs from a halo as it involves water droplets rather than ice crystals.



A reader shared this photo of the sun that was taken at around 11:00 on Sunday 15 November.

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The ablution block at Dayspring Children's Village made possible by a Rotary global grant.



Grade 4 learners watched the excavations.





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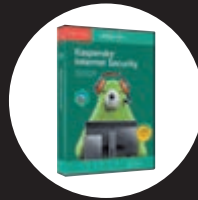


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# BEST SHOTS

**Rustenburg** – The Rustenburg Photographic Society awarded the following members at their monthly meeting on Wednesday 21 October:

- Technical subject winning photo - *Fairy at Full Moon* by Ronel Broderick
- Set subject winning photo - *Floating Feather* by Gerrie Botha
- Cell phone category winning photo - *Stofpadjie* by Anje Smith

For more information, contact club chairperson Simon Fletcher on 082 371 9867 or vice chairperson Ronel Broderick on 082 451 2999.



Stofpadjie by Anje Smith.



Fairy at Full Moon by Ronel Broderick.

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• Cynthia Busakwe   Boitekong   R750	• Kamogelo Motlame   Brits   R350 DeKo Bistro voucher
	• Boitshwarelo Seutlwetse   Rustenburg North   R250 Pick-a-Paint voucher



Floating Feather by Gerrie Botha.

Only enter if you have WhatsApp on your phone.

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In the spirit of sharing, Platinum Weekly launched an innovative solution to support both our advertisers and our community. Each week our readers stand a chance to win one of the following prizes in our 'Rewarding Our Ambassadors' competition.

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- If your name is drawn, and you have unsubscribed in the meantime, another draw will be made to replace you.

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send us a photo and a few notes of a newsworthy social event, crime, interesting occurrence, sports news or accomplishment.

**Terms and Conditions:** Only people residing in the distribution area of Platinum Weekly may enter this competition: (Rustenburg, Phokeng, Brits, Hartbeespoort, Moolinoi, Marikana, Kroondal, Koster, Swaruggens, Moedwil, Derby, Boshhoek, Sun-City, Mogwase, Moruleng) and all the villages and outlying areas surrounding these districts.  
• You must be 18 years or older to enter the competition. • To ensure fairness, no prizes will be awarded to a director, employee or agent of the Platinum Weekly newspaper or to a person directly responsible for supplying the gift vouchers. • By entering the competition, you give us permission - should you become a winner - to place a photo of yourself being handed your prize in the Platinum Weekly, in one of our other publications or online.



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### GENERAL NOTICE

#### INVITATION FOR NOMINATIONS FOR PERSONS TO BE APPOINTED AS MEMBERS OF MOSES KOTANE LOCAL MUNICIPALITY MUNICIPAL PLANNING TRIBUNAL (MPT) IN TERMS OF SPATIAL PLANNING AND LAND USE MANAGEMENT ACT 16 OF 2013.

In terms of the Spatial Planning and Land Use Management Act, 16 of 2013, the Moses Kotane Local Municipality hereby invites members of the public to be appointed to the MPT for its first term of office.  
The period of office of members will be five (5) years calculated from the date of appointment of such members by the Moses Kotane Municipal Council.  
Nominees must be registered professionals including Accountant, Town Planner, Civil Engineer, Attorney and Environmentalist and must be persons with leadership qualities, have knowledge and experience of spatial planning, land use management, land development and the law related thereto.

Each nomination must be in writing and must contain the following information:

- The name and address of the nominator, who must be a natural person; and a person may nominate himself or herself;
- The name, physical address and identity number of the nominee;
- Motivation by the nominator for the appointment of the nominee to the MPT (not exceeding one page);
- A short curriculum vitae of the nominee (not exceeding three pages);
- Certified copy of ID;
- Certified copies of the Relevant Tertiary qualification/s and
- Certified copy Certificate of Registration with the Relevant Statutory Professional Body.

Please note that failure to comply with the above requirements may result in the disqualification of the nomination.

For Enquiries and clarification please contact Moses Kotane Local Municipality, Mr Matome Makgoba. Tel: 014 555 1357/8. Email: MMakgoba@moseskotane.gov.za .

**CLOSING DATE: 14 days from day of publication**

Nominations must be sent to: The Municipal Manager at the above-mentioned address, For Attention: Mr Mokopane Letsoalo.

**Mr MV Letsoalo**  
**Municipal Manager**



# WILD@ART 2020 PROMOTING LOCAL ARTISTS

**Rustenburg** – The highly successful Wild@Art exhibition took place at Brauhaus Afrika from Thursday 12 November to 15 November. Resident artists, Elmien Walker, Thea Luus and Hannatjie Visser displayed 320 items and a guest artist Georgine Jacobs from EnlightenMe treated attendees to viewing over 80 of her renowned paper pulp vessels. Brauhaus Afrika have agreed to allow a major part of the exhibition to remain on display until mid-December. So, if you missed it this past weekend... don't despair! You still have time to go and appreciate the artworks. The cooperative painting sessions were well attended and resulting artworks are on display for the public to vote on. The artist with the most votes will receive a cash prize as well as a voucher sponsored by the Art Savings Club. Additional painting sessions for both children and adults will be held during the December holidays. For more information contact Mia Gain on 076 656 0067 or onsdorpshuis@rata.co.za.



Art enthusiasts attending an art session.



Beautiful art on display at the Wild@Art exhibition.

## A WHEELCHAIR FOR TSIAMO

**Rustenburg** – The Molotsi Foundation received a wheelchair sponsored by Masedi Electric-Serve on Friday 6 November. They donated the wheelchair to nine-year-old Tsiamo Dibe from Lethabong who cannot walk. "The recipient of the wheelchair was really struggling and had to crawl where he wanted to go. It was really a heartfelt moment when we handed over the chair to him and we are grateful to Masedi Electric-Serve who made this handover possible," said Molotsi Foundation founder Orion Molotsi.



Masedi Electric-Serve donated a wheelchair to Molotsi Foundation to assist a nine-year-old boy.

**OUR TEAM OF EXPERTS,**  
from graphic design and editing to marketing strategy all have one thing in common, our love and passion for getting the right message out there.



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## SIMPLY THE BEST

The legendary Tina Turner's song comes to mind when I reflect on the effective manner in which we share our publications with our communities, getting our people's stories heard, and promoting the businesses of our advertisers. We are the highest circulated newspaper in the area and our readership takes the crown. Unlike many newspapers who don't have their printing and circulation audited anymore, because of decreasing print runs, we are still ABC registered. Both our print and circulation figures are certified. Boosting our already soaring readership, our newspapers are widely and freely shared on WhatsApp, emails and our website. We thank our true ambassadors – our readers and our advertisers. Enjoy this issue and enjoy your day to the fullest!



Myrtle Brough  
Editor Platinum Publishers – Fostering a sense of community  
(Finalist: Editor of the year PFSA 2020)



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FoodForward SA staff recovering edible food surplus for redistribution to assist needy communities.

# BRINGING SURPLUS FOOD TO STARVING COMMUNITIES

**Rustenburg** – Four weeks after DHL launched its *1,000,000 meals by December campaign*, the global leader in express logistics announced that just over 617,206 meals have been prepared and delivered nationwide to communities in need.

Two food distribution charities played a key role in the campaign. FoodForward SA has branches in Cape Town, Port Elizabeth, Durban, Johannesburg, and Rustenburg while Mother Soup operates from Woodstock.

The food surplus is obtained directly from farmers or manufacturers. The food distribution charities play a crucial role in South Africa to move food that might otherwise go to waste to poverty-stricken areas. A recent survey found that one in three adults in South Africa go to bed hungry because of unemployment and lack of income.

**To assist visit, [www.foodforwardsa.org](http://www.foodforwardsa.org)**

## ARE YOU THE NEXT MISS OR MR RUSTENBURG PATROL?

**Rustenburg** – Miss & Mr Rustenburg Patrol will be crowned during a fun pageant on Sunday 22 November. The pageant forms part of the Rustenburg mass patrol community weekend that will take place at Impala Rugby Club from 20 to 23 November. Entry tickets are on sale for R100 per person, plus a donated item to the SPCA.

**For more information, contact Valria Serreira on 072 626 4042.**



## LEGAL TIPS FOR LIFE PARTNERS

The definition of a spouse in the Income Tax Act caters for a person, who is a party to a 'same-sex or heterosexual union which the commissioner is satisfied is intended to be permanent' (hereinafter in this article referred to as a "life partner"). Here are a couple of legal and financial implications life partners:

1. No Donations Tax is payable for donations between spouses, which includes life partners.
2. No Estate Duty is payable in respect of the inheritance of a spouse, which includes a life partner.
3. No Estate Duty is payable in respect of the proceeds of life insurance paid to a spouse, which includes a life partner.
4. The inheritance of a spouse, which includes a life partner, is exempted from the Capital Gains Tax which would otherwise be triggered by death.
5. Life partners, generally, do not inherit as intestate heirs in terms of the Intestate Succession Act like married couples do.
6. Life Partners, generally, cannot claim maintenance from the deceased estate of their Life Partners like married couples can.
7. Life Partners, as a general rule, don't have any rights to share in the assets of a deceased like surviving spouses, married in community of

property, or surviving spouses, married out of community of property with the accrual system unless they can prove a universal partnership which is difficult to do.

8. A fixed property, bequeathed to a Life Partner (or any other heir), can be transferred to the Life Partner free from any Transfer Duty.
9. A life partner can in the case of separation not claim a portion of the other Life Partner's pension interest like a married spouse can do in the case of a divorce.

12. Parents are liable for the maintenance of their children whether they are married, or not, and whether they are Life Partners, or not.

11. Life partners are, generally are not obliged to maintain each other like married couples are.

As in the case of married couples, we advise Life Partners to have a joint will drafted and signed. We also advise Life Partners to sign a cohabitation

agreement, which will, amongst others, in our opinion, help to convince SARS that the tax exemptions, catered for by the Income Tax Act and the Estate Duty Act, can, like married couples, be enjoyed by Life Partners.

**Van Velden-Duffey Inc attorney press release:**  
**Volker Krüger.**

**Photo:** Van Velden-Duffey Inc attorney  
Volker Krüger



### Department of Health

#### Healthy Living for All

#### Records Disposal Contract Worker Security and Records Management Directorate 12 Months Contract

**Stipend: R3 633.00 per month**

**Reference: Preferred Centre (Provincial Office/District/Sub-District)**

**• Centre: Provincial Office x20**

- **Dr. Kenneth Kaunda District x10;** Tlokwe Sub-District x5; Maquassi Hills Sub-District x5; Ventersdorp Sub-District x5; Klerksdorp Hospital x5; Tshepong Hospital x5; Potchefstroom Hospital x5
- **Bojanala District x5;** Moses Kotane Sub-District x6; Madibeng Sub-District x5; Moretele Sub-District x5; Koster Hospital x4; Job Shimankana Tabane Hospital x5
- **Dr. Ruth Segomotsi Mompoti District x5;** Greater Taung Sub-District x 5; Lekwa-Teemane Sub-District x5; Mamusa Sub-District x5; Ganyesa Hospital x5
- **Ngaka Modiri Molema District x10;** Tswaing Sub-District x5; Ramotshere-Molao Sub-District x5; Thusong Hospital x5; Gelukspan Hospital x5; Mahikeng Provincial Hospital x5

**Requirements:** • Senior Certificate/National Vocational Certificate • Knowledge and understanding of records management practices and Clinical records disposal • The candidate should be a self-starter and have record keeping, organizing, problem solving, interpersonal relations, initiative, analytical thinking, basic communication, numeracy skills.

**Duties:** • Identify inactive records from the active ones • Check and prepare records for disposal against the retention schedules • Check records contents to determine if records are due for destruction • Take records measurement in linear metres • Sort and capture all records awaiting destruction and the ones to be transferred to an archive repository • Determine the weight of the records • Ensure that arrangements are made for destruction and/or transfer of records • Ensure that there are no outstanding cases that will require information in the records • Examine files to be transferred to an archives repository for completeness, pack records in boxes, label them accordingly and prepare transfer lists • Replace of worn-out file covers, preparation of disposal reports and proper filing of records.

**Enquiries:** Mr D Makhubu, Tel 018 391 4138

**In line with the Employment Equity Plan of the Department of Health, it is our intention to achieve equity in the workplace by offering opportunities for promotion and fair treatment through the elimination of unfair discrimination. People with disabilities are encouraged to apply.**

**Note:** Applications must be submitted on Form Z83, obtainable from any Public Service Department or [www.dpsa.gov.za](http://www.dpsa.gov.za) and should be accompanied by a detailed CV and certified copies of qualifications. Applicants should state the applicable reference number and the name of the publication in which they saw the advertisement.

Candidates requiring additional information regarding the above post must direct their enquiries to the relevant person indicated. It is the applicant's responsibility to have foreign qualifications evaluated by the South African Qualifications Authority (SAQA). Applications should be forwarded in time, since any received after the closing date will, as a rule, not be accepted.

Failure to comply with the above instructions will disqualify applicants. The successful candidate will be subjected to security clearance and reference checking. Correspondence will be limited to short-listed candidates only. Applicants are respectfully informed that, if no correspondence has been received within 3 months of the closing date, they must accept that their applications were unsuccessful. The Department reserves the right not to make any appointments.

**NB:** Successful candidates must be willing to travel to departmental facilities within the vicinity of their offices or hospitals as and when required.

**All applications should be submitted to the following address by post:** Department of Health, Private Bag X2068 Mmabatho, 2735 or can be hand delivered at the Main Registry, Ground Floor at New Office Park Building, Cnr. Sekame & First Street, Mafikeng, 2745.

**For attention:** Mr KM Motoko

**Closing Date:** 11 December 2020 [www.nwhealth.gov.za](http://www.nwhealth.gov.za)



**Health**  
Department: Health  
North West Provincial Government  
REPUBLIC OF SOUTH AFRICA

### Department of Health

#### Healthy Living for All

#### Internship Programme 18 Months fixed term contract

**Stipend: R4 770.58 per month**

**• Centre: Provincial Office & Districts: Bojanala, Ngaka Modiri Molema, Dr Kenneth Kaunda and Dr Ruth Segomotsi Mompoti**

**Requirements:** N6 Certificate which must be accompanied by an experiential training letter from a recognized Technical Vocational Education and Training (TVET) Colleges.

**The following fields of study are as follows:** • Human Resource Management • Financial Management/Business Management • Office Management/Management Assistant • Public Management/Administration • Hospitality • Electrical Engineering • Mechanical Engineering.

**Enquiries:** Ms B Mabala, Tel. 018 391 4205

**Please Note:** Applications will only be considered from unemployed South African citizens; aged between 18 and 35 years. **Candidates who have already participated in an internship programme in any government department will not be considered.** Applications should be made on form Z83, obtainable from any Public Service Department and accompanied by a comprehensive CV, certified copies of all qualifications and identity document. Application forms should be signed and dated. Failure to submit the requested documents will result in your application not being considered. Candidates must indicate their preferred Directorate (Field of placement)/District on space provided on their application form. Please ensure that if you are applying for more than one position, a separate application for each post is to be submitted.

Should candidates be in possession of foreign qualifications, they must be accompanied by an evaluation certificate from the South African Qualifications Authority (SAQA). Please take note that all qualifications are subjected to verification. Applications received after the closing date will not be considered.

The Department reserves the right not to make appointments and correspondence will be limited to shortlisted candidates only. Should candidates not be contacted within 6 weeks of the closing date, please consider your application as unsuccessful.

**All applications should be submitted to the following address by post:** Department of Health, Private Bag X2068 Mmabatho, 2735 or can be hand delivered at the Main Registry, Ground Floor at New Office Park Building, Cnr. Sekame & First Street, Mafikeng, 2745.

**For attention:** Mr KM Motoko

**Closing Date:** 11 December 2020

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**Health**  
Department: Health  
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REPUBLIC OF SOUTH AFRICA



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2 ½ dozen eggs @ R40.00

Contact Marieta Olivier on 071 595 2143

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Property for sale direct from owner. Beautiful 3 bedroom townhouse in Cashan. R 1 490 000 or nearest offer. 3 Bedroom, 2 bathroom, kitchen with separate wash area, open plan dining and living room, double garage with electric doors, double carport, electric fencing, house alarm, deck with fireplace and outside braai area, 5 000 liter JoJo tank with pump. Contact: 082 856 8790

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INFO PERSONNEL

Tel: 014 592 1791/4

Address: 40A Heystek Street, Rustenburg  
PLEASE VISIT OUR WEBSITE FOR FULL DETAILS



We have the following Mining positions available:

- Our client in Kroondal (Rustenburg), is looking for a **Debtors Clerk** to start working in January 2021. Requirements: 3 years working experience as a Debtors Clerk. Grade 12. Good knowledge of Excel and Office based programs. Pastel accounting experience. Bilingual (Afrikaans+English) - speak, read, write. Own transport. Salary: R7 500.
- Logistics Superintendent** (Chrome Ore Exports) position in Gauteng. Degree or National Diploma in Logistics and Supply Chain Management. 6 years relevant experience in mining and smelting environment, 2 years managerial experience. Must have previous chrome experience.
- Auto Electrician position** in Rustenburg. Qualified with trackless machinery experience, medically fit for underground operations.
- A sewing and embroidery company in Rustenburg is looking for a **Shop- and Classroom Assistant** with sewing knowledge. Ideal candidate is a non-smoker, aged 28 – 38 and bilingual (Eng + Afr). Salary R5 000.

Email your CV to [cv@infopersonnel.co.za](mailto:cv@infopersonnel.co.za) or register and upload your CV onto our website [www.infopersonnel.co.za](http://www.infopersonnel.co.za)

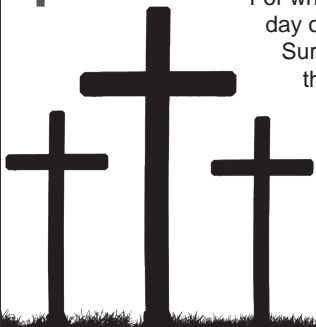
SOULFOOD

ECCLESIASTES 7

<sup>1</sup>A good name is better than precious ointment, And the day of death than the day of one's birth; <sup>2</sup> Better to go to the house of mourning. Than to go to the house of feasting, For that is the end of all men; And the living will take it to heart. <sup>3</sup> Sorrow is better than laughter, For by a sad countenance the heart is made better. <sup>4</sup> The heart of the wise is in the house of mourning, But the heart of fools is in the house of mirth. <sup>5</sup> It is better to hear the rebuke of the wise. Than for a man to hear the song of fools. <sup>6</sup> For like the crackling of thorns under a pot, So is the laughter of the fool. This also is vanity. <sup>7</sup> Surely oppression destroys a wise man's reason, And a bribe debases the heart. <sup>8</sup> The end of a thing is better than its beginning; The patient in spirit is better than the proud in spirit.

<sup>9</sup> Do not hasten in your spirit to be angry, For anger rests in the bosom of fools. <sup>10</sup> Do not say, "Why were the former days better than these?" For you do not inquire wisely concerning this. <sup>11</sup> Wisdom is good with an inheritance, And profitable to those who see the sun. <sup>12</sup> For wisdom is a defense as money is a defense, But the excellence of knowledge is that wisdom gives life to those who have it. <sup>13</sup> Consider the work of God;

For who can make straight what He has made crooked? <sup>14</sup> In the day of prosperity be joyful, But in the day of adversity consider: Surely God has appointed the one as well as the other, So that man can find out nothing that will come after him.



NEW KING JAMES VERSION  
(NKJV)

MOOI, MOOIER, MOOISTE!



Estelle Grundling, Micaela January en Gillian Visagie.

**Rustenburg – Die Vroue Landbou Unie (VLU) Kashané aand-tak het op Dinsdag 10 November hul maandelikse vergadering gehou.**

Die gasspreker vir die aand was grimering *guru* Micaela January wat hul meer kom leer het hoe om grimering vinnig aan te wend en dit steeds elegant te laat lyk. Sy het 'n Facebook blad *About your face* waar sy wys dat oud en jonk baie elegant kan lyk en het baie idees met die dames gedeel.

**Om aan te sluit by die dinamiese groep dames, kontak voorsitter Charmaine Olivier op 083 469 5505.**

GLENCORE

Tender Notification

Please refer to the Glencore Alloys Vendor Portal for details of published Glencore Alloys tenders currently in progress:

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SEND YOUR CV, COPY OF YOUR ID, CERTIFICATES AND RECORD OF SERVICE TO [MINING2@FEMPOWER.CO.ZA](mailto:MINING2@FEMPOWER.CO.ZA)

Fempower Personnel (Pty) Ltd subscribes to the principles of employment equity and preference will be given to groups who are under represented in terms of the Company's Employment Equity Plan. Please note that prospective employees will be subject to security vetting. Should you not hear from us in 2 weeks, please consider your application unsuccessful.

LOST OR DESTROYED DEED

Notice is hereby given in terms of Regulation 68 of the Deeds Registries Act, 1937, of the intention to apply for the issue of a certified copy of Mortgage Bond SB153324/2004, (**herein insert bond code, number and year**) passed by 1. RAYMOND SOER, Identity Number 690320 5051 08 8 Unmarried, and 2. CYNTHIA LAETITIA SOER, Identity Number 680726 0035 08 6 Unmarried for a capital amount of R410 000,00 in favour of FIRSTRAND BANK LIMITED, registration number 1929 /001225/06 in respect of certain Unit consisting of (a) Section No. 2 as shown and more fully described on Sectional Plan No SS 523/1998 in the scheme known as CORNELPLEK 13 in respect of the land and building or buildings situated at PORTION 1 OF ERF 2281 GEELHOOUTPARK EXTENSION 6 TOWNSHIP, Local Authority: RUSTENBURG LOCAL MUNICIPALITY and (b) An undivided share in the common property in the scheme apportioned to the said section in accordance with the participation quota as endorsed on the said sectional plan. Held by Deed of Transfer Number ST 174210/2004 which has been lost or destroyed.

All interested persons having objection to the issue of such copy are hereby required to lodge the same in writing with the Registrar of Deeds at **PRETORIA, Merino Building, 140 Pretorius St, Pretoria Central, Pretoria, 0002** within two weeks from the date of the publication of this notice.

Dated at RUSTENBURG this 12th day of NOVEMBER 2020  
**VAN VELDEN DUFFEY INC.**  
Address: 67 Brink Street, Rustenburg, 0299  
Email address: [lorraine@vvd.co.za](mailto:lorraine@vvd.co.za)  
Contact number: 014 592 1135

LOST OR DESTROYED DEED

Notice is hereby given in terms of Regulation 68 of the Deeds Registries Act, 1937, of the intention to apply for the issue of a certified copy of Deed of Transfer number T18775/1989 passed by ANNA SUSANNA MAGRIETHADU PREEZ, Identity Number 300504 0019 08 0, Widow in favour of DIRK JACOBUS VENTER, Identity Number 490923 5036 00 9 and SUSANNA VENTER Identity Number 510903 0001 006 , Married in community of property to each other in respect of one/ twelve (1/12) share in and to Remaining extent of portion 2 of the farm ELANDSKRAAL 469, Registration Division J.Q., Province of North-West, Portion 124 (A portion of portion 2) of the farm ELANDSKRAAL 469, Registration Division J.Q., Province of North-West and Portion 123 (A portion of portion 2) of the farm ELANDSKRAAL 469, Registration Division J.Q., Province of North-West which has been lost or destroyed.

All interested persons having objection to the issue of such copy are hereby required to lodge the same in writing with the Registrar of Deeds at **PRETORIA, Merino Building, 140 Pretorius St, Pretoria Central, Pretoria, 0002** within two weeks from the date of the publication of this notice.

Dated at RUSTENBURG this 10th day of November 2020.  
**VAN VELDEN-DUFFEY INC**  
Address: 67 Brink Street, Rustenburg, 0299  
E-mail address: [renee@vvd.co.za](mailto:renee@vvd.co.za)  
Contact number: 014 592 1135







## GOLF FOR A WORTHY CAUSE AND A CHANCE TO WIN A CAR

**Rustenburg** – The scenic Rustenburg Golf Club is hosting the 2020 Annual Hospice Charity Golf Day on Friday 27 November. Competitors will tee off for a worthy cause with all proceeds going to Hospice Rustenburg and stand a chance to win a car. Funds raised will assist Hospice Rustenburg to continue providing free of charge home-based palliative care to terminally ill people and support to their families. The charity operates throughout the Bojanala District Municipality. **For more information, contact Karin on 072 993 0087 or email kadubunye@gmail.com.**



View of the magnificent Magaliesberg from the Rustenburg Golf Club.

## WANT TO BE A RAP SUPERSTAR?

**Rustenburg** – Lethabo Mogale and Katlego Pule, aged 13 and 14 respectively, are aspiring rappers who are aiming for fame. The teenagers contacted *Platinum Weekly* on their own initiative, requesting exposure. Although they are still new in the music industry, their enthusiasm for rapping is contagious and they write and perform their own songs. The girls draw inspiration from talented artists like *Nasty C* and *Nicki Minaj*. We take pleasure in writing the first article on these ambitious young ladies and look forward to tracking these rising stars.



Lethabo Mogale



Katlego Pule

## KARATE STARS EXCEL IN VIRTUAL COMPETITION

**Rustenburg** – The Rustenburg Tokon Shotokan karate team achieved third place in the Traditional Styles Known Knowledge in Action (TSKKIA) online virtual kata competition which ended on Thursday 29 October. The talented martial arts students made a brave effort in the tournament, where 46 other TSKKIA-affiliated clubs competed in the largest online virtual kata competition in South Africa. **For more information contact TSKKIA headquarters on 082 463 1073 or visit [www.tskkia.co.za](http://www.tskkia.co.za).**



Kancho Albert Venter and his team won a trophy.



Some of the empowered participants of the four-week intensive self-defence training with kancho Albert Venter.

## RIDING FOR A PURPOSE

**South Africa** – Morne Vorster, a member of the Rustenburg Cycling Club, joined hundreds of other cyclists to raise funds for charity by taking part in the 947 Ride Joburg initiative Ride for a Purpose cycling event on Sunday 8 November. The cycling event raised funds to assist charities that are struggling to stay afloat due to the unexpected and unforeseen challenges brought about by COVID-19.



Morne Vorster took part in the 947 Ride Joburg.

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**MAGNESIUM: Needed in so many places!**

- ✓ Digestive enzymes (Occurs in 300+ enzymes)
- ✓ Muscle function (Shortage tend to cause cramping)
- ✓ Good sleep cycle
- ✓ Pain/Noise sensitivity
- ✓ Healthy nerve function

**BUT! Usually BOTH CALCIUM and MAGNESIUM ARE DIFFICULT TO ABSORB**  
Calcium/Magnesium must be correctly balanced for the body to use them well – either taken alone will likely cause deficiencies of the other. Correct Ph range needed for absorption.

Instant MelloMagC is carefully formulated for a maximum absorption rate. Feel a difference in minutes!

**Instant MelloMagC™**  
Be calmer using essential nutrients.  
**STRESS & ULCERS**

Dr Hans Selye, the pioneer of stress research, showed that there is a link between stress and the development of ulcers. Surprisingly, the Cornell Medical School found that alkaline – not acidic foods – irritate the stomach. Naturally found stomach acids, necessary to aid digestion, caused damage to the stomach wall when there was no mucous lining or when stress rather than the presence of food produced excessive stomach acids. Well-known nutritionist, Adelle Davis in her book Let's Get Well: A Practical Guide to Renewed Health Through Nutrition, recommends eating small regular meals slowly to prevent the stomach from being empty, regulate the blood sugar and moderate stress. She warns against a breakfast on-the-run in the morning, drinking tea and coffee at work then ending the day with a hearty supper. Coffee is bad for ulcers as it increases the production of stomach acid.

High-protein meals such as eggs and yogurt, neutralise stomach acid. Eggs contain cysteine an amino acid which when deficient can cause ulcers. We recommend drinking milk or a little cream to neutralise the acid and stop a painful ulcer. Some people prescribe a "sippy diet" to ulcer sufferers but the liquid lacks roughage and can alter the beneficial microbes of the digestive tract. Although anti-acid medications and baking soda provide temporary relief these are harmful as they cause the stomach to empty quickly leaving the stomach walls exposed. Second, they tend to over-neutralise the stomach acids making digestion less effective and reducing the nutrients that the body is receiving. A balanced intake of nutritional supplements, in particular vitamins C, E, B5 and A, coupled with a healthy diet and activities to reduce stress are key to ulcer management.

**For more information, contact LV Nutritional Products on 011 452 8892/3/5.**

**The Specialists**

**CELEBRATE BLACK NOVEMBER SPECIALS WITH CLEANING SPECIALISTS RUSTENBURG.**

- 35% off on any cleaning service booked **PLUS** Free ULV mattress clean of 1x mattress.

**Terms and Conditions:**  
Must be paid upfront in full and services **MUST** be rendered in the month of November. (Book/ pay and service done in November). Does **NOT** apply to existing bookings, new bookings only. Does not apply to contract work.  
Discount is not applicable to any rental items (i.e. scaffolding) or to purchasing of equipment or consumables – It's services only.

Email: [reception@rtbclean.co.za](mailto:reception@rtbclean.co.za)  
**Tel: 014 592 7368**  
**. Cleaning . Hygiene**

**Staan Saam Rustenburg is 'n baken van hoop.**  
*Staan Saam en doen jou deel.*

**Juanita**  
**083 444 6391**

80 Bethlehem Drive, Rustenburg.

071 673 4201

**M.I.N.**

**AUTO Electrical**

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Gates & Burglar bars  
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Steel Construction – Building  
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Special Requests on Steel Work & Construction

**For all your Steel Work & Construction needs**

**Koos : 076 146 6358 | JJ: 079 879 7348**





# SPORT

## NOT A WALK IN THE PARK!



The potjiekos champion Hope Hill Centre head counsellor Dave de Jager.



Courage to Change representatives Alana (left) and Angela Pride.



Hikers participating in a rugged 9km trail at Loerkop Adventures, Rustenburg.

**Rustenburg** – Hiking fanatics took to Loerkop Adventures, Donkerhoek, for a journey into the tranquil mountains to raise funds for Courage to Change on Saturday 14 November. Participants described the trail as difficult but worth every step as the area is nestled in the beautiful Magaliesberg Biosphere Reserve which makes for a serene setting with breathtaking views. While the hikers were taking in the natural beauty, amateur chefs were busy cooking up a *potjie* storm at the base camp. The

competition was close but, in the end, Hope Hill Centre head counsellor Dave de Jager's beef potjie wowed the judges and he walked away with the trophy. After a lovely meal, the Courage to Change team was taken on a 4x4 trail. The trail was full of heart racing climbs and going downhill was nothing short of an adventure on its own. To experience the breathtaking hiking trails and heart stopping 4x4 routes of Loerkop Adventures contact them on 082 734 1644.

All the funds raised during the fun hike will go towards Courage to Change's initiative to assist in paying for the rehabilitation of individuals who have hit rock bottom and have no means to pay for it themselves. In an interview with *Platinum Weekly*, participant Hanri Venter said: "I have so much respect for what this team is doing because it is not an easy task. They really have the determination that it takes to give others the courage to change."

For more information on Courage to Change or to get involved, contact Angela Pride on 079 656 2555.

## SA Super Rugby *Unlocked*

### Griekwas vs Haaie

In Kimberley verdien die tuisspan nie die verloor nie ou grote, maar ons geleerde *vrinne* om die braai verduidelik vinnig hoe 'n telbord werk! Die Haaie wen die *game* 34-33 in die doodsnikke danksy 'n strafdoel deur Curwin Bosch. Vir beide spanne is die *Unlocked* reeks nou verby. Die Haaie se *game* teen die Stormers is afgestel weens COVID-19 protokol. **Stormers vs Cheetahs** In hulle laaste verskyning op die geliefde Nuweland

klop die Kapenaars die Blikore gemaklik 30-13. Die agterlyn van die Stormers was giftig met Warrick Gelant wat 'n paar passies uitgevoer het wat 'n juweel drie insluit. Beide spanne se *Unlocked* deelname is nou verby. **Bulle & Pumas** Die Bulle speel moontlik Saterdag teen die Pumas indien die Pumas spelers die COVID-19 groen lig kry Vrydag. Hierdie *game* sal dan net van akademiese belang wees. Die Bulle is nou op die huidige punte stand dan die 2020 kampioen span.

WEATHER REPORT NORTH WEST  
**RUSTENBURG**

Friday	20	Nov	2020	31°C - 17°C	Rainfall probability <b>0 %</b> Sunrise 06:13 Sunset 18:02
Saturday	21	Nov	2020	23°C - 17°C	
Sunday	22	Nov	2020	26°C - 17°C	
Monday	23	Nov	2020	28°C - 17°C	
Tuesday	24	Nov	2020	30°C - 17°C	

At time of print

FINANCIAL INDICATORS

ZAR/USD	5.40
Rand/Pound	20.42
Rand/Euro	18.29
Rand/Aus Dollar	11.23
Dollar/Pound	1.33
Pound/Euro	1.12
Gold	1,880.21
Platinum	934.20
Palladium	2,324.25

At time of print

## TRI-NATIONS

### Nieu-Seeland vs Argentinië

Geskiedenis en skokgolwe was die geval in Australië die afgelope naweek met die Pumas wat vir die eerste keer ooit die All Blacks klop 25-15. Vir *coach* Mario Ledesma was dit 'n dag wat hy nooit sal vergeet nie. Vir die eerste keer in 35 jaar kry hy dit reg om amper die onmoontlike te vermag deur die magtige All Blacks te klop. Trane van blydschap het oor die yster se wange gerol na die oorwinning. Wat hierdie oorwinning nog meer merkwaardig maak, is die feit dat die Pumas 14 maande laas toets-rugby gespeel het... Nogal 'n klap in die gesig vir sekere lande! Pablo Matera, vuurvreter *cappie*, het van voor af

gelei en het saam met sy passievolle *comrades* die Kiwi's raakgery met dodelike verdediging, soos in dodelik *brother*. Dan het die Puma losskakel, Nicolás Sánchez, besluit dat dit tyd is vir geskiedenis en teken al die Pumas se punte aan! Sánchez slaag met ses strafdoele, doelskop en druk 'n droom drie onder die pale vir sy beskeie bydrae van 25 punte. Ian Foster en klie se koppe word nou geëis in Nieu-Seeland en mens kan net dink hoe hy die druk gaan hanteer en verwerk. Die omgekrapte Pumas speel eerskomende Saterdag teen die Aussies.

Good night mate...

## EUROPA NUUS

In Europa is daar gelukkig drie SA-spelers om op trots te wees. Duhan van der Merwe het 'n droom debuut vir Skotland teen Italië gehad en druk 'n puik drie. Marcell Coetzee druk vier drieë in Ulster se oorwinning van 57-14 teen Zebre en maak ook geskiedenis as die eerste voorspeler ooit om vier

drieë in 'n top 14 *game* te druk. CJ Stander word aangewys as Speler van die Jaar vir Munster en is ook op die kortlys vir die Ses Nasie titel.

Ouliek of wat ou groenes...



Send your event listing to news@platinumweekly.co.za \*\* Free Placement!

## PLATINUM EVENT DIARY

EVENT NAME	DATE	VENUE	CONTACT NO	EMAIL / WEBSITE
Rustenburg Mass Patrol Community Weekend	20-23 Nov '20	Rustenburg: Impala Rugby Club	071-270-0207	negrant.ng@gmail.com
Mr and Miss Rustenburg Patrol	22 Nov '20	Rustenburg: Impala Rugby Club	072-626-4042	events2@telkomsa.net
Annual North Shore Logistics Charity Golf Day	27 Nov '20	Rustenburg: Golf Club	072-993-0087	kadubunye@gmail.com
Vroueoggend met Sheri Brynard	28 Nov '20	Rustenburg: NG Proteapark	082-785-2439	ngpparkkomm@mweb.co.za
Jesse Clegg live	29 Nov '20	Rustenburg: Die Ou Pastorie	012-207-1027	susan@dieoupastorie.com>
Liggies aansit met Pieter Koen	29 Nov '20	Rustenburg: NG Proteapark	082-785-2439	ngpparkkomm@mweb.co.za
Kasi Social Markets	29 Nov '20	Ledig: Itumeleng Sports Ground	072-731-9016	mzwakhengoma@gmail.com
Donkie met Frank Opperman	30 Nov '20	Rustenburg: NG Proteapark	082-785-2439	ngpparkkomm@mweb.co.za
Disney Dazzle	1 Dec '20	Rustenburg: NG Proteapark	082-785-2439	ngpparkkomm@mweb.co.za
Kersliedere onder die sterre	2 Dec '20	Rustenburg: NG Proteapark	082-785-2439	ngpparkkomm@mweb.co.za



# Dis-Chem PHARMACIES

# Summer SAVINGS

20 November to 13 December 2020



Baby Soft 2-Ply Toilet Rolls  
Value Pack  
12-pack

62<sup>95</sup>  
per pack



Pantene  
Shampoo  
OR Conditioner  
750ml / Assorted

WAS 109<sup>95</sup>  
NOW 69<sup>95</sup>  
each



Huggies Pants Jumbo Pack  
Assorted sizes and quantities

1 FOR 169<sup>95</sup>  
2 FOR 300<sup>00</sup>  
SAVE 39<sup>90</sup>



1 FOR 37<sup>95</sup>  
2 FOR 60<sup>00</sup>  
SAVE 15<sup>90</sup>

Lux  
Shower Gel  
OR Body Wash  
400ml  
Assorted



\*Excludes Colgate  
Value Packs

1 FOR 49<sup>95</sup>  
2 FOR 75<sup>00</sup>  
SAVE 24<sup>90</sup>

Colgate  
Optic White  
Toothpaste  
75ml / Assorted\*



Cipla  
MagUp  
30 fizzies

WAS 159<sup>95</sup>  
NOW 121<sup>95</sup>



SAVE  
449<sup>00</sup>

Wahl  
Aqua Shave  
Lithium-Ion  
Rechargeable  
Shaver  
294755\*

- Foil shaver: Advanced shaving foils for a smooth, close and comfortable shave.
- Advanced Lithium Ion technology.
- Providing superior power for smooth cutting.
- A staggering 90 minutes of cordless runtime to get any job done.

WAS 1299<sup>00</sup>  
NOW 850<sup>00</sup>

\*Limited stock available



Bokomo  
ProNutro  
500g  
Assorted

47<sup>95</sup>  
each

2+1  
FREE  
on Bokomo  
ProNutro  
500g



Miltchum  
Anti-Perspirant Roll-On  
Value Pack for Men  
OR Women  
2 x 50ml

WAS 54<sup>95</sup>  
NOW 48<sup>95</sup>  
per pack

## NEW STORE OPENINGS

### NOW OPEN

MAGALIES HILLS  
Brits

TSHWANE REGIONAL MALL  
Mamelodi, Pretoria

TEMBISA MALL  
Tembisa

### RE-OPENING

THE GROVE, NELSPRUIT

Thank you for your patience whilst our store was being re-built, WE ARE NOW OPEN to welcome you back to our brand new store from the Pharmacists who care

### OPENING SOON

CASTLE GATE, PRETORIA EAST

26 November 2020

SEFAKO MAKGATHO DRIVE, PRETORIA NORTH

20 November 2020

JABULANI MALL, SOWETO

19 November 2020

THAVHANI MALL, THOHOYANDOU

26 November 2020

BEST ADVICE

WIDEST RANGE

LOWEST PRICES



# AFFORDABLE COVID-19 ANTIBODY TEST

at ALL **Dis-Chem** Wellness Clinics  
**RAPID ANTIBODY TEST**



- The antibody test confirms if there are antibodies that could provide immunity against Covid-19 (awaiting clinical studies)
- This finger-prick test is NOT a diagnostic test
- This test does not confirm current Covid-19 infection
- Results within 15 minutes

Please ask the nursing practitioner for any advice or information you need. Also, note that this test does not qualify you to fly overseas. For that you'll need the full PCR swab test.

**R150 per test**

## Masks & Sanitisers



**KN95 Protective Face Masks**  
293069  
10-pack

**169<sup>50</sup>** per pack

289162  
Single

**16<sup>95</sup>** each



**3-Layer Fabric Face Masks**  
291588  
Assorted

**WAS 24<sup>95</sup>**  
**NOW 19<sup>95</sup>** each



**Nature's Nourishment Hand Sanitizer**  
100ml / Assorted

**WAS 34<sup>95</sup>**  
**NOW 29<sup>95</sup>**



**1 FOR 39<sup>95</sup>**  
**2 FOR 65<sup>00</sup>**  
**SAVE 14<sup>90</sup>**

**Quicksan Hand Sanitiser**  
250ml

**2+1 FREE**  
on Dettol Hand Sanitiser 50ml



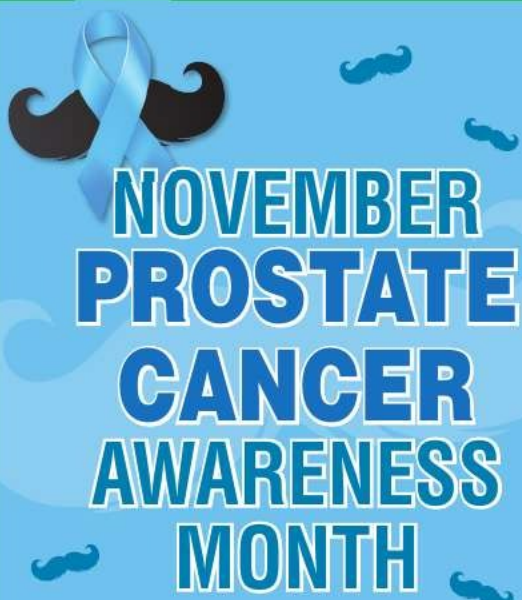
**Dettol Hand Sanitiser**  
50ml

**29<sup>95</sup>** each



**Dettol Antiseptic Liquid**  
500ml

**WAS 57<sup>95</sup>**  
**NOW 47<sup>95</sup>**



## AFFORDABLE PROSTATE CANCER TEST

ALL **Dis-Chem** Wellness Clinics now offer this non-invasive PSA (Prostate Specific Antigen) – a blood test that identifies the risk of prostate cancer

- Prostate cancer occurs in the prostate — a small walnut-shaped gland in men, below the bladder
- It is one of the most common cancers in men

### WHEN SHOULD I GO FOR A PSA TEST?

- If you have prostate cancer in the family, are 55 or older or over 40 and have problems urinating or there is blood in the urine, it's best to have a test
- Prostate cancer may show no signs or symptoms in its early stages
- Prostate cancer detected early has a better chance of successful treatment

**TAKE ADVANTAGE OF THIS PSA BLOOD TEST OFFER UNTIL 13 DECEMBER**

**PSA TEST R140**



**Screening Tests:**  
Blood pressure  
Glucose screening  
Cholesterol screening  
Full lipogram screening  
HBA1C screening



**Female Health:**  
Pap smear & HPV testing  
Breast examination  
Contraception service advice



**HIV:**  
Diagnosis, counselling and testing



**Clinic Connect:**  
Let our qualified nurses and virtual doctors take care of you and your family.





# Self-Medication

**2+1 CHEAPEST FREE**  
on ANY Deep Freeze products

**DEEP FREEZE**  
Pain Relief Cold Patch

Fast Acting  
cooling relief from sprains, strains, minor sports injuries, muscle & joint pain

Pain Relief Cold Patch

100g

**FOR FAST RELIEF**  
✓ HEADACHE ✓ TOOTHACHE ✓ BACKACHE ✓ MUSCLE ACHES

**READY TO WORK IN 10 SECONDS**

**GRAND-PA**  
38 POWDERS  
HEADACHE POWDERS

FOR THE RELIEF OF:  
✓ HEADACHES  
✓ TOOTHACHE  
✓ PAIN AND FEVER

S9 GRAND-PA HEADACHE TABLETS. Each tablet contains: Aspirin 226.8 mg; Paracetamol 162.0 mg; Caffeine 32.4 mg. Reg. No.: 272.9/22. Symptomatic relief of mild to moderate pain. Reference: 1. Diener HC et al. ASA, APAP and caffeine in the treatment of headache. The fixed combination of acetylsalicylic acid, paracetamol and caffeine is more effective than single substances and dual combination for treatment of headache: multicentre, randomized, double-blind, single-dose placebo-controlled parallel group study. Cephalgia, 2005; 776-787. GlaxoSmithKline Consumer Healthcare S.A. (Pty) Ltd. 2014/173930/07, 39 Hawkins Avenue, Epping Industria 1, 7460, Cape Town. For full prescribing information, refer to the package insert approved by the medicines regulatory authority. For any product safety issues, contact GSK on 011 745 6001. Trade marks are owned by or licensed to the GSK group of companies. CHZAF/CHGHPA/0001/19a(1)

**Dulcolax**  
CONTAINS NO TARTRAZINE  
For relief of occasional constipation  
60 COATED TABLETS

**Dulcolax**  
60 coated tablets

**WAS 147<sup>95</sup>**  
**NOW 114<sup>95</sup>**

**Dulcolax**  
10 mg  
SUPPOSITORIES FOR ADULTS  
For relief of occasional constipation  
10 SUPPOSITORIES

**Dulcolax 10mg Adult**  
10 suppositories

**WAS 134<sup>95</sup>**  
**NOW 99<sup>95</sup>**

**Benylin**  
Wet Cough Verig Slym  
Wet Cough Mucus Relief  
Thins and loosens chest mucus

**Benylin Wet Cough Syrup**  
200ml Assorted

**WAS 79<sup>95</sup>**  
**NOW 64<sup>95</sup>**

**NUROFEN EXPRESS**  
342 mg TABLETS  
Ibuprofen Lysine  
24 TABLETS  
TARGETS PAIN FAST

**Nurofen Express**  
24 tablets

**69<sup>95</sup>**

**PURGOLENE**  
For the treatment of chronic constipation  
20 Sachets - Powder for solution  
Lemon flavour

**Purgolene**  
20 sachets Assorted

**WAS 122<sup>95</sup>**  
**NOW 109<sup>95</sup>**

**Cepacol**  
Fast Acting Relief of Sore Throat  
Throat Lozenges  
Honey and Lemon Flavour  
Antibacterial

**Cepacol Throat Lozenges**  
24 lozenges Assorted

**WAS 49<sup>95</sup>**  
**NOW 39<sup>95</sup>**

**Panado**  
For headache, pain and fever  
Paracetamol 500 mg  
24 tablets

**Panado Spartan OR Blister Pack**  
24 tablets

**WAS 27<sup>95</sup>**  
**NOW 21<sup>95</sup> each**

**MOVICOL**  
ORIGINAL  
For the treatment of chronic constipation  
20 SACHETS

**Movicol**  
20 sachets Assorted

**WAS 142<sup>95</sup>**  
**NOW 119<sup>95</sup>**

**ACC 200**  
200 mg N-acetylcysteine  
40 effervescent tablets  
Mucolytic - Loosens mucus in the respiratory tract

**ACC 200**  
40 effervescent tablets

**WAS 154<sup>95</sup>**  
**NOW 137<sup>95</sup>**

**Compral**  
Pain Tablets  
For pain, fever & inflammation  
50 tablets

**Compral Pain Tablets**  
50 tablets

**WAS 41<sup>95</sup>**  
**NOW 33<sup>95</sup>**

**Compral Pain Tablets**  
100 tablets

**WAS 79<sup>95</sup>**  
**NOW 62<sup>95</sup>**

**ALKA FIZZ**  
URINARY ALKALISER  
GASTRIC ANTACID  
EFFERVESCENT GRANULES  
120g

**Gelacid Suspension**  
200ml

**WAS 79<sup>95</sup>**  
**NOW 69<sup>95</sup>**

**Alka Fizz**  
120g

**WAS 79<sup>95</sup>**  
**NOW 59<sup>95</sup>**

**ORAnix**  
ORAL SPRAY  
30 ml  
Sugar free

**ORAnix Oral Spray**  
30ml

**77<sup>95</sup>**

**Zam-Buk**  
60g / Assorted

**Zam-Buk**  
60g / Assorted

**WAS 49<sup>95</sup>**  
**NOW 41<sup>95</sup>**

**REHIDRAT**  
ORAL ELECTROLYTE MIXTURE  
FOR THE TREATMENT OF DEHYDRATION  
NO ARTIFICIAL SWEETENERS  
COLOURANTS OR PRESERVATIVES

**Rehidrat**  
6 sachets Assorted

**62<sup>95</sup>**



Discovery Vitality members get up to **50% back** on the above HealthyCare items, look for the Vitality HealthyCare indicator in store for more. Discovery Vitality (Pty) Ltd, Auth FSP, Limits, Ts&Cs apply.

## Scheduled Medicine

<b>Acurate</b> 40 tablets	<b>R23<sup>95</sup></b>	<b>Asthavent Inhaler</b> 200 Doses	<b>R32<sup>95</sup></b>	<b>Corenza C</b> 10 effervescent tablets	<b>R61<sup>95</sup></b>	<b>Coryx</b> 24 effervescent tablets	<b>R104<sup>95</sup></b>
<b>Gen-Payne</b> 30 capsules	<b>R58<sup>95</sup></b>	<b>Lansoloc OTC</b> 15mg 14 capsules	<b>R62<sup>95</sup></b>	<b>Nexomist Spray</b> 140 metered doses	<b>R195<sup>95</sup></b>	<b>Spersallerg</b> Eye Drops 10ml	<b>R51<sup>95</sup></b>

Prices only applicable in South Africa

Promotional offers valid until 13 December 2020 while stocks last - may not be available in all stores. NB: These prices only valid on cash and card purchases, standard rates apply for all medical aid claims. These unregistered medicines have not been evaluated by the SAHPRA for their quality, safety or intended use.



# Multivitamins & Daily Supplements

**FREE**

Velobiotics Velo16 Probiotic 10 capsules valued at 99<sup>95</sup> when you purchase Immunex Extra Multivitamin 60 capsules



**Immunex Extra Multivitamin 60 capsules**

**159<sup>95</sup>**

**2+1 CHEAPEST FREE**

on Uri Kleer 6 vegcaps OR Uri Kleer Maintenance Pack 28 vegcaps



**Uri Kleer Maintenance Pack 28 vegcaps**

**189<sup>95</sup> each**



**Uri Kleer 6 vegcaps**

**122<sup>95</sup> each**

**20%\* OFF**

Flordis Ellura 15 capsules



**Flordis Ellura 15 capsules**

**WAS 219<sup>95</sup> NOW 175<sup>96</sup>**

\*Advertised price already reflects discount

**1+1 FREE**

on Proven Probiotics A-Z Multivitamins 30 chewable tablets



**Caltrate Plus 90 tablets**

**WAS 268<sup>95</sup> NOW 215<sup>96</sup>**



**Proven Probiotics A-Z Multivitamins 30 chewable tablets**

**177<sup>95</sup> each**

Velobiotics Velo16 Probiotic available at selected stores - details on [dischem.co.za](http://dischem.co.za)

**2+1 CHEAPEST FREE**

on Any Wellvita AND Star Kids products



**Wellvita Omega 3 1000mg 60 softgels**

**126<sup>95</sup> each**



**Star Kids Multivitamin Gummy Bears 60 gummy bears**

**113<sup>95</sup> each**

**20%\* OFF**

Tibb Piloherb 60 tablets OR Ointment 30g



**Tibb Piloherb Ointment 30g**

**WAS 109<sup>95</sup> NOW 84<sup>76</sup>**

\*Advertised prices already reflect discount



**Tibb Piloherb 60 tablets**

**WAS 105<sup>95</sup> NOW 103<sup>96</sup>**

**20%\* OFF**

Vital products\*\*



**Vital Multivitamin 30 softgel capsules**

**WAS 74<sup>95</sup> NOW 59<sup>96</sup>**



**Vital Women 50 Plus OR Men 50 Plus 30 film-coated tablets**

**WAS 141<sup>95</sup> NOW 113<sup>56</sup> each**

\*Advertised prices already reflect discount  
\*\*Offer only applicable on the above Vital products

**10%\* OFF**

ALL Natura Tissue Salts 125 tablets



**Natura Tissue Salts 125 tablets Assorted**

**WAS 56<sup>95</sup> NOW 49<sup>46</sup>**

\*Advertised price already reflects discount



**Bio77 Concentrated Minerals and Trace Elements 120ml**

**WAS 399<sup>95</sup> NOW 299<sup>95</sup>**



**Bio77 Concentrated Minerals and Trace Elements 60ml**

**WAS 214<sup>95</sup> NOW 164<sup>95</sup>**

Bio77 available at selected stores - details on [dischem.co.za](http://dischem.co.za)

**Dis-Chem brands fewer RANDS**



**ADDaway 180 chew tablets**

**WAS 359<sup>95</sup> NOW 339<sup>95</sup>**



**Proanthodin 60 capsules**

**WAS 104<sup>95</sup> NOW 89<sup>95</sup>**

**BIOGEN**

SINCE 2004



**B-Complex Super Potency 60 tablets**

**WAS 189<sup>95</sup> NOW 139<sup>95</sup>**



**Collagen Combo Banded Pack 60 capsules PLUS 30 capsules**

**WAS 199<sup>95</sup> NOW 159<sup>95</sup> per pack**

**Thursdays Plantation 100% Tea Tree Oil 10ml**

**WAS 94<sup>95</sup> NOW 79<sup>95</sup>**



**Nativa Liver Complex Banded Pack 60 capsules PLUS 30 capsules**

**183<sup>95</sup> per pack**



**CrampEase**

**CrampEase Night**

**WAS 134<sup>95</sup> NOW 119<sup>95</sup> each**




**A.Vogel**

**Multiforce Alkaline Powder 105g**

**WAS 99<sup>95</sup> NOW 89<sup>95</sup>**



**A.Vogel Boldocynara 50ml OR Nephrosolid 50ml**

**WAS 134<sup>95</sup> NOW 109<sup>95</sup> each**






A convenient way to receive your **CHRONIC MEDICATION** on time, every time

QUICK | SIMPLE | EASY

A quick and easy way to get your chronic meds. An SMS will be sent to you to order your medication before you run out. Click on the SMS link, order your medication and select a pharmacy for quick collection or, if you would like, delivery.

Dis-Chem will also keep you up to date, and remind you to renew your scripts in time, so you can get your chronic medication on time, every time!

To opt in visit [dischem.co.za/pack-my-meds](http://dischem.co.za/pack-my-meds) or contact our Customer Careline on 0860 347 243







# Digestive Care & Probiotics



**ProbiFlora™**

**Adult Intensive Rescue 9-Strain Probiotic**  
60 capsules

**WAS 249<sup>95</sup>**  
**NOW 204<sup>95</sup>**

## MORE PROBIOTICS

in every dose when compared with 2 other leading brands<sup>1-6</sup>

**PROBIFLORA™ ADULT INTENSIVE RESCUE CONTAINS UP TO 50X MORE<sup>1-4</sup>**  
**PROBIFLORA™ INFANT DROPS CONTAINS UP TO 10X MORE<sup>2,4-6</sup>**

An imbalanced gut can leave you feeling bloated and uncomfortable. It can even compromise your immune system which can leave you feeling less than your best.<sup>7,8</sup>

Go with the

**#1**  
Probiotic<sup>9</sup>

**ProbiFlora™**

\* compared with 2 other leading probiotic brands - IRI May 2020

adcock ingram

**References:** 1. References available on request. 2. References available on request. 3. ProbiFlora™ Adult Intensive Rescue (Capsule) package insert. 4. IRI May 2020. 5. ProbiFlora™ Probiotics Infant Drops 3 strain - Regular (Drops) package insert. 6. Reference available upon request. 7. Rinninella, E., Raoul, P., Cintoni, M., et al. What is the Healthy Gut Microbiota Composition? A Changing Ecosystem across Age, Environment, Diet, and Diseases. *Microorganisms* 2019;7:1-22. 8. Wang, H., Wei, C-X., Min, L., et al. Good or bad: gut bacteria in human health and diseases. *Biotechnology & Biotechnological equipment* 2018;32(5):1075-1080.

**ProbiFlora™ Adult Intensive Rescue.** Each capsule contains total probiotics 5 billion CFU (colony forming units), probiotic blend consisting of *Lactobacillus acidophilus* NCFM™, *Bifidobacterium lactis* HN019, *Bifidobacterium lactis* BI-04, *Lactobacillus rhamnosus* HN001, *Lactobacillus casei* Lc-11, *Lactobacillus plantarum* Lp-115, *Lactococcus lactis* LI-23, *Bifidobacterium longum* BI-05, *Streptococcus thermophilus* ST-21 and prebiotic: prebiotic FOS fibre 50 mg. **ProbiFlora™ Probiotic Infant Drops 3 strain-Regular drops.** Each dose per 4 drops (0.167 ml) contains *Bifidobacterium lactis* 400 million CFU (colony forming units); *Lactobacillus rhamnosus* 300 million CFU (colony forming units); *Lactobacillus salivarius* 300 million CFU (colony forming units). Health supplement. These unregistered medicine have not been evaluated by the South African Health Products Regulatory Authority for quality, safety or intended use. Adcock Ingram Limited (Pty) Ltd. Reg. No. 1949/034385/06. Private Bag X69, Bryanston, 2021, South Africa. Tel. +27 11 635 0000 www.adcock.com 202010221065930

**EXTRA VALUE**



**Biogen Digestive Enzymes**  
60 vegi capsules **PLUS**  
10 vegi capsules

**WAS 139<sup>95</sup>**  
**NOW 119<sup>95</sup>**



**Amipro Digestizyme**  
120 capsules

**WAS 439<sup>95</sup>**  
**NOW 399<sup>95</sup>**



**NRF Digestive Enzymes**  
60 capsules

**WAS 199<sup>95</sup>**  
**NOW 132<sup>95</sup>**



**Dis-Chem brands fewer Rands**



**XtensiFlora 9 Strain Probiotic**  
60 vegicaps

**WAS 209<sup>95</sup>**  
**NOW 189<sup>95</sup>**



**Gold Activated Charcoal**  
60 capsules

**WAS 109<sup>95</sup>**  
**NOW 89<sup>95</sup>**



**Reuterina Daily**  
30 chew tablets

**WAS 184<sup>95</sup>**  
**NOW 169<sup>95</sup>**



**ESI Ten Herbs Laxative**  
100 tablets

**WAS 132<sup>95</sup>**  
**NOW 119<sup>95</sup>**

**Iberogast 9 Herbal Treatment**  
50ml

**WAS 224<sup>95</sup>**  
**NOW 199<sup>95</sup>**



**Tasectan Adult 8 capsules**  
**OR Paed**  
10 x 250mg sachets

**WAS 106<sup>95</sup>**  
**NOW 89<sup>95</sup> each**



# Energy Boosters

## BIOPLUS

**VIT-ALITY**

**New daily vitamin & mineral supplement range**

*fuel4life*



**Vitamin C**  
10 fizzies

**WAS 109<sup>95</sup>**  
**NOW 89<sup>95</sup>**



**Multi-Vitamin**  
30 tablets

**WAS 109<sup>95</sup>**  
**NOW 89<sup>95</sup>**



**Vitamin D<sub>3</sub>**  
30 capsules

**WAS 49<sup>95</sup>**  
**NOW 44<sup>95</sup>**



**Omega3**  
30 softgel capsules

**WAS 57<sup>95</sup>**  
**NOW 49<sup>95</sup>**



**Vitamin B<sub>6</sub>+12**  
30 capsules

**WAS 64<sup>95</sup>**  
**NOW 54<sup>95</sup>**



**Magnesium Plus**  
10 fizzies

**WAS 65<sup>95</sup>**  
**NOW 59<sup>95</sup>**

**PHYSICAL ENERGY & MENTAL VITALITY**

**2+1 FREE**  
on ANY BioPlus Syrup 500ml



**Syrup**  
500ml Assorted

**121<sup>95</sup> each**



**Chews**  
12 chews Assorted

**WAS 14<sup>95</sup>**  
**NOW 9<sup>95</sup>**

**Booster Sachets**  
10ml / Assorted

**3<sup>95</sup>**

**Dis-Chem PHARMACIES**

Promotional offers valid until 13 December 2020 while stocks last - may not be available in all stores. NB: These prices only valid on cash and card purchases, standard rates apply for all medical aid claims. These unregistered medicines have not been evaluated by the SAHPRA for their quality, safety or intended use.







# SURVIVE

*The Festive Season*



## WHY TAKE A LIVER TONIC?

These off-the-shelf tonics are very popular with those who believe our livers need cleansing or detoxing. The liver is the body's ultimate processor of waste and these tonics are designed to help it function better.

## WHY HERBAL REMEDIES?

Humankind has been using herbs as medicine since pre-historic times. Herbal medicine is increasingly being confirmed as useful by scientists who seek to understand the active chemistry of the plant. Many modern pharmaceuticals have been derived from chemicals found in plants, e.g. aspirin comes from willow bark.

## BOOSTING ENERGY LEVELS

Unless you're hyperactive, an energy boost can only be a good thing, especially after the over-indulgence of the Festive Season. Benefit from a mental and physical boost when you need it most.

## Liver Tonics



Biogen Milk Thistle  
60 capsules  
WAS 99<sup>95</sup>  
NOW 89<sup>95</sup>

20%  
OFF  
Tibb Livotibb  
60 tablets



Tibb Livotibb  
60 tablets  
WAS 169<sup>95</sup>  
NOW 135<sup>96</sup>

20%  
OFF  
Essentiale Extreme  
50 capsules



Essentiale Extreme  
50 capsules  
WAS 129<sup>95</sup>  
NOW 103<sup>96</sup>



NRF Milk Thistle with Dandelion  
60 tablets  
WAS 119<sup>95</sup>  
NOW 99<sup>95</sup>

\*Advertised prices already reflect discount

## Energy Boosters



Berocca Boost  
30 effervescent tablets  
WAS 229<sup>95</sup>  
NOW 214<sup>95</sup>



Vita-Thion Energy Tonic  
60 sachets  
WAS 287<sup>95</sup>  
NOW 249<sup>95</sup>

Superzest Energy  
200ml  
61<sup>95</sup> each

3+2  
CHEAPEST  
FREE  
on ANY Superzest products

superzest  
X<sup>4</sup>  
boost energy  
4 times  
more  
effectively  
than normal  
caffeine, vit B12  
taurine 200ml

superzest<sup>®</sup>  
X<sup>4</sup>  
cramp relief  
calcium, potassium, sodium  
magnesium 20 fizzies  
Superzest Cramp Relief  
20 fizzies  
119<sup>95</sup> each



Turbovite Excel Sachets  
20 sachets  
WAS 109<sup>95</sup>  
NOW 89<sup>95</sup>

## Energy Drinks



1 FOR 10<sup>95</sup>  
2 FOR 14<sup>95</sup>  
SAVE 6<sup>95</sup>

Biogen Electrolyte Drink  
250ml/300ml Assorted



NPL BCAA Energy Ultra Drink  
6 x 440ml / Assorted  
59<sup>95</sup> per 6 pack



1 FOR 13<sup>95</sup>  
2 FOR 19<sup>95</sup>  
SAVE 7<sup>95</sup>

Primal Energy Force Energy Drink  
500ml Assorted



1 FOR 13<sup>95</sup>  
2 FOR 19<sup>95</sup>  
SAVE 7<sup>95</sup>

USN Spike Energy Drink  
500ml Assorted

Dis-Chem  
PHARMACIES

Promotional offers valid until 13 December 2020 while stocks last - may not be available in all stores. NB: These prices only valid on cash and card purchases, standard rates apply for all medical aid claims. These unregistered medicines have not been evaluated by the SAHPRA for their quality, safety or intended use.





# Health Foods

**High Protein Shake**  
60g

**12<sup>95</sup>**  
each

**Energize Drinking Meal**  
60g

**8<sup>95</sup>**  
each

**FutureLife High Protein Bar** 50g valued at 18<sup>95</sup> when you purchase ANY Future Life Smart Food High Protein 500g

**FREE**

**Smart Food High Protein**  
500g / Assorted

**69<sup>95</sup>**

**Whole Grain Granola Bars**  
200g / Assorted

**WAS 54<sup>95</sup>**  
**49<sup>95</sup>** per pack

**Smart Food**  
750g / Assorted

**WAS 64<sup>95</sup>**  
**59<sup>95</sup>** each

**Ryvita Rye Crispbread**  
200g/250g Assorted

**WAS 52<sup>95</sup>**  
**38<sup>95</sup>** each

**Gaby's Raw Mixed Nuts**  
Natural OR Salted  
1kg

**WAS 256<sup>95</sup>**  
**236<sup>95</sup>** each

Dis-Chem brands **fewer RANDS**

## Value Packs

**Mixed Dried Fruit Value Pack**  
750g

**WAS 94<sup>95</sup>**  
**80<sup>71</sup>**

**Dried Peaches Value Pack**  
750g

**WAS 139<sup>95</sup>**  
**118<sup>96</sup>**

**Pitted Dates Value Pack**  
750g

**WAS 54<sup>95</sup>**  
**46<sup>71</sup>**

**Pitted Prunes Value Pack**  
750g

**WAS 109<sup>95</sup>**  
**93<sup>46</sup>**

**Raw Almonds Value Pack**  
750g

**WAS 179<sup>95</sup>**  
**152<sup>96</sup>**

**Raw Cashews Value Pack**  
750g

**WAS 209<sup>95</sup>**  
**178<sup>46</sup>**

**Mixed Nuts Value Pack**  
750g

**WAS 199<sup>95</sup>**  
**169<sup>96</sup>**

**Raw Walnuts Value Pack**  
750g

**WAS 209<sup>95</sup>**  
**178<sup>46</sup>**

**15%\* OFF**  
ALL Lifestyle Food Nuts & Dried Fruit Value Packs

\*Advertised prices already reflect discount

**Tru Hydration Coffee Enhancer**  
OR Milk Shake Enhancer  
45ml / Assorted

**2+1 FREE**  
on ANY Tru Hydration Coffee OR Milk Shake Enhancer 45ml

**39<sup>95</sup>**  
each

**Equal with Stevia**  
100 tablets

**WAS 36<sup>95</sup>**  
**31<sup>95</sup>**

**Equal with Stevia**  
200 tablets  
**PLUS FREE**  
100 tablets

**WAS 59<sup>95</sup>**  
**54<sup>95</sup>**

**Canderel with Stevia**  
80 sticks

**WAS 79<sup>95</sup>**  
**73<sup>95</sup>**

**Canderel with Stevia**  
100 tablets

**WAS 51<sup>95</sup>**  
**46<sup>95</sup>**

**Twinings Earl Grey Tea**  
50 tagless tea bags

**WAS 69<sup>95</sup>**  
**64<sup>95</sup>**

**Lifestyle Food Nutrisure**  
400g / Assorted

**WAS 101<sup>95</sup>**  
**95<sup>95</sup>**

## Fuel up at TOTAL to earn Dis-Chem Benefit Points

Present your **Dis-Chem** Benefit Card at **TOTAL** today and earn as you fill up.  
(Only available in South Africa)







**2+1 FREE**  
on ANY Racefood  
Fastbar OR Farbar  
5 pack

Racefood  
Fastbar  
OR Farbar  
5-pack / Assorted

**43<sup>95</sup>**  
each



**2+1 CHEAPEST FREE**  
on Rush Bars  
25g OR 50g  
Assorted

Rush  
Grizzly Bar  
25g / Assorted

**13<sup>50</sup>**  
each

Rush  
Endurance Bar  
50g / Assorted

**19<sup>95</sup>**  
each



**2+1 FREE**  
on ANY Earth&Co  
S.O.S Fruit Snack  
20g

Earth & Co  
S.O.S  
Fruit Snack  
100% Fruit  
20g / Assorted

**12<sup>95</sup>**  
each

**Dis-Chem brands fewer RANDS**

**LIFESTYLE FOOD**  
nature's difference

Choice  
Grade  
Irradiated  
Honey  
375g

**WAS 57<sup>95</sup>**  
**NOW 52<sup>95</sup>**  
each

Macadamia  
Butter  
330g

**WAS 99<sup>95</sup>**  
**NOW 93<sup>95</sup>**  
each

**100% Xylitol**  
1kg

**WAS 149<sup>95</sup>**  
**NOW 139<sup>95</sup>**  
each

**1 FOR 36<sup>95</sup>**  
**2 FOR 63<sup>95</sup>**  
SAVE 9<sup>95</sup>

**1kg**

**1kg**

**1kg**

**Nature's Choice™**  
WHOLEFOOD SPECIALISTS

**2+1 CHEAPEST FREE**  
on ANY  
Nature's Choice  
products

Nature's Choice  
WHOLEFOOD SPECIALISTS  
PETERED  
APPLE CIDER VINEGAR  
500 ml

Nature's Choice  
WHOLEFOOD SPECIALISTS  
PETERED  
Rolled Oats  
Wholegrain Instant Oats  
500 g

Nature's Choice  
WHOLEFOOD SPECIALISTS  
PETERED  
100% HONEY  
CHOICE GRADE  
IRRADIATED  
500 g

**10%\* OFF**  
ALL Früt  
products

**FRÜT**  
GREEN  
SMOOTHIE BLEND  
750 g

**FRÜT**  
WHOLE  
MIXED BERRIES  
350 g

**\*Savings to be deducted at tills**  
Früt products only available at selected stores -  
details on dischem.co.za

**SUGARLEAN**  
Free From  
Sugar  
@Dis-Chem

**MOON CANDY**  
White Chocolate Covered Marshmallows  
50 g NET

**Fruit Salad Soft Tummies**  
VEGAN FRIENDLY TREATS  
Sugar Free & Gelatine Free Soft Tummies  
50 g NET

Vegan Clean  
OR Sugarlean Sweets  
50g / Assorted

**WAS 29<sup>95</sup>**  
**NOW 24<sup>95</sup>**  
each

**Health Connection Wholefoods**  
Just Whey  
450g

**WAS 239<sup>95</sup>**  
**NOW 229<sup>95</sup>**  
each

**LIFEGAIN**  
Advanced Nutritional  
Supplement  
ASSISTS THE BODY TO REGAIN PHYSICAL STRENGTH

**VALUE PACK**

**Lifegain**  
Advanced  
Nutritional  
Supplement  
Value Pack  
1kg / Assorted

**WAS 434<sup>95</sup>**  
**NOW 369<sup>95</sup>**  
per pack

**Barista Blend**  
**Blue Diamond**  
**Almond Breeze**  
Delicious and Frothy!

**Almond Milk**  
Created for use with Coffee  
NOT FOR BABY/INFANT FEEDING 1 LITRE

**Blue Diamond**  
Almond Breeze  
Barista Blend  
1 litre

**WAS 45<sup>95</sup>**  
**NOW 39<sup>95</sup>**  
each





# Sun Care

**Vitality**

**2+1 CHEAPEST FREE**  
on ANY Vichy sun care products

**Vichy Idéal Soleil Kids Milk SPF50**  
300ml  
**365<sup>00</sup> each**

**Vichy Idéal Soleil Mattifying Dry Touch Sun Fluid Lotion SPF50**  
50ml  
**275<sup>00</sup> each**

Vichy Idéal Soleil products available at selected stores - details on [dischem.co.za](http://dischem.co.za)

**Vitality**

**Tropitone Move It Invisi Sunscreen Spray SPF30**  
125ml  
**109<sup>95</sup> each**

**Everysun Sunscreen Lotion SPF50**  
400ml  
**219<sup>95</sup> each**

**2+1 CHEAPEST FREE**  
on ANY Tropitone AND Everysun products

**Everysun Sensitive Care Sunscreen Spray SPF50**  
200ml  
**169<sup>95</sup> each**

**Everysun Sensitive Care Sunscreen Lotion SPF50**  
200ml  
**169<sup>95</sup> each**

Discovery Vitality members get up to **50% back** on the above HealthyCare items, look for the Vitality HealthyCare indicator in store for more.  
Discovery Vitality (Pty) Ltd. Auth FSP. Limits, Ts&Cs apply.

**Dis-Chem brands fewer RANDS**

**GREENER LIVING**

Scan to learn more about Greener Living

**Payot Sunny Brume Lactée Face & Body Spray SPF30**  
100ml  
**425<sup>00</sup>**

**Payot Sunny Brume Lactée Face & Body Spray SPF30**  
150ml  
**485<sup>00</sup>**

**Payot Sunny Crème Savoureuse Face Lotion SPF50**  
50ml  
**395<sup>00</sup>**

**Payot Sunny Crème Divine Face & Body Lotion SPF50**  
150ml  
**490<sup>00</sup>**

**Payot Sunny Huile Dry Oil Body & Hair Spray SPF15**  
100ml  
**425<sup>00</sup>**

Payot Sunny products available at selected stores details on [dischem.co.za](http://dischem.co.za)

See the symbol, trust the brand. These products are made using natural, naturally derived or organic ingredients.

**2+1 CHEAPEST FREE**  
on ANY La Roche-Posay sun care products

**La Roche-Posay Anthelios XL Invisible Body Mist Spray SPF50+**  
200ml  
**325<sup>00</sup> each**

**La Roche-Posay Anthelios Invisible Fluid SPF50+**  
50ml  
**245<sup>00</sup> each**

La Roche-Posay products available at selected stores details on [dischem.co.za](http://dischem.co.za)

**Vitality**

**20% OFF**  
SAFARI sun care products\*\*

**SAFARI Outdoor & Sport Sunscreen SPF50**  
100ml  
**WAS 130<sup>00</sup> NOW 104<sup>00</sup>**

**SAFARI Moisturising Sunscreen SPF30**  
100ml  
**WAS 130<sup>00</sup> NOW 104<sup>00</sup>**

**SAFARI Moisturising Sunscreen SPF40**  
200ml  
**WAS 245<sup>00</sup> NOW 196<sup>00</sup>**

\*Advertised prices already reflect discount.  
\*\*Excludes SAFARI Family Pack 5 x 20ml and SAFARI Lipbalm

Discovery Vitality members get up to **50% back** on the above HealthyCare items, look for the Vitality HealthyCare indicator in store for more.  
Discovery Vitality (Pty) Ltd. Auth FSP. Limits, Ts&Cs apply.

**VALUE PACK**

**Techniblock Active PLUS Wet & Dry Spray SPF50 Value Pack**  
2 x 150ml  
**WAS 189<sup>95</sup> NOW 159<sup>95</sup> per pack**

**Dis-Chem brands fewer RANDS**

**LUV that SUN**

**Dry Oil Spray SPF15**  
150ml  
**89<sup>95</sup>**

**Bronzed Daily Tan Airbrush Self Tan Spray**  
150ml / Assorted  
**84<sup>95</sup> each**

**Piz Buin Tan & Protect Tan Accelerating Oil Spray SPF15**  
150ml  
**WAS 219<sup>95</sup> NOW 169<sup>95</sup>**

**Piz Buin Moisturising Sun Lotion SPF30**  
200ml  
**WAS 189<sup>95</sup> NOW 159<sup>95</sup>**

Spoil your family and friends this

*Festive Season*

with a variety of gift cards that suits their preference.







## CHOOSE NIVEA SUN FOR ALL SKIN TONES

WORLD'S  
**N°1**  
Sun Care Brand\*

**2+1**  
CHEAPEST  
**FREE**  
on ANY NIVEA  
sun care  
Products



**Sensitive  
Immediate  
Protect  
Sun Spray  
SPF50+  
200ml**

**189<sup>95</sup>**  
each

**Sensitive  
Immediate  
Protect  
Sun Lotion  
SPF50+  
200ml**

**189<sup>95</sup>**  
each

**Protect &  
Moisture  
Trigger Spray  
SPF50+  
300ml**

**207<sup>95</sup>**  
each

**Protect &  
Moisture  
Sun Spray  
SPF20  
200ml**

**154<sup>95</sup>**  
each

**Protect &  
Moisture  
Sun Lotion  
SPF50+  
200ml**

**189<sup>95</sup>**  
each

**UV Face  
Creme  
SPF50  
50ml  
Assorted**

**129<sup>99</sup>**  
each

**Kids  
Protect & Play  
Trigger Spray  
SPF50+  
300ml / Assorted**

**207<sup>95</sup>**  
each

**Kids  
Swim & Play  
Lotion  
SPF50+  
150ml**

**179<sup>95</sup>**  
each

**Kids  
Sensitive  
Protect & Play  
Trigger Spray  
SPF50+  
300ml**

**218<sup>95</sup>**  
each

**Kids  
Sensitive  
Protect & Play  
Sun Spray  
SPF50+  
200ml**

**189<sup>95</sup>**  
each

\*Source: Euromonitor International Limited; Beauty and Personal Care 2020 edition; NIVEA as per umbrella brand name classification; all retail channels; retail value terms, 2019 data

Available in selected stores



Discovery Vitality members get up to **50% back** on the above HealthyCare items, look for the Vitality HealthyCare indicator in store for more. Discovery Vitality (Pty) Ltd, Auth FSP. Limits, Ts&Cs apply.



**2+1**  
CHEAPEST  
**FREE**  
on ANY Island Tribe  
products

**Invisible  
Continuous  
Spray SPF50  
125ml**

**154<sup>95</sup>**  
each

**Anti-Ageing  
Face Cream  
SPF50  
50ml**

**104<sup>95</sup>**  
each

**Kids  
Light Lotion  
Trigger Spray  
SPF50  
300ml**

**219<sup>95</sup>**  
each



Sun  
Lab



Dis-Chem brands **fewer RANDS**



**Water & Sun  
Lotion Spray  
SPF50  
200ml**

**154<sup>95</sup>**

**Express  
SPF50 Spray  
Value Pack  
340ml PLUS  
70ml**

**184<sup>95</sup>**  
per pack

**Kids  
Trigger  
Spray SPF50  
250ml**

**124<sup>95</sup>**



Discovery Vitality members get up to **50% back** on the above HealthyCare items, look for the Vitality HealthyCare indicator in store for more. Discovery Vitality (Pty) Ltd, Auth FSP. Limits, Ts&Cs apply.



**GREEN DOT SALE**

see the dot, get the discount

**FOOTWEAR  
CLEARANCE  
SALE**

**FURTHER  
REDUCTION**

**LESS  
30%\***

\*Discount to be deducted at tills, only on specially marked sandals





# Face Care

**Johnson's**

**FACE CARE**  
**Fresh Hydration**

**20%\* OFF**  
Johnson's skin care products\*\*

**Micellar Cleansing Jelly** 200ml  
**OR Water Gel Cleanser** 150ml  
**OR Micellar Cleansing Wipes** 25-pack  
**WAS 59<sup>95</sup>**  
**NOW 47<sup>96</sup> each**

**Micellar Cleansing Water** 400ml  
**OR Day SPF20 Cream** 50ml  
**OR Night Cream** 50ml  
**WAS 79<sup>95</sup>**  
**NOW 63<sup>96</sup> each**

**Johnson's FRESH HYDRATION**  
WATER GEL CLEANSER  
WITH ROSE WATER  
NORMALLY SKIN

**Johnson's FRESH HYDRATION**  
MICELLAR ROSE-INFUSED CLEANSING WATER  
Cleanses, removes make-up & exfoliates  
NORMALLY SKIN

**Johnson's FRESH HYDRATION**  
DAY CREAM SPF 20  
WITH ROSE WATER  
NORMALLY SKIN

**Johnson's FRESH HYDRATION**  
NIGHT CREAM  
WITH ROSE WATER  
NORMALLY SKIN

\*Advertised prices already reflect discount. \*\*Offer excludes Johnson's Baby range

**2+1 CHEAPEST FREE**  
on Cetaphil products\*

**Cetaphil Gentle Skin Cleanser** 125ml  
**114<sup>95</sup> each**

**Cetaphil Cleansing Bar** 127g  
**124<sup>95</sup> each**

\*Offer excludes Cetaphil Baby, Sun Care products AND Banded Packs

**POND'S**

**2+1 CHEAPEST FREE**  
on ANY Pond's Flawless Radiance products

**Flawless Radiance**

**Brightening 3-in-1 Micellar Water** 400ml  
**79<sup>95</sup> each**

**Derma+ Mattifying Day Cream SPF15 PA++** 50ml  
**119<sup>95</sup> each**

**POND'S**  
FLAWLESS RADIANCE  
DERMA+  
Mattifying Day Cream  
SPF 15 PA++

**Himalaya**

**2+1 CHEAPEST FREE**  
on ANY Himalaya face care products

**GREENER LIVING**

**Himalaya Youth Eternity Day Cream SPF15** 50ml  
**139<sup>95</sup> each**

**Himalaya Purifying Neem Mask** 75ml  
**66<sup>95</sup> each**

See the symbol, trust the brand. These products are made using natural, naturally derived or organic ingredients.

**BUY 1 GET 2<sup>ND</sup> AT HALF PRICE**

**Nature Nurture Clay Mask Duo** 2 x 100ml  
**49<sup>95</sup> per pack**

**Bee Natural Clarifying Toner** 200ml  
**49<sup>95</sup> each**

**Exxxtra Care & Repair Day Cream** 50ml  
**139<sup>95</sup> each**

**Exxxtra Care & Repair Intense Beauty Serum** 60ml  
**139<sup>95</sup> each**

\*Offer only applicable on the cheaper Good Stuff product purchased

**TOTAL EFFECTS**  
7in1 Anti Ageing:  
Effortlessly younger looking skin.

**7 in One Anti-Ageing Day Moisturizer SPF20**  
**OR Instant Smoothing Serum** 40ml  
**199<sup>95</sup> each**

**EYE GEL**  
24h of nonstop hydration for a wide-awake look  
**Deep Hydrating Eye Gel** 15ml  
**329<sup>95</sup> each**

**REGENERIST**  
Advanced Anti Ageing: Dramatically younger & firmer looking skin.  
**Whip SPF30** 50ml  
**449<sup>95</sup> each**

**2+1 CHEAPEST FREE**  
on ANY Olay face care products

**Luminous Tone Perfecting Hydrating Essence Treatment** 30ml  
**399<sup>95</sup> each**

**ONE for GLOW & ONE for BOUNCE**

**Regenerist Micro Sculpting Cream** 50ml  
**319<sup>95</sup> each**

**BILUMA**  
CREAM

**Cream for Even Skin Tone** 15g  
**WAS 284<sup>95</sup>**  
**NOW 269<sup>95</sup>**

**Cream for Even Skin Tone** 45g  
**WAS 429<sup>95</sup>**  
**NOW 399<sup>95</sup>**

**3**  
FOR EVEN SKIN TONE

UV PROTECTION  
FACE & BODY  
SENSITIVE AREAS

**celltone**  
SKIN CARE

**20%\* OFF**  
ALL Celltone face care products

**Snail Extract Gel Starter Pack:**  
Contains:  
Snail Extract Gel 50ml  
Tissue Oil 60ml  
Exfoliating Gel 60ml  
**WAS 499<sup>95</sup>**  
**NOW 399<sup>96</sup>**

**Sensitive Day OR Night Cream** 50ml  
**WAS 199<sup>95</sup>**  
**NOW 152<sup>00</sup> each**

\*Advertised prices already reflect discount

**IQ**  
Developed by South African Dermatologist Dr Len Nel

**White Tea & Clay Face Mask** 15ml  
**39<sup>95</sup> each**

**2+1 CHEAPEST FREE**  
on ANY IQ face care products

**DermaQuench Anti-Ageing Cream Cleanser** 195ml  
**119<sup>95</sup> each**

**UltraRich Night Cream** 50ml  
**224<sup>95</sup> each**

**SKINSTRATEGY** BEAUTY SALON & NAIL BAR  
Solution and Results Driven  
When you are serious about looking your best

SkinStrategy is back to pamper you, following all the safety protocols. Unwind in the caring hands of experienced therapists who give personalised attention to your skin and body care needs.

Our wide range of lush treatments\* include:

- Anti-ageing and deep cleansing facials
- Manicures and Pedicures
- Body-reviving treatments
- Hair removal procedures
- Spray tans

\*SkinStrategy Salons are available in selected Dis-Chem stores and not in Namibia. For details go to [dischem.co.za](http://dischem.co.za).



**L'ORÉAL PARIS**

**SOUTH AFRICA'S N°1 ANTI-AGEING SKINCARE BRAND** **BECAUSE YOU'RE WORTH IT**

**2+1 CHEAPEST FREE**  
on ANY L'Oréal Paris face care products

**PURE CLAY**  
FOR THE PUREST, CLEANEST, BRIGHTEST SKIN

**PURE CLAY DETOX WASH**  
150ml / Assorted  
**99<sup>95</sup>** each

**PURE CLAY DETOX MASK**  
50ml / Assorted  
**139<sup>95</sup>** each

**AGE PERFECT EXPERT OF MATURE SKIN**

**AGE PERFECT GOLDEN AGE SPF 20**  
Day Cream 50ml  
**279<sup>95</sup>** each

**AGE PERFECT GOLDEN AGE NIGHT**  
Night Cream 50ml  
**279<sup>95</sup>** each

**REVLIFT EXPERT OF ANTI-AGEING**

**REVLIFT RED CREAM**  
50ml  
**189<sup>95</sup>** each

**REVLIFT NIGHT**  
50ml  
**189<sup>95</sup>** each

**REVLIFT DAY CREAM SPF30**  
50ml  
**189<sup>95</sup>** each

**REVLIFT LASER RENEW DAY**  
50ml  
**274<sup>95</sup>** each

**REVLIFT LASER RENEW**  
30ml  
**274<sup>95</sup>** each

Scan to learn more about L'Oréal

**Neutrogena**  
DEVELOPED WITH DERMATOLOGISTS  
See what's possible

**Cellular Boost Anti-Ageing**  
Visibly reduces wrinkles & improves skin tone

**Anti-Wrinkle Concentrate**  
30ml  
**OR Anti-Ageing Day SPF20**  
50ml  
**OR Night Cream**  
50ml  
**WAS 259<sup>95</sup>**  
**NOW 207<sup>96</sup>** each

**Eye Rejuvenating Cream**  
15ml  
**WAS 139<sup>95</sup>**  
**NOW 111<sup>96</sup>**

**20%\* OFF**  
ALL Neutrogena face care products

**Hydro Boost Hydration**  
Continuous hydration for up to 72 hours

**Cleanser Facial Wipes**  
25-pack  
**WAS 99<sup>95</sup>**  
**NOW 79<sup>96</sup>**

**Triple Micellar Water**  
400ml  
**OR City Shield Hydrating Lotion SPF25**  
50ml  
**WAS 129<sup>95</sup>**  
**NOW 103<sup>96</sup>** each

**Hydro Boost**  
TRIPLE MICELLAR WATER  
HYALURONIC ACID to boost hydration  
1. removes waterproof make-up without rubbing  
2. removes oil and dirt  
3. hydrates  
94% agree skin feels deeply clean

**Hydro Boost city shield**  
HYDRATING LOTION SPF25  
HYALURONIC ACID to boost hydration  
1. removes waterproof make-up without rubbing  
2. removes oil and dirt  
3. hydrates  
94% agree skin feels deeply clean

\*Advertised prices already reflect discount

**GARNIER**  
Naturally!

**SKINACTIVE**

**Micellar Cleansing Water in Oil**  
400ml  
**WAS 89<sup>95</sup>**  
**NOW 67<sup>46</sup>**

**Sensitive OR Pure Active Micellar Cleansing Water**  
400ml  
**WAS 94<sup>95</sup>**  
**NOW 71<sup>21</sup>** each

**25%\* OFF**  
ALL Garnier face care products

**Hydra Bomb Tissue Mask**  
1 mask / Assorted  
**WAS 49<sup>95</sup>**  
**NOW 37<sup>46</sup>** each

**Anti-Blackhead Charcoal Peel-Off Mask**  
50ml  
**WAS 99<sup>95</sup>**  
**NOW 74<sup>96</sup>**

**3 in 1 Charcoal Anti-Blackhead Wash, Scrub & Mask**  
150ml  
**WAS 124<sup>95</sup>**  
**NOW 93<sup>71</sup>**

**3 in 1 Wash, Scrub & Mask**  
150ml  
**WAS 99<sup>95</sup>**  
**NOW 74<sup>96</sup>**

**PureActive**

**Hydra Bomb Tissue Mask**  
1 mask / Assorted  
**WAS 49<sup>95</sup>**  
**NOW 37<sup>46</sup>** each

**Anti-Blackhead Charcoal Peel-Off Mask**  
50ml  
**WAS 99<sup>95</sup>**  
**NOW 74<sup>96</sup>**

**3 in 1 Charcoal Anti-Blackhead Wash, Scrub & Mask**  
150ml  
**WAS 124<sup>95</sup>**  
**NOW 93<sup>71</sup>**

**3 in 1 Wash, Scrub & Mask**  
150ml  
**WAS 99<sup>95</sup>**  
**NOW 74<sup>96</sup>**

\*Advertised prices already reflect discount

**Benzaderm**  
DAILY FACIAL MOISTURISER  
50ml  
**WAS 159<sup>95</sup>**  
**NOW 149<sup>95</sup>**

**Benzac AC 5 Gel**  
15g  
**WAS 99<sup>95</sup>**  
**NOW 89<sup>95</sup>** each

**Benzac AC 5 GEL**  
For the treatment of acne  
benzoyl peroxide / benzoyl peroxide  
Water-based gel / Water-based gel

**T-ZONE**

**Charcoal & Bamboo Nose Pore Strips**  
6-pack  
**WAS 66<sup>95</sup>**  
**NOW 59<sup>95</sup>**

**Charcoal & Bamboo Black Detox Cream Wash**  
150ml  
**OR Cleansing Face Scrub**  
150ml  
**WAS 74<sup>95</sup>**  
**NOW 59<sup>95</sup>** each

**20%\* OFF**  
ALL Eskamel products

**Softlips Duo Pack**  
2g / Assorted  
**WAS 49<sup>95</sup>**  
**NOW 39<sup>95</sup>** per pack

**Eskamel Soap Bar**  
75g / Assorted  
**WAS 13<sup>95</sup>**  
**NOW 11<sup>16</sup>** each

\*Advertised price already reflects discount

**Dis-Chem PHARMACIES**





# Face & Body Care

## Eucerin®

MEDICAL SKIN SCIENCE  
THAT SHOWS

A RANGE OF  
BODY CARE SOLUTIONS  
FOR ALL SKIN TYPES

### ALL DAY OIL CONTROL



Eucerin®  
DermoPURIFYER helps  
reduce blemishes and  
soothes irritation.

Toner

200ml

**169<sup>95</sup>**  
each

Skin Renewal  
Treatment

40ml

**229<sup>95</sup>**  
each

### ADVANCED ANTI-AGE

Eucerin® HYALURON-FILLER  
+ ELASTICITY  
plumps up deeper wrinkles  
and improves skin's elasticity

**NEW**



Facial Oil  
30ml

**409<sup>95</sup>**  
each

Day Cream  
SPF30  
50ml

**429<sup>95</sup>**  
each

Eye Cream  
SPF15  
15ml

**319<sup>95</sup>**  
each

Elasticity  
3D Serum  
30ml

**619<sup>95</sup>**  
each



100% Natural Oils  
Body Caring Oil  
125ml

**159<sup>95</sup>**  
each

**2+1**  
CHEAPEST  
FREE  
on ANY  
Eucerin  
products

REPAIR AND  
STRENGTHEN  
DULL &  
DAMAGED  
SKIN



Even  
Pigment Perfector  
Body Lotion  
SPF7  
250ml

**179<sup>95</sup>**  
each

### DAILY CARE FOR DRY SKIN



RESTORES &  
PROTECTS

Original Extra  
Thick Creme  
454g

**179<sup>95</sup>**  
each



REDUCES  
SENSITIVITY

pH5 Soft  
Body Cream  
450ml

**179<sup>95</sup>**  
each



IMMEDIATE  
RELIEF

UreaRepair PLUS  
5% Body Cream  
450ml

**249<sup>95</sup>**  
each

GIVE YOUR SKIN A YOUTHFUL BOOST WHILE  
REDUCING FINE LINES AND WRINKLES

Q10 Power Anti-Wrinkle

**NIVEA**

**2+1**  
CHEAPEST  
FREE  
on ANY NIVEA Ladies  
face care  
products



Multi-Action  
Youth Oil  
Booster  
50ml

**299<sup>95</sup>**  
each



Firming Revitalising  
Night Cream  
50ml

**189<sup>95</sup>**  
each



Firming  
Day Cream  
SPF30  
50ml

**209<sup>95</sup>**  
each



Sheet Mask  
28ml

**59<sup>95</sup>**  
each

SMOOTH EVEN TONED  
UNDERARMS



Deo Beauty  
Essence  
Body Spray  
150ml  
Assorted

**WAS 38<sup>95</sup>**  
**31<sup>95</sup>**  
each



Anti-Perspirant  
Deodorant  
Body Spray for  
Men OR Women  
150ml / Assorted\*

\*Offer excludes NIVEA Deo  
Beauty Essence products



Anti-Perspirant  
Deodorant Stick  
for Men  
OR Women  
40ml / Assorted\*

**WAS 51<sup>95</sup>**  
**39<sup>95</sup>**  
each



Body Lotion  
625ml pump  
Assorted

**WAS 79<sup>95</sup>**  
**54<sup>95</sup>**  
each



Repair &  
Care Body  
Lotion  
400ml pump

**WAS 69<sup>95</sup>**  
**54<sup>95</sup>**  
each

**1 FOR 36<sup>95</sup>**  
**2 FOR 45<sup>00</sup>**  
SAVE 28<sup>90</sup>



Shower Gel  
for Men  
OR Women  
250ml  
Assorted



**NEW** FROM  
**SAs #1**  
**MALE**  
DEODORANT  
BRAND

Deep  
Fragrance  
Spray  
150ml  
Assorted\*





**1 FOR 37<sup>95</sup>  
2 FOR 60<sup>00</sup>  
SAVE 15<sup>90</sup>**

Shower to Shower Shower Gel 500ml / Assorted

**Dis-Chem brands fewer RANDS**

**VALUE SIZE**

Palmer's Coconut Oil OR Cocoa Butter Formula Body Lotion Value Size 1 litre

**WAS 119<sup>95</sup>  
NOW 99<sup>95</sup> each**

**1 FOR 34<sup>95</sup>  
2 FOR 45<sup>00</sup>  
SAVE 24<sup>90</sup>**

Radox Handwash 300ml / Assorted

**2+1 FREE**  
on Sanex Shower Gel 500ml

Sanex Shower Gel 500ml Assorted\* **61<sup>95</sup> each**

\*Excludes Sanex Advanced Series

**GOOD STUFF**  
THE ESSENTIALS COMPANY

**NEW**

Body Wash 700ml Assorted **55<sup>95</sup> each**

**BUY 1 GET 2<sup>ND</sup> AT HALF PRICE**

Creame Foam Bath 1.3 litres Assorted **52<sup>95</sup> each**

Bee Natural Tissue Oil 100ml Assorted **64<sup>95</sup> each**

Hand Cream 75ml Assorted **25<sup>95</sup> each**

**Protex** BOOST YOUR NATURAL DEFENSES BY 10x MORE

\*\*VS MANUFACTURER'S OWN SOAP AFTER 2 WEEKS, WASHING TWICE DAILY

Shower Gel 500ml Assorted **51<sup>95</sup> each**

**2+1 CHEAPEST FREE** on ANY Protex products

Liquid Hand Soap 300ml / Assorted **39<sup>95</sup> each**

Soap 150g / Assorted **11<sup>50</sup> each**

Soap 200g / Assorted **15<sup>95</sup> each**

\*Offer only applicable on the cheaper Good Stuff product purchased

Discovery Vitality members get up to 50% back on the above HealthyCare items, look for the Vitality HealthyCare indicator in store for more. Discovery Vitality (Pty) Ltd, Auth FSP, Limits, Ts&Cs apply.

**20%\* OFF** Johnson's skin care products\*\*

Body Lotion 400ml OR Cream 350ml / Assorted **WAS 29<sup>95</sup> NOW 23<sup>96</sup> each**

Body Wash 400ml Assorted **WAS 42<sup>95</sup> NOW 34<sup>36</sup> each**

Soap 175g Assorted **WAS 10<sup>95</sup> NOW 8<sup>76</sup> each**

**QUALITY brands fewer RANDS**

**GREENER LIVING**

Radiance Body Scrub 200ml Assorted **WAS 185<sup>00</sup> NOW 148<sup>00</sup> each**

Soothing Body Lotion 250ml Assorted **WAS 245<sup>00</sup> NOW 196<sup>00</sup> each**

**20%\* OFF** ALL Urban Veda products

Purifying Exfoliating Facial Polish 150ml / Assorted **WAS 219<sup>95</sup> NOW 175<sup>96</sup> each**

Soothing Hydrating Toner 150ml / Assorted **WAS 245<sup>00</sup> NOW 196<sup>00</sup> each**

Reviving Day Cream 50ml / Assorted **WAS 349<sup>95</sup> NOW 279<sup>96</sup> each**

\*Advertised prices already reflect discount \*\*Offer excludes Johnson's baby range

See the symbol, trust the brand. These products are made using natural, naturally derived or organic ingredients.

\*Advertised prices already reflect discount

Lifebuoy Hygiene Body Wash 750ml / Assorted **WAS 54<sup>95</sup> NOW 39<sup>95</sup> each**

Sunlight Bubble Bath 2 Litres / Assorted **WAS 64<sup>95</sup> NOW 47<sup>95</sup> each**

**E45** RICH 24HR lotion 400ml Assorted OR Daily Body Lotion 500ml Assorted **WAS 139<sup>95</sup> NOW 119<sup>95</sup> each**

**Epi-max Cream Banded Pack 400g PLUS 125g tub** **78<sup>95</sup> per pack**

**Blistex DCT Lip Treatment OR Lip Medex** 7g / Assorted

**1 FOR 94<sup>95</sup>  
2 FOR 129<sup>95</sup>  
SAVE 59<sup>95</sup>**

Bio-Oil Skincare Oil 200ml **WAS 229<sup>95</sup> NOW 169<sup>95</sup> each**

Bio-Oil Dry Skin Gel 200ml **WAS 199<sup>95</sup> NOW 144<sup>95</sup> each**

Promotional offers valid from 20 November to 13 December 2020 while stocks last – may not be available in all stores.





## Bath & Body Care

# Discover Dove

### NEW Dove Body Wash

For instantly soft skin & lasting nourishment

### NEW Dove Nourishing Body Care

Nourishes on the skin's surface and deep down\*

\*Within the stratum corneum



## Nourishing Secrets

Get natural nourishment from tip to toe

Nourishing Secrets Body Lotion 400ml / Assorted

WAS 64.95  
NOW 54.95 each

1+1  
FREE  
on ANY Dove Shower Mousse 200ml

## Shower Mousse

With essential oils for 24 hour softness



Shower Mousse 200ml Assorted

74.95 each

Nutritive Solutions Treatment Mask 200ml Assorted

WAS 74.95  
NOW 49.95



1 FOR 69.95  
2 FOR 90.00  
SAVE 49.90

Nutritive Solutions Shampoo 400ml OR Conditioner 350ml / Assorted



## Ucount at Dis-Chem

A brand new partnership, even better rewards.

We've got great news! You can get up to 20%\* back in UCount Rewards Points every time you swipe your qualifying card. Plus, you can also earn 5%\* back in UCount Rewards Points when you redeem your points at **Dis-Chem**. Visit [ucount.standardbank.co.za](http://ucount.standardbank.co.za) to get going.

Ts&Cs apply. Auth FSP NCRCP15. Only valid in South Africa.

## Ucount REWARDS



Standard Bank **IT CAN BE**





# Household Essentials

**SAVE 10<sup>00</sup>**

**OMO**  
The Power of 10 Hands  
O' Poder de 10 Mãos

**hand**  
Washing Powder

2kg

**WAS 54<sup>95</sup>**  
**NOW 44<sup>95</sup>**

**1 FOR 34<sup>95</sup>**  
**3 FOR 68<sup>00</sup>**  
**SAVE 36<sup>85</sup>**

**Sta-Soft**  
Fabric Softener Refill

500ml  
Assorted

**READY TO USE 800ml**

**1 FOR 25<sup>95</sup>**  
**3 FOR 55<sup>00</sup>**  
**SAVE 22<sup>85</sup>**

**Sta-Soft**  
Fabric Softener Doypack

800ml / Assorted

**SAVE 18<sup>00</sup>**

**Mr. Sheen**  
AUTOMATIC DISHWASHER TABLETS

16 tablets

**WAS 57<sup>95</sup>**  
**NOW 39<sup>95</sup>**

**Dis-Chem brands fewer RANDS**

**INSTANT DISCOUNT 6<sup>00</sup>\* OFF WITH YOUR Dis-Chem BENEFIT Card**

**INSTANT DISCOUNT 5<sup>00</sup>\* OFF WITH YOUR Dis-Chem BENEFIT Card**

**INSTANT DISCOUNT 5<sup>00</sup>\* OFF WITH YOUR Dis-Chem BENEFIT Card**

**Home Butler Toilet Cleaner**  
750ml Assorted  
**25<sup>95</sup>**  
**Benefit Price 19<sup>95</sup>\***

**Home Butler Heavy Duty Refuse Bags**  
10-pack  
**34<sup>95</sup> per pack**  
**Benefit Price 29<sup>95</sup> per pack**

**Home Butler Dishwashing Liquid**  
1.5 litres Assorted  
**36<sup>95</sup>**  
**Benefit Price 31<sup>95</sup>\***

**SAVE 10<sup>00</sup> when purchasing 2 PACKS**

**Softi**  
TOILET ROLLS  
SOFT & ABSORBENT TOILET TISSUE

18 ROLLS  
2PLY

**BUY 1 PACK FOR 74<sup>95</sup>**  
**2 PACKS FOR 69<sup>95</sup> EACH**

**1 FOR 28<sup>95</sup>**  
**2 FOR 47<sup>00</sup>**  
**SAVE 10<sup>90</sup>**

**Sunlight Extra**  
ANTI-BACTERIAL  
Dishwashing Liquid

750ml / Assorted

**WAS 33<sup>95</sup>**  
**NOW 28<sup>95</sup>**

**Sunlight Regular**  
Dishwashing Liquid

750ml

**1 FOR 14<sup>95</sup>**  
**3 FOR 35<sup>00</sup>**  
**SAVE 9<sup>85</sup>**

**Sunlight**  
Laundry Soap

400g/500g Assorted

**1 FOR 32<sup>95</sup>**  
**2 FOR 48<sup>00</sup>**  
**SAVE 17<sup>90</sup>**

**Domestos**  
Bleach

750ml Assorted

**VALUE PACK**

**Air Scents**  
Air Freshener

3 x 200ml Assorted

**WAS 46<sup>95</sup>**  
**NOW 38<sup>95</sup> per pack**

## Insect Repellents

**1 FOR 39<sup>95</sup>**  
**2 FOR 60<sup>00</sup>**  
**SAVE 19<sup>90</sup>**

**Raid**  
Liquid Electric Insect Killer Refill

33ml / Assorted

**WAS 57<sup>95</sup>**  
**NOW 44<sup>95</sup>**

**Anti-Mozzie**  
NO DEET  
Baby Safe  
with Citronellin™  
Citronella, Lemon Grass and Tea Tree Oil

**BANDED PACK**

**Body Spray**  
Banded Pack  
2 x 125ml

**WAS 74<sup>95</sup>**  
**NOW 69<sup>95</sup> per pack**

**Room Linen & Clothing Spray**  
Banded Pack  
2 x 250ml

**WAS 48<sup>95</sup>**  
**NOW 42<sup>95</sup> per pack**

**BANDED PACK**

**Anti-Mozzie**  
Cream

2 x 200ml

**WAS 44<sup>95</sup>**  
**NOW 39<sup>95</sup> per pack**

**Plant-Based Mosquito Repellent. For Indoor and Outdoor Use**

**Mortein**  
Aerosol

300ml Assorted

**WAS 29<sup>95</sup>**  
**NOW 23<sup>95</sup> each**

**Dis-Chem**  
PHARMACIES





# Slimming & Weight Management

## Weight Loss



Biogen  
Keto Burn  
60 vegicapsules

WAS 339<sup>95</sup>  
NOW 299<sup>95</sup>



Biogen  
Thermocut  
Slim Sticks  
20 sachets / Assorted

WAS 179<sup>95</sup>  
NOW 149<sup>95</sup>



Herbex  
UltraSlim  
100 tablets

WAS 269<sup>95</sup>  
NOW 229<sup>95</sup>



MuscleTech  
Hydroxycut  
Next Gen  
100 capsules

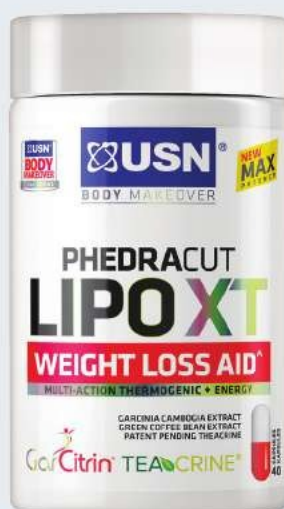
WAS 599<sup>95</sup>  
NOW 499<sup>95</sup>

## Weight Loss



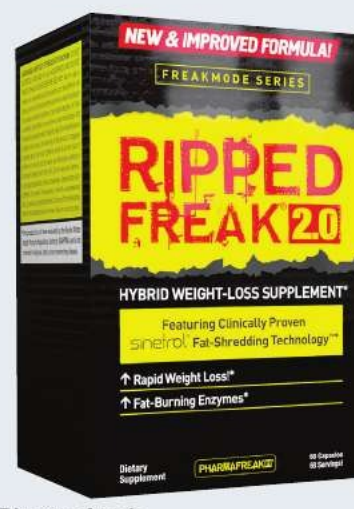
Biogen  
Rage  
Thermo  
20 capsules

WAS 169<sup>95</sup>  
NOW 139<sup>95</sup>



USN  
Phedracut  
Lipo XT  
40 capsules

WAS 169<sup>95</sup>  
NOW 139<sup>95</sup>



Pharmafreak  
RIPPED FREAK 2.0  
Hybrid Weight-Loss  
Supplement  
60 capsules

WAS 649<sup>95</sup>  
NOW 549<sup>95</sup>



NPL  
Thermo  
Cuts Black  
80 capsules

WAS 599<sup>95</sup>  
NOW 499<sup>95</sup>

## Weight Loss Shakes



Biogen  
Keto  
Meal Shake  
with Collagen  
560g  
Assorted

WAS 349<sup>95</sup>  
NOW 299<sup>95</sup>



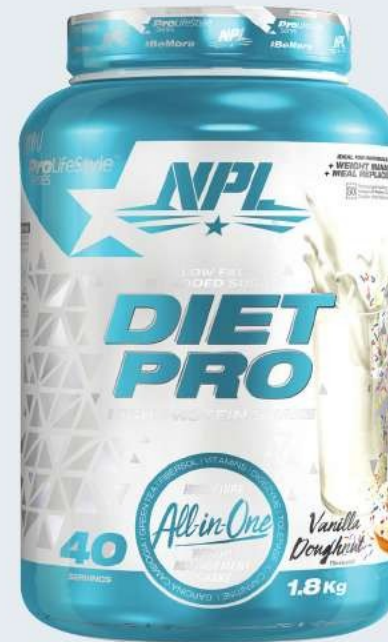
Biogen  
Diet Protein  
1.6kg / Assorted

WAS 449<sup>95</sup>  
NOW 359<sup>95</sup>



Primal  
Diet Shake  
900g / Assorted

WAS 189<sup>95</sup>  
NOW 149<sup>95</sup>



NPL  
Diet Pro  
1.8kg / Assorted

WAS 489<sup>95</sup>  
NOW 399<sup>95</sup>



planetfitness  
Members

EARN AN ADDITIONAL  
10% BACK IN Dis-Chem  
BENEFIT POINTS WHEN  
PURCHASING ANY OF THESE  
PARTICIPATING BRANDS

Ts & Cs apply. Details on [dischem.co.za](http://dischem.co.za)  
Exclusive to Dis-Chem Benefit Card members



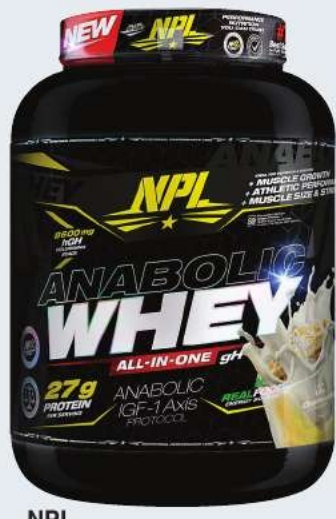


# Sports Supplements

## High Protein Shakes



Biogen  
Iso-Whey Premium  
3kg / Assorted  
WAS 739<sup>95</sup>  
NOW 649<sup>95</sup>



NPL  
Anabolic Whey  
All-in-One gH  
1.8kg / Assorted  
WAS 529<sup>95</sup>  
NOW 449<sup>95</sup>



USN  
BlueLab 100% Whey  
Premium Protein  
908g / Assorted  
WAS 319<sup>95</sup>  
NOW 269<sup>95</sup>

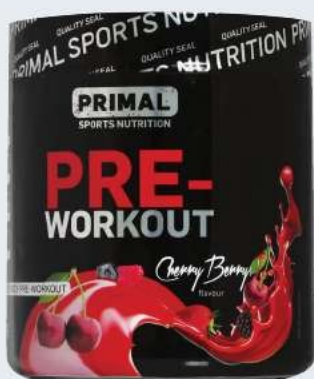


Evovx  
100% Whey  
Protein  
Advanced  
2kg / Assorted  
WAS 504<sup>95</sup>  
NOW 449<sup>95</sup>

## Pre-Workouts



Biogen Rage  
Energy  
320g / Assorted  
WAS 249<sup>95</sup>  
NOW 199<sup>95</sup>



Primal  
Pre-Workout  
510g / Assorted  
WAS 349<sup>95</sup>  
NOW 279<sup>95</sup>



USN  
XTS Hyperdrive  
Pre-Workout  
210g / Assorted  
WAS 199<sup>95</sup>  
NOW 169<sup>95</sup>



Optimum Nutrition  
Gold Standard  
Pre-Workout  
330g / Assorted  
WAS 599<sup>95</sup>  
NOW 499<sup>95</sup>

## Performance / Recovery



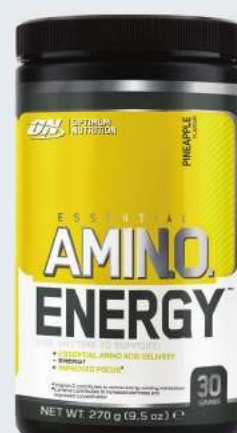
Biogen Rage  
Aminos 12:1:1  
320g / Assorted  
WAS 289<sup>95</sup>  
NOW 229<sup>95</sup>



NPL  
Amino Burn  
200g / Assorted  
WAS 269<sup>95</sup>  
NOW 229<sup>95</sup>



Muscle Junkie  
Freak Aminos  
100 tablets  
WAS 149<sup>95</sup>  
NOW 129<sup>95</sup>



Optimum  
Nutrition  
Amino Energy  
270g / Assorted  
WAS 549<sup>95</sup>  
NOW 479<sup>95</sup>

## Bulk Buys



Biogen Creatine  
Monohydrate  
1kg  
1 FOR 299<sup>95</sup>  
2 FOR 499<sup>95</sup>  
SAVE 99<sup>95</sup>



Primal Whey Protein  
3kg / Assorted  
1 FOR 729<sup>95</sup>  
2 FOR 999<sup>95</sup>  
SAVE 459<sup>95</sup>



Warrior Lean Mass Gainer  
5.04kg / Assorted  
1 FOR 649<sup>95</sup>  
2 FOR 999<sup>95</sup>  
SAVE 299<sup>95</sup>



Evovx Alpha  
Amino Elite  
400g / Assorted  
1 FOR 299<sup>95</sup>  
2 FOR 399<sup>95</sup>  
SAVE 199<sup>95</sup>

## Nutritional Bars



Primal  
Protein Bars  
5 x 35g bars / Assorted  
WAS 69<sup>95</sup>  
NOW 59<sup>95</sup> per pack



USN  
Trust Crunch  
Protein Bars  
60g/62g / Assorted  
2+1 FREE  
on ANY USN Trust  
Crunch Protein Bars  
60g/62g  
34<sup>95</sup> each



NPL #21  
Protein Bars  
65g / Assorted  
2+1 FREE  
on ANY NPL #21  
Protein Bars  
65g  
32<sup>95</sup> each



Warrior  
Crunch Protein  
Bars  
64g / Assorted  
1 FOR 34<sup>95</sup>  
2 FOR 59<sup>95</sup>  
SAVE 9<sup>95</sup>

Dis-Chem  
PHARMACIES



# Smooth Savings

## Gillette™



Mach3  
3-Blade Cartridges  
4-pack

**199<sup>95</sup>**  
per pack

**2+1**  
CHEAPEST  
FREE  
on Gillette Mach3,  
Turbo OR Sensitive  
Cartridges  
4/8-pack

Mach3 Turbo  
3-Blade Cartridges  
8-pack

**459<sup>95</sup>**  
per pack



SAVE **18<sup>00</sup>**  
Satin Care Vanilla  
Dream Shave Gel  
200ml

WAS **74<sup>95</sup>**  
NOW **56<sup>95</sup>**

Blue3 Smart  
Razor Kit  
Contains  
• 9 x 3-Blade  
Cartridges  
• Razor  
Handle

WAS **94<sup>95</sup>**  
NOW **79<sup>95</sup>**



SAVE **40<sup>00</sup>**

Mach3 Turbo  
3-Blade 2UP  
Razor

WAS **169<sup>95</sup>**  
NOW **129<sup>95</sup>**



Simply Venus  
3-Blade Razors  
Value Pack  
12-pack

WAS **119<sup>95</sup>**  
NOW **89<sup>95</sup>**  
per pack



SAVE **50<sup>00</sup>**

Venus Sensitive  
Extra Smooth  
5-Blade  
1UP Razor

WAS **179<sup>95</sup>**  
NOW **129<sup>95</sup>**



**1 FOR 44<sup>95</sup>**  
**2 FOR 50<sup>00</sup>**  
SAVE **39<sup>90</sup>**

Gillette Shave  
Foam  
200ml  
Assorted



QUALITY brands fewer Rands



MaxShave  
M5 Magnum  
5-Blade  
Razor  
System

**76<sup>95</sup>**  
Benefit Price  
**61<sup>95</sup>\***



MaxShave  
Comfort Touch  
3-Blade  
Disposable Razors  
4-pack

**29<sup>95</sup>**  
Benefit Price  
**26<sup>96</sup>\*** per pack



Max Shave  
2-Blade Men's  
Disposable Razors  
18-pack

**39<sup>95</sup>**  
Benefit Price  
**34<sup>95</sup>\*** per pack



Hair Go  
Wax Strips  
24-piece / Assorted

**49<sup>95</sup>**  
Benefit Price  
**44<sup>96</sup>\***

\*Instant Discount deducted when using your Dis-Chem Benefit Card



FREE YOUR SKIN™

Xtreme 3  
Sensitive 3-Blade  
Razors  
4-pack

WAS **59<sup>95</sup>**  
NOW **49<sup>95</sup>**  
per pack



Hydro 5 5-Blade  
Razor Blade PLUS  
8 Cartridges

WAS **399<sup>95</sup>**  
NOW **329<sup>95</sup>**  
per pack



Hydro 5 5-Blade  
Cartridges  
10-pack

WAS **429<sup>95</sup>**  
NOW **349<sup>95</sup>**  
per pack



NIVEA  
MEN

Deep Gift Pack

Contains:

- Deep Anti-Perspirant Deodorant 150ml
- Deep Face Wash 100ml
- Deep Moisturiser 50ml

Nivea Men Deep Gift Pack available at selected stores - details on dischem.co.za

WAS **229<sup>95</sup>**  
NOW **199<sup>95</sup>**  
per pack



**2+1**  
CHEAPEST  
FREE  
on ANY Vaseline  
Men face care  
products

Vaseline  
Men Face Oil  
Control  
Moisturizer  
50ml

**64<sup>95</sup>**  
each

Vaseline Men  
Deep Cleanse  
Face Wash  
100ml

**59<sup>95</sup>**  
each



Veet Hair  
Removal  
Cream  
100ml / Assorted

WAS **76<sup>95</sup>**  
NOW **61<sup>95</sup>**  
each



Beard & Tattoo Oil  
30ml

WAS **209<sup>95</sup>**  
NOW **159<sup>95</sup>**



Shave Cream 453ml  
OR Shave Oil 30ml

WAS **159<sup>95</sup>**  
NOW **129<sup>95</sup>**  
each

Clubman Pinaud products available at selected stores - details on dischem.co.za



# Deodorants

**20%\* OFF**  
ALL Yardley Bond<sup>ST</sup> Deodorant Spray 125ml OR Perfume Body Spray 90ml

**YARDLEY LONDON**

**Bond<sup>ST</sup> Deodorant Spray**  
125ml  
**OR**  
**Perfume Body Spray**  
90ml / Assorted

**WAS 34<sup>95</sup>**  
**NOW 27<sup>96</sup> each**

\*Advertised price already reflects discount

**20%\* OFF**  
ALL Coty Deodorant OR Perfumed Body Sprays 90ml, 120ml, 150ml and 250ml

**COTY**

**Whisper Perfumed Body Spray**  
90ml / Assorted

**Gravity Deodorant Spray**  
120ml / Assorted

**eX'cla-ma'tion Perfumed Deodorant Body Spray**  
90ml / Assorted

**Whisper Perfumed Body Spray**  
150ml / Assorted

**eX'cla-ma'tion Perfumed Deodorant Body Spray**  
150ml / Assorted

**Gravity Deodorant Spray**  
250ml / Assorted

**WAS 25<sup>05</sup>**  
**NOW 20<sup>76</sup>**

**WAS 29<sup>05</sup>**  
**NOW 23<sup>96</sup>**

**WAS 32<sup>05</sup>**  
**NOW 26<sup>36</sup>**

**WAS 44<sup>05</sup>**  
**NOW 35<sup>96</sup>**

**WAS 49<sup>05</sup>**  
**NOW 39<sup>96</sup>**

**WAS 64<sup>05</sup>**  
**NOW 51<sup>96</sup>**

\*Advertised prices already reflect discount

**Shower to Shower**

**Anti-Perspirant Deodorant Body Spray for Men OR Women**  
150ml / Assorted

**2+1 CHEAPEST FREE**  
on ANY Shower to Shower Anti-Perspirant Body Spray 150ml OR Roll-On 50ml

**28<sup>95</sup> each**

**Anti-Perspirant Roll-On for Men OR Women**  
50ml / Assorted

**17<sup>95</sup> each**

**1 FOR 18<sup>95</sup>**  
**4 FOR 52<sup>00</sup>**  
**SAVE 23<sup>90</sup>**

**Old Spice Anti-Perspirant Deodorant Body Spray**  
150ml / Assorted

**WAS 34<sup>05</sup>**  
**NOW 24<sup>95</sup> each**

**Garnier Mineral Anti-Perspirant Roll-On for Men OR Women**  
50ml / Assorted

**GOOD STUFF THE SKINCARE COMPANY**

**BUY 1 GET 2<sup>ND</sup> AT HALF PRICE**

**Body Mist**  
100ml / Assorted

**26<sup>95</sup> each**

**Perfumed Deodorant Spray**  
90ml / Assorted

**29<sup>95</sup> each**

**Anti-Perspirant Roll-On**  
50ml / Assorted

**19<sup>95</sup> each**

\*Offer only applicable on the cheaper Good Stuff product purchased

**1 FOR 54<sup>95</sup>**  
**2 FOR 75<sup>00</sup>**  
**SAVE 34<sup>90</sup>**

**Shield Ultimate Protection Anti-Perspirant Deodorant Stick for Men OR Women**  
48ml / Assorted

**1 FOR 25<sup>95</sup>**  
**2 FOR 45<sup>00</sup>**  
**SAVE 6<sup>90</sup>**

**Shield Anti-Perspirant Deodorant Body Spray for Men OR Women**  
150ml / Assorted

**1 FOR 35<sup>95</sup>**  
**2 FOR 45<sup>00</sup>**  
**SAVE 26<sup>90</sup>**

**Axe Deodorant Body Spray**  
200ml / Assorted

**Sanex**

**2+1 FREE**  
on ANY Sanex Anti-Perspirant Roll-Ons 50ml

**Anti-Perspirant Roll-On for Men OR Women**  
50ml / Assorted

**18<sup>95</sup> each**

**TRIPLE PACK VALUE OFFER**

**Yardley English Blazer Deodorant Body Spray**  
3 x 250ml

**WAS 139<sup>05</sup>**  
**NOW 119<sup>95</sup> per pack**

**Brut Deodorant Body Spray**  
120ml / Assorted

**1 FOR 31<sup>95</sup>**  
**2 FOR 50<sup>00</sup>**  
**SAVE 13<sup>90</sup>**

**Brut Anti-Perspirant Roll-On**  
50ml / Assorted

**WAS 21<sup>95</sup>**  
**NOW 16<sup>95</sup> each**

**Dis-Chem PHARMACIES**



# Dental Care

**Oral-B®**



Charcoal  
Whitening  
Therapy  
Toothbrushes  
2-pack

**89<sup>95</sup>**  
per pack



**2+1**  
CHEAPEST  
**FREE**  
on ANY Oral B Manual  
Toothbrushes OR  
Toothpastes 75ml



Gum & Enamel  
Repair Toothpaste  
75ml / Assorted

**44<sup>95</sup>**  
each

**Aquafresh**



**1 FOR 52<sup>95</sup>**  
**2 FOR 70<sup>00</sup>**  
SAVE 35<sup>90</sup>

Extreme  
Clean  
Mouthwash  
500ml  
Assorted



Complete  
Care  
Toothbrush  
• Medium  
• Soft

**1 FOR 47<sup>95</sup>**  
**2 FOR 65<sup>00</sup>**  
SAVE 30<sup>90</sup>



Ultimate  
OR Pure White Toothpaste  
75ml / Assorted

**1 FOR 25<sup>95</sup>**  
**2 FOR 40<sup>00</sup>**  
SAVE 11<sup>90</sup>

**Dis-Chem brands fewer RANDS**



**1 FOR 20<sup>95</sup>**  
**2 FOR 35<sup>00</sup>**  
SAVE 6<sup>90</sup>

Dentalmate  
Mouthwash  
250ml / Assorted

INSTANT  
DISCOUNT  
**500\*  
OFF**  
WITH YOUR  
Dis-Chem  
BENEFIT  
CARD



Dentalmate  
Denture  
Cleanser Tablets  
32 effervescent  
tablets

**49<sup>95</sup>**  
Benefit Price  
**44<sup>95</sup>\***

INSTANT  
DISCOUNT  
**200\*  
OFF**  
WITH YOUR  
Dis-Chem  
BENEFIT  
CARD



Dentalmate  
Kids  
Toothbrush  
with Toy

**13<sup>95</sup>**  
each  
Benefit Price  
**11<sup>95</sup>\***

INSTANT  
DISCOUNT  
**500\*  
OFF**  
WITH YOUR  
Dis-Chem  
BENEFIT  
CARD



Pierrot  
Flossers  
30-pieces

**29<sup>95</sup>**  
each  
Benefit Price  
**24<sup>95</sup>\***

\*Instant Discount deducted when using your Dis-Chem Benefit Card



**1 FOR 14<sup>95</sup>**  
**3 FOR 30<sup>00</sup>**  
SAVE 14<sup>85</sup>

CloseUp  
Toothpaste  
125g  
Assorted

**Colgate®**



Optic White  
Mouthwash  
500ml / Assorted

**2+1**  
CHEAPEST  
**FREE**  
on ANY Colgate  
Mouthwash OR  
Toothbrushes

**69<sup>95</sup>**  
each



SlimSoft  
Charcoal  
Toothbrush

**49<sup>95</sup>**  
each

Triple Action  
Toothpaste  
100ml

**1 FOR 14<sup>95</sup>**  
**3 FOR 30<sup>00</sup>**  
SAVE 14<sup>85</sup>



**SENSODYNE®**



**1 FOR 62<sup>95</sup>**  
**2 FOR 82<sup>00</sup>**  
SAVE 43<sup>90</sup>

**Toothbrush**  
• Repair & Protect Soft  
• Sensitivity & Gum Soft  
• Rapid Relief  
• Complete Protection Soft

**Toothpaste**  
75ml  
• Clean & Fresh  
• Fresh Mint  
• Multi Care  
• Gentle  
Whitening  
• Herbal  
Multi Care

**1 FOR 34<sup>95</sup>**  
**2 FOR 50<sup>00</sup>**  
SAVE 19<sup>90</sup>



**1 FOR 58<sup>95</sup>**  
**2 FOR 80<sup>00</sup>**  
SAVE 37<sup>90</sup>



**Toothpaste**  
75ml  
• Repair & Protect  
• Sensitivity & Gum  
• Rapid Relief  
• Complete Protection



Discovery Vitality members get up to **50% back** on the above HealthyCare items, look for the Vitality HealthyCare indicator in store for more. Discovery Vitality (Pty) Ltd, Auth FSP. Limits, Ts&Cs apply.



**UCOUNT**  
**at Dis-Chem**

A brand new partnership, even better rewards.

We've got great news! You can get up to **20%\* back** in UCount Rewards Points every time you swipe your qualifying card. Plus, you can also earn **5%\* back** in UCount Rewards Points when you redeem your points at **Dis-Chem**. Visit [ucount.standardbank.co.za](http://ucount.standardbank.co.za) to get going.

Ts&Cs apply. Auth FSP NCRCP15. Only valid in South Africa.

**UCOUNT**  
REWARDS



Standard Bank **IT CAN BE..**





# Feminine Hygiene

**BUY BOTH FOR ONLY 22<sup>95</sup>**  
**SAVE 5<sup>90</sup>**

**Lil-lets Smartfit Everyday Freshness Pantyliners**  
25-pack  
**PLUS Smartfit Tampons**  
10-pack

**Lil-lets Maxi Thick Pads**  
7 Night  
7 Super Plus  
8 Regular  
8 Super  
10 Regular  
10 Super  
10 Mini  
**WAS 14<sup>95</sup>**  
**NOW 12<sup>45</sup> per pack**

**kotex Vitality**

**Maxi Pads Value Pack**  
16 Super  
16 All nighter  
20 Normal  
**WAS 32<sup>95</sup>**  
**NOW 24<sup>95</sup> per pack**

**Pantyliners**  
40-pack  
**WAS 23<sup>95</sup>**  
**NOW 20<sup>95</sup> per pack**

**Ultra Thin Pads Value Pack**  
14 Overnight  
16 Super  
20 Normal  
**WAS 44<sup>95</sup>**  
**NOW 33<sup>95</sup> per pack**

**20%\* OFF**  
**ALL Lifestyle Libresse Pads AND Liners**

**Lifestyle Libresse Maxi Cotton Feel Duo Pads**  
20 Normal  
**WAS 39<sup>95</sup>**  
**NOW 31<sup>96</sup> per pack**

**Lifestyle Libresse Ultra Thin Pads**  
10 Normal  
**WAS 25<sup>95</sup>**  
**NOW 20<sup>76</sup> per pack**

*\*Advertised prices already reflect discount*

**BETADINE Intimate Foam**  
200ml / Assorted  
**WAS 67<sup>95</sup>**  
**NOW 54<sup>95</sup>**

**Femagene Sensitive OR Intimate Hygiene Soap**  
150ml / Assorted  
**1 FOR 69<sup>95</sup>**  
**2 FOR 119<sup>95</sup>**  
**SAVE 19<sup>95</sup>**

**Dis-Chem brands fewer RANDS**

**my.time confidence all the time**  
**My-Time Sensitive Pads with Wings**  
10-pack  
**13<sup>95</sup> per pack**

**my.time confidence all the time**  
**My-Time Ultra Dry Pads with Wings**  
10-pack  
**16<sup>95</sup> per pack**

**Intima Liquid Soap**  
220ml / Assorted  
**72<sup>95</sup>**

**Sexual Health**

**durex Vitality**

**Fetherlite Condoms**  
12-pack  
**WAS 132<sup>95</sup>**  
**NOW 129<sup>95</sup> per pack**

**Pleasure Me Condoms**  
12-pack  
**WAS 172<sup>95</sup>**  
**NOW 139<sup>95</sup> per pack**

**always**

**SLEEP WELL WAKE UP AWESOME**  
**WITH NEW always DREAMZZZ**

**2+1 CHEAPEST FREE on ANY Always products**

**always dreamZzz all-night**  
**Always Ultra Thin Dreamzzz All-Night Pads**  
14 Extra Long Night  
**39<sup>95</sup> per pack**

**always dreamZzz all-night**  
**Always Maxi Thick Dreamzzz All-Night Pads**  
8 Extra Long Night  
**23<sup>95</sup> per pack**

**Dis-Chem brands fewer RANDS**

**intimate touch**

**Condoms 12-pack Assorted**  
**94<sup>95</sup> per pack**

**intimate touch**

**Condoms 3-pack Assorted**  
**27<sup>95</sup> per pack**

Discovery Vitality members get up to 50% back on the above HealthyCare items, look for the Vitality HealthyCare indicator in store for more. Discovery Vitality (Pty) Ltd, Auth FSP. Limits, Ts&Cs apply.

# Incontinence Care

**TENA Vitality**

**20%\* OFF ALL Tena products**

**Lady Pants Plus**  
8 Large  
9 Medium  
**WAS 155<sup>95</sup>**  
**NOW 127<sup>16</sup> per pack**

**Men Premium Fit Protective Underwear Level 4**  
10 Large  
**WAS 252<sup>95</sup>**  
**NOW 202<sup>36</sup> per pack**

**Molicare Premium Mobile**  
6 Drop Large  
**WAS 224<sup>95</sup>**  
**NOW 209<sup>95</sup> per pack**

*\*Advertised prices already reflect discount*

Discovery Vitality members get up to 50% back on the above HealthyCare items, look for the Vitality HealthyCare indicator in store for more. Discovery Vitality (Pty) Ltd, Auth FSP. Limits, Ts&Cs apply.

**Dis-Chem PHARMACIES**



[illegible]

# GREENER LIVING





Scan to learn more about Greener Living



A Better Way to Beautiful since 1912



**Coconut & Hibiscus Curl & Shine Shampoo**  
w/ Silk Protein & Neem Oil  
Moisturize & Define THICK, CURLY HAIR  
Sulfate Free & Color Safe  
8 fl oz / 237 mL



**Coconut & Hibiscus Curl Enhancing Smoothie**  
w/ Silk Protein & Peppermint  
Moisturize & Define THICK, CURLY HAIR  
Sulfate Free & Color Safe  
8 fl oz / 237 mL

**Coconut & Hibiscus Conditioner OR Shampoo**  
237ml / Assorted

**WAS \$129<sup>95</sup>**  
**NOW \$119<sup>95</sup> each**



**Jamaican Black Castor Oil Shampoo**  
w/ Shea Butter, Peppermint & Apple Cider Vinegar  
Moisturize & Define THICK, CURLY HAIR  
Sulfate Free & Color Safe  
8 fl oz / 237 mL



**Jamaican Black Castor Oil Treatment Masque**  
w/ Shea Butter, Peppermint & Apple Cider Vinegar  
Moisturize & Define THICK, CURLY HAIR  
Sulfate Free & Color Safe  
8 fl oz / 237 mL

**Coconut & Hibiscus Smoothie**  
170ml / Assorted

**WAS \$129<sup>95</sup>**  
**NOW \$119<sup>95</sup> each**



**Jamaican Black Castor Oil Shampoo**  
w/ Shea Butter, Peppermint & Apple Cider Vinegar  
Moisturize & Define THICK, CURLY HAIR  
Sulfate Free & Color Safe  
8 fl oz / 237 mL



**Jamaican Black Castor Oil Conditioner**  
w/ Shea Butter, Peppermint & Apple Cider Vinegar  
Moisturize & Define THICK, CURLY HAIR  
Sulfate Free & Color Safe  
8 fl oz / 237 mL

**Jamaican Black Castor Oil Shampoo OR Conditioner**  
237ml / Assorted

**WAS \$129<sup>95</sup>**  
**NOW \$119<sup>95</sup> each**



**Jamaican Black Castor Oil Shampoo**  
w/ Shea Butter, Peppermint & Apple Cider Vinegar  
Moisturize & Define THICK, CURLY HAIR  
Sulfate Free & Color Safe  
8 fl oz / 237 mL



**Jamaican Black Castor Oil Conditioner**  
w/ Shea Butter, Peppermint & Apple Cider Vinegar  
Moisturize & Define THICK, CURLY HAIR  
Sulfate Free & Color Safe  
8 fl oz / 237 mL

**Jamaican Black Castor Oil Shampoo OR Conditioner**  
237ml / Assorted

**WAS \$129<sup>95</sup>**  
**NOW \$119<sup>95</sup> each**



**HAIR RES/Q**  
THICKENING TREATMENT  
**ULTIMATE THICKENING SHAMPOO**  
NORMAL HAIR  
FOR NOTICEABLY THINNING HAIR  
VOLUME + STRENGTHEN FOLLICLES  
12 fl oz / 355 mL



**HAIR RES/Q**  
THICKENING TREATMENT  
**ULTIMATE THICKENING CONDITIONER**  
NORMAL HAIR  
FOR NOTICEABLY THINNING HAIR  
VOLUME + STRENGTHEN FOLLICLES  
12 fl oz / 355 mL

**HAIR RES/Q**  
THICKENING TREATMENT

**FOLLICLE MAINTAINER**  
SERUM  
CLINICALLY TESTED REPLENISHES  
HELPS STRENGTHEN & SUSTAIN EXISTING HAIR  
ENCOURAGES RETENTION PREVENTS BREAKAGE MADE WITH NATURAL INGREDIENTS  
1.69 fl oz / 50 mL

**Shampoo OR Conditioner**  
355ml / Assorted

**WAS \$159<sup>95</sup>**  
**NOW \$129<sup>95</sup> each**

**Follicle Maintainer Serum**  
60ml

**WAS \$349<sup>95</sup>**  
**NOW \$269<sup>95</sup> each**

See the symbol, trust the brand. These products are made using natural, naturally derived or organic ingredients.



**Dis-SMART brands fewer RANDS**

**BUY 1  
GET 2<sup>ND</sup> AT  
HALF PRICE**

**Shampoo  
OR  
Conditioner  
500ml  
Assorted**

**62<sup>95</sup> each**

**\*Offer only applicable on the cheaper Good Stuff product purchased**

**Every Strand  
Hair Masque  
OR  
Simply Curls  
Curling Cream  
50g / Assorted**

**WAS 79<sup>95</sup>  
NOW 64<sup>95</sup> each**

**SuperFoods for Hair Shampoo**  
**OR**  
**Conditioner**  
 355ml  
**OR** **Leave-In Serum**  
 60ml / Assorted

**WAS 139<sup>05</sup>**  
**NOW 99<sup>95</sup> each**

**VIGRO 3-STEP SYSTEM FOR THINNING HAIR**

**Contains:**  
 150ml Bio-Shampoo  
 100m Bio-Tonic  
 30 Bio-Capsules

**WAS 276<sup>05</sup>**  
**NOW 229<sup>95</sup> per pack**

**Renpure**  
plant-based beauty

**Biotin + Collagen**

**thicken + strengthen SHAMPOO**

**ZERO**  
GLUTEN, OILS, PROPYLENE GLYCOL, SULFATES, PARABENS, PHTHALATES, & FORMALDEHYDE

16 FL OZ (473 mL)

**Renpure**  
plant-based beauty

**Biotin + Collagen**

**strengthen TONER**

**ZERO**  
GLUTEN, OILS, PROPYLENE GLYCOL, SULFATES, PARABENS, PHTHALATES, & FORMALDEHYDE

16 FL OZ (473 mL)

**Renpure**  
plant-based beauty

**Biotin + Collagen**

**thickening LEAVE-IN SPRAY**

**ZERO**  
GLUTEN, OILS, PROPYLENE GLYCOL, SULFATES, PARABENS, PHTHALATES, & FORMALDEHYDE

8 FL OZ (237 mL)

**Renpure Biotin & Collagen Conditioner OR Shampoo**  
473ml / Assorted

**WAS 149<sup>95</sup>**  
**NOW 129<sup>95</sup> each**

**Renpure Biotin & Collagen Leave In Spray**  
237ml Assorted

**WAS 159<sup>95</sup>**  
**NOW 99<sup>95</sup>**



**2+1 CHEAPEST FREE**  
on ANY Perfect Choice hair products

Perfect Choice Oil Moisturising Spray **OR** Moisturiser Lotion 250ml **29<sup>95</sup> each**

Perfect Choice Avocado Oil Moisturising Cream Spray 250ml **32<sup>95</sup> each**

**20%\* OFF**  
ALL Nu-Lite products

Nu-Lite Hi-Light Kit Assorted **WAS 89<sup>95</sup> NOW 71<sup>96</sup>**

Nu-Lite Colour Mousse 150g Assorted **WAS 148<sup>95</sup> NOW 119<sup>16</sup>**

\*Advertised prices already reflects discount

**2+1 CHEAPEST FREE**  
on ANY Sofn'free products

Sofn'free Relaxer 125ml Assorted **22<sup>95</sup> each**

Sofn'free Styling Gel 250ml Assorted **39<sup>95</sup> each**

Herbal Essences Shampoo **OR** Conditioner 400ml / Assorted **WAS 159<sup>95</sup> NOW 70<sup>00</sup> each**

Reflections High Gloss Hair Colour Assorted shades **WAS 84<sup>95</sup> NOW 74<sup>95</sup>**

Renew Permanent Hair Colour Crème Assorted colours **WAS 59<sup>95</sup> NOW 49<sup>95</sup>**

Clairel Nice 'n Easy Hair Dye Assorted colours **WAS 99<sup>95</sup> NOW 80<sup>00</sup>**

Maui Moisture Shampoo **OR** Conditioner 385ml / Assorted **WAS 199<sup>95</sup> NOW 139<sup>95</sup> each**

Maui Moisture Heat Shield Mist 125ml / Assorted **WAS 179<sup>95</sup> NOW 139<sup>95</sup> each**

Inecto Super Black Permanent Hair Colour Crème 28ml **WAS 19<sup>95</sup> NOW 15<sup>95</sup>**

**10%\* OFF**  
ALL ORS Argan Oil hair products

\*Advertised prices already reflect discount

**30%\* OFF**  
Dark and Lovely products\*\*

Argan Oil Gel 250ml **WAS 42<sup>95</sup> NOW 38<sup>66</sup>**

Argan Oil No-Lye Relaxer Kit **WAS 118<sup>95</sup> NOW 107<sup>06</sup>**

Argan Oil Fortifying Hair Spray 275ml **WAS 39<sup>95</sup> NOW 35<sup>96</sup>**

Relaxer 250ml / Assorted **WAS 39<sup>95</sup> NOW 27<sup>96</sup>**

\*Advertised prices already reflect discount.  
\*\*Offer only applicable on Dark and Lovely Relaxer Tubs, Purple Range, Au Naturelle AND Gro Strong Hair Food.

Gro Strong Hair Food 125ml / Assorted **WAS 25<sup>95</sup> NOW 18<sup>16</sup>**

3-in-1 Shampoo 250ml / Assorted **WAS 36<sup>95</sup> NOW 25<sup>87</sup>**

Oil Moisturiser 250ml / Assorted **WAS 35<sup>95</sup> NOW 25<sup>87</sup>**

**Stand a chance to WIN\***  
1 of 10 R1000<sup>00</sup> worth of points loaded onto your Dis-Chem Benefit Card when you purchase ANY TWO African Pride products

\*Enter by swiping your Dis-Chem Benefit Card. Ts & Cs apply. Excludes Namibia & Botswana.

Jamaican Mango & Lime Black Castor Oil Original **OR** Tea Tree **OR** Coconut 118ml **WAS 123<sup>95</sup> NOW 119<sup>95</sup> each**

**AFRICAN PRIDE**

OLIVE MIRACLE Anti-Breakage Growth Oil **OR** Creme 250ml **WAS 39<sup>95</sup> NOW 29<sup>95</sup> each**

Anti-Breakage Braid Sheen Spray **OR** Moisturiser Lotion 250ml **WAS 34<sup>95</sup> NOW 24<sup>95</sup> each**

Creme of Nature Argan Moisture & Shine Shampoo 354ml / Assorted **OR** Leave In Conditioner 250ml / Assorted **WAS 129<sup>95</sup> NOW 99<sup>95</sup> each**

Creme of Nature Argan Intensive Conditioning Treatment 50g sachet / Assorted **WAS 39<sup>95</sup> NOW 29<sup>95</sup>**

**Dis-Chem PHARMACIES**



# Bathing Baby

**Johnson's** A new generation of gentle to protect baby's delicate skin



**Baby Soap**  
4 x 120g / Assorted  
**29<sup>95</sup>** per pack

**2+1 FREE**  
on ANY Johnson's Baby Lotion 500ml



**Baby Lotion**  
500ml pump / Assorted  
**69<sup>95</sup>** each



**Baby Powder**  
500g  
**WAS 46<sup>95</sup>**  
**NOW 39<sup>95</sup>**



**Dis-Chem brands fewer RANDS**



**Baby Things Honey Body Wash**  
1 litre pump  
**54<sup>95</sup>**



**Baby Things Shampoo**  
1 litre pump  
**59<sup>95</sup>**

Discovery Vitality members get up to 50% back on the above HealthyCare items, look for the Vitality HealthyCare indicator in store for more. Discovery Vitality (Pty) Ltd. Auth FSP. Limits, Ts&Cs apply.

# Changing Baby



**Premium Care Pants Value Pack**  
**OR Premium Care Nappies Value Pack**  
Assorted sizes and quantities

**WAS 239<sup>95</sup>**  
**NOW 199<sup>95</sup>**  
per pack

**Active Baby Pants**  
Jumbo Pack  
Assorted sizes and quantities



**WAS 239<sup>95</sup>**  
**NOW 209<sup>95</sup>**  
per pack



**Baby-Dry Nappies Jumbo Pack**  
Assorted sizes and quantities



**Dis-Chem brands fewer RANDS**

**Baby Things**  
Quality Baby Products



**2 FOR 70<sup>00</sup>**  
**SAVE 29<sup>90</sup>**

**Baby Powder**  
750g



**Fresh Wipes Value Pack**  
6 x 80 wipes  
**WAS 149<sup>95</sup>**  
**NOW 109<sup>95</sup>**  
per pack



**Gold Nappies Jumbo Pack**  
Assorted sizes and quantities

**WAS 239<sup>95</sup>**  
**NOW 199<sup>95</sup>**

Price per Nappy		
Size 2 (New baby)	94-pack	2 <sup>13</sup>
Size 3 (JP)	76-pack	2 <sup>63</sup>
Size 4 (JP)	66-pack	3 <sup>03</sup>
Size 4+ (JP)	62-pack	3 <sup>23</sup>
Size 5 (JP)	52-pack	3 <sup>83</sup>

**HUGGIES SA's No.1 Nappy Brand\***



**Natural Care Baby Wipes**  
4 x 56 wipes  
**WAS 99<sup>95</sup>**  
**NOW 79<sup>95</sup>**  
per pack



**Nappies**  
Assorted sizes and quantities  
**149<sup>95</sup>** per pack

Price per Nappy		
Size 2	66-pack	2 <sup>27</sup>
Size 3	72-pack	2 <sup>08</sup>
Size 4	60-pack	2 <sup>56</sup>
Size 5	50-pack	3 <sup>00</sup>



## Feeding Baby

**1 FOR 8<sup>95</sup>**  
**5 FOR 37<sup>00</sup>**  
**SAVE 7<sup>75</sup>**

**Squish 100% Fruit Puree Pouches**  
110ml Assorted

**Novalac Junior**  
3-5 Years  
Banana & Apple  
800g

**WAS 184<sup>95</sup>**  
**NOW 147<sup>95</sup>**

**PediaSure 3+ Vanilla Flavour Value Pack**  
1.6kg

**WAS 399<sup>95</sup>**  
**NOW 369<sup>95</sup>**

**NESTLÉ CERELAC Stage 2 (Just add Water)**  
500g / Assorted

**WAS 62<sup>95</sup>**  
**NOW 56<sup>95</sup>**

**NESTLÉ NESTUM Stages 1-3 (Just add Milk)**  
500g / Assorted

**WAS 35<sup>95</sup>**  
**NOW 35<sup>95</sup>**

**KIDDYLICIOUS Fruit Wriggles**  
12g / Assorted

**WAS 14<sup>95</sup>**  
**NOW 11<sup>95</sup> each**

**KIDDYLICIOUS Mini Coconut Rolls**  
55g Assorted

**WAS 69<sup>95</sup>**  
**NOW 54<sup>95</sup> each**

**KIDDYLICIOUS Straws**  
12g / Assorted

**WAS 19<sup>95</sup>**  
**NOW 15<sup>95</sup> each**

## Mom & Baby Essentials

**Nuby Medical Kit**

**WAS 164<sup>95</sup>**  
**NOW 129<sup>95</sup> per pack**

**Manual Silicone Breast Pump**

**WAS 146<sup>95</sup>**  
**NOW 129<sup>95</sup>**

**Nuby Baby Tooth & Gum Cleaner**  
20g / Assorted

**WAS 110<sup>95</sup>**  
**NOW 79<sup>95</sup>**

**Baby Toothpaste with Gum Cleaner**  
20g / Assorted

**WAS 110<sup>95</sup>**  
**NOW 79<sup>95</sup>**

**Mosquito Repellent Clips**  
2 Repellent Clips

**WAS 62<sup>95</sup>**  
**NOW 44<sup>95</sup>**

**Shampoo Rinse Cup Assorted**

**WAS 99<sup>95</sup>**  
**NOW 74<sup>95</sup> each**

**Citrognix Mosquito Clip**

**WAS 62<sup>95</sup>**  
**NOW 44<sup>95</sup>**

**Icy Bite Teether Assorted**

**FROM 59<sup>95</sup> each**

**Dummy Holder Assorted**

**WAS 73<sup>95</sup>**  
**NOW 49<sup>95</sup> each**

**Nuby Pacifier Cradle**

**WAS 73<sup>95</sup>**  
**NOW 49<sup>95</sup> each**

**NEW**

**15%\* OFF**  
Vital Baby Incredible Cool Cup AND Baby Sippy Cup

**Vital Baby Incredible Cool Cup**  
290ml / Assorted

**WAS 149<sup>95</sup>**  
**NOW 127<sup>46</sup> each**

**Vital Baby Sippy Straw Cup**  
340ml / Assorted

**WAS 109<sup>95</sup>**  
**NOW 93<sup>46</sup> each**

\*Advertised prices already reflect discount

**Dis-Chem brands fewer RANDS**

**Softi Maternity Pads**  
12-pack

**WAS 24<sup>95</sup>**  
**NOW 24<sup>95</sup> per pack**

**Softi Nursing Pads**  
40-piece

**WAS 59<sup>95</sup>**  
**NOW 59<sup>95</sup> per pack**

**Philips Avent Animal Shape Soothers**  
2-pack 0-3 months

**WAS 189<sup>95</sup>**  
**NOW 189<sup>95</sup> per pack**

**Philips Avent Soothers**  
2-pack 0-6 months

**WAS 144<sup>95</sup>**  
**NOW 144<sup>95</sup> per pack**

**2+1 CHEAPEST FREE**  
on ANY Philips Avent Soothers AND Soothers

**Pigeon Milk Saver Pump**

**WAS 189<sup>95</sup>**  
**NOW 159<sup>90</sup>**

**Bump Eco Nappy Kit**  
Contains:  
• 3 eco washable nappies  
• 5 nappy inserts  
• 1 roll nappy liners  
• 1 free nappy bag

**WAS 399<sup>95</sup>**  
**NOW 349<sup>95</sup>**

**Exclusive to Dis-Chem Benefit Card members**

**At Dis-Chem we understand the expenses related to having babies. Very Important Babies (V.I.BeEs)**

**Nappy Programme will help you along the way!**

**Pampers**  
**Baby Things**

**FREE PACK OF NAPPIES\***

**Receive one free pack of nappies after purchasing 10 packs of the same brand**

\*Exclusive to Benefit Card members

**Swipe your Dis-Chem Benefit Card when purchasing selected Pampers, Huggies, Baby Things OR Panda nappy packs and qualify to receive a voucher for your 11th pack FREE, which can be redeemed against your next purchase.**

\*Terms and conditions apply. Details on dischem.co.za



## Children's Health



Viraway Immune Junior Syrup 200ml

WAS 102<sup>95</sup>  
NOW 89<sup>95</sup>



Reuterina Junior 30 chew tablets

WAS 187<sup>95</sup>  
NOW 174<sup>95</sup>



**FREE**  
Velobiotics Biokid Probiotic 10 tablets valued at 109<sup>95</sup> when you purchase Kidivite Syrup 200ml

Kidivite Syrup 200ml

99<sup>95</sup>

Velobiotics Biokid Probiotic available at selected stores - details on [dischem.co.za](http://dischem.co.za)



Crèche Guard Immune Multivit Syrup 200ml

WAS 154<sup>95</sup>  
NOW 144<sup>95</sup>



Brain Child Value Pack 60 fish oil burstlets PLUS 60 multivit chew tablets

WAS 289<sup>95</sup>  
NOW 259<sup>95</sup> per pack

## CBD



Hemp Extract Full Spectrum CBD 100mg 10ml drops

WAS 294<sup>95</sup>  
NOW 149<sup>00</sup>



Hemp Extract Full Spectrum CBD 400mg 10ml drops

WAS 995<sup>95</sup>  
NOW 495<sup>00</sup>



Cannabex Muscle and Joint CBD Cream 50ml

WAS 349<sup>95</sup>  
NOW 299<sup>95</sup>



Hemp Extract Pure CBD 100mg 10ml drops

WAS 294<sup>95</sup>  
NOW 279<sup>95</sup>



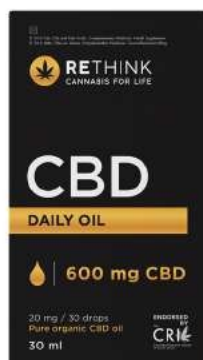
Cannabex CBD Oil 225mg 15ml drops

WAS 499<sup>95</sup>  
NOW 449<sup>95</sup>



Bio-Canna Daily CBD 50mg 5ml drops

199<sup>95</sup>



ReThink CBD Daily Oil 600mg 30ml drops

699<sup>95</sup>



First & Free™ CBD 600mg 30 capsules

WAS 549<sup>95</sup>  
NOW 499<sup>95</sup>



ReThink CBD Daily Capsules 600mg 30 capsules

699<sup>95</sup>

## Eye and Lens Care

### AN EYE OPENER ON DRY EYES

Dry Eye, a condition in which you either do not produce enough tears or your tears are of a poor quality, is one of the most common eye conditions worldwide.

For more information regarding this topic and for references visit: <http://www.optive.co.za/blogs>

**Your Dry Eye Solution for day or night.**

Ask your pharmacist for more information

**Allergan**



Optive Fusion Eye Drops 10ml

119<sup>95</sup>



Xailin Eye Gel 10g

WAS 129<sup>95</sup>  
NOW 104<sup>95</sup>



Eye Gene Eye Drops 5ml

WAS 27<sup>95</sup>  
NOW 24<sup>95</sup>



Acuvue RevitaLens 360ml

114<sup>95</sup>



## UCOUNT at Dis-Chem

A brand new partnership, even better rewards.

We've got great news! You can get up to 20%\* back in UCount Rewards Points every time you swipe your qualifying card. Plus, you can also earn 5%\* back in UCount Rewards Points when you redeem your points at **Dis-Chem**. Visit [ucount.standardbank.co.za](http://ucount.standardbank.co.za) to get going.

Ts&Cs apply. Auth FSP NCRCP15. Only valid in South Africa.

**UCOUNT**  
REWARDS



Standard Bank **IT CAN BE**





# Bone & Joint Health



**Biogen Joint Care**  
60 tablets

**WAS 124<sup>95</sup>**  
**NOW 109<sup>95</sup>**



**Piascledine®**  
30 capsules

**WAS 299<sup>95</sup>**  
**NOW 279<sup>95</sup>**



**Arthroguard Joint Repair**  
90 tablets

**WAS 199<sup>95</sup>**  
**NOW 169<sup>95</sup>**



**Arthroguard Acute Intensive**  
90 tablets

**WAS 250<sup>95</sup>**  
**NOW 219<sup>95</sup>**

**Dis-Chem brands fewer Rands**



**Dis-Chem GOLD**  
**DEVIL'S CLAW & CELERY**  
90 tablets

**WAS 89<sup>95</sup>**  
**NOW 79<sup>95</sup>**



**Dis-Chem GOLD**  
**MSM**  
90 capsules

**WAS 94<sup>95</sup>**  
**NOW 84<sup>95</sup>**



**Dis-Chem GOLD**  
**GLUCOSAMINE**  
240 tablets

**WAS 245<sup>95</sup>**  
**NOW 219<sup>95</sup>**



**mni RheumaLin**  
60 tablets

**WAS 229<sup>95</sup>**  
**NOW 209<sup>95</sup>**



**Zyora Zylflex**  
30 capsules

**WAS 259<sup>95</sup>**  
**NOW 229<sup>95</sup>**



**SOLAL®**  
**GOUT RELIEF**  
60 capsules

**WAS 374<sup>95</sup>**  
**NOW 339<sup>95</sup>**



**FutureLife Repair Food Nutritional Supplement Value Pack**  
30 x 75g sachets

**699<sup>95</sup> per pack**



# Omegas & Heart Health

**Biogen Omega 3 Value Pack**  
90 softgel capsules  
**PLUS**  
90 softgel capsules

**WAS 189<sup>95</sup>**  
**NOW 169<sup>95</sup> per pack**

**20%\* OFF ALL Vital products**



**Vital Omega 3, 6 & 9**  
30 softgel capsules

**WAS 84<sup>95</sup>**  
**NOW 67<sup>96</sup>**

**25%\* OFF ReVite Omega-3 1000mg 90 softgels**



**ReVite Omega-3 1000mg**  
90 softgels

**WAS 124<sup>95</sup>**  
**NOW 93<sup>71</sup>**

\*Advertised prices already reflect discounts



**Biogen Co-Enzyme Q10 150mg**  
60 capsules

**WAS 249<sup>95</sup>**  
**NOW 229<sup>95</sup>**



**mni RyChol**  
60 tablets

**WAS 284<sup>95</sup>**  
**NOW 269<sup>95</sup>**



**VasQ10**  
30 days supply

**WAS 149<sup>95</sup>**  
**NOW 129<sup>95</sup>**

**2+1 CHEAPEST FREE on Eye Q 60 AND 180 capsules AND chews**



**Eye Q Chews**  
60 chewable capsules

**249<sup>95</sup> each**



**Eye Q Capsules**  
180 capsules

**529<sup>95</sup> each**



**The Real Thing Mega Omega Supreme**  
60 capsules

**WAS 199<sup>95</sup>**  
**NOW 179<sup>95</sup>**

## Dis-Chem 60Plus Programme

**60Plus** Members earn **DOUBLE** points\* every Wednesday.

Other benefits include:



A **FREE\*** blood pressure test at our clinics

**SKINSTRATEGY** PROFESSIONAL HAIR salon

Discounts on selected treatments in **Dis-Chem** SkinStrategy Salons and professional Hair Salons

Scan QR code to find out more



\*Terms and conditions apply, details on dischem.co.za



Promotional offers valid until 13 December 2020 while stocks last – may not be available in all stores. NB: These prices only valid on cash and card purchases, standard rates apply for all medical aid claims. These unregistered medicines have not been evaluated by the SAHPRA for their quality, safety or intended use.



# Confectionery



1 FOR 15<sup>95</sup>  
2 FOR 25<sup>00</sup>  
SAVE 6<sup>90</sup>

Nestlé Milkybar 80g  
OR Milo 80g  
OR Smarties Bar 80g  
OR Crunch 80g



Nestlé  
Kit Kat OR Rolo OR  
Aero Chocolate Slab  
135g/150g

WAS 25<sup>95</sup>  
NOW 24<sup>95</sup> each



1 FOR 18<sup>95</sup>  
2 FOR 36<sup>00</sup>  
SAVE 1<sup>90</sup>

Lindt Excellence  
Chocolate Bar  
35g / Assorted



Lindt Excellence  
Chocolate  
Slabs  
100g  
Assorted

WAS 49<sup>95</sup>  
NOW 42<sup>95</sup> each



Cadbury  
Chocolate  
Slab  
80g / Assorted

WAS 15<sup>95</sup>  
NOW 12<sup>95</sup> each



1 FOR 37<sup>95</sup>  
3 FOR 100<sup>00</sup>  
SAVE 13<sup>85</sup>

Wedgewood Nougat  
100g / Assorted



Arnott's Tim Tam Biscuits  
175g/200g  
Assorted

1 FOR 54<sup>95</sup>  
2 FOR 90<sup>00</sup>  
SAVE 19<sup>90</sup>

Beacon  
Heavenly  
Selection  
Chocolates  
and Pralines  
500g

WAS 69<sup>95</sup>  
NOW 69<sup>95</sup>



Locker  
Gran  
Pasticceria  
100g  
Assorted

WAS 52<sup>95</sup>  
NOW 42<sup>95</sup>



1 FOR 12<sup>95</sup>  
3 FOR 25<sup>00</sup>  
SAVE 13<sup>85</sup>

Dentyne Chewing Gum  
24-pieces / Assorted



Mister Sweet  
Gums & Jellies  
100g/125g  
Assorted

1 FOR 19<sup>95</sup>  
2 FOR 32<sup>00</sup>  
SAVE 7<sup>90</sup>

Super C  
Rolls  
36.9g  
Assorted



1 FOR 9<sup>95</sup>  
3 FOR 20<sup>00</sup>  
SAVE 9<sup>85</sup>



1 FOR 9<sup>95</sup>  
2 FOR 16<sup>00</sup>  
SAVE 3<sup>90</sup>

Mentos Roll  
38g / Assorted



Rowntree's  
Randoms 100g  
OR Fruit Pastilles  
125g

1 FOR 46<sup>95</sup>  
2 FOR 60<sup>00</sup>  
SAVE 33<sup>90</sup>

34<sup>95</sup> each

Halls  
Lozenges  
10-pieces  
Assorted



1 FOR 9<sup>95</sup>  
3 FOR 20<sup>00</sup>  
SAVE 9<sup>85</sup>



Mentos  
Gum  
60-pieces  
Assorted

WAS 49<sup>95</sup>  
NOW 39<sup>95</sup> each



Manhattan  
Pops  
210g  
Assorted

WAS 16<sup>95</sup>  
NOW 14<sup>95</sup> each



Kellogg's  
Rice Krispies  
OR Coco Pops  
Treats Cereal  
Bars  
Multi Pack  
6-pack

# Refreshments



1 FOR 11<sup>50</sup>  
2 FOR 15<sup>00</sup>  
SAVE 8<sup>00</sup>

Energade  
Sports  
Drink  
500ml  
Assorted



2+1  
FREE  
on ANY Lipton  
Ice Tea  
500ml

Lipton  
Ice Tea  
500ml  
Assorted

14<sup>95</sup> each



1 FOR 15<sup>95</sup>  
2 FOR 28<sup>00</sup>  
SAVE 3<sup>90</sup>

Red Bull  
Energy  
Drink  
250ml  
Assorted



Glaceau  
Vitamin Water  
500ml / Assorted

WAS 14<sup>95</sup>  
NOW 12<sup>95</sup> each



• SWIPE  
• SAVE  
• CONTRIBUTE  
TO GOOD  
CAUSES



Scan QR  
code to shop  
directly online



Delivered to your door  
OR collect from any Dis-Chem store  
nationwide - dischem.co.za  
Free delivery on  
orders of 600<sup>00</sup> or more.  
No charge for collection in store



dischem.co.za

Dis-Chem reserves the right to limit the quantity of any item offered for sale. Sale products may vary from photographs.  
Pictures are for illustration purposes only. Some offers may not be available at all stores, including Dis-Chem Express, Dis-Chem Mutual Park,  
Dis-Chem The Local Choice and Dis-Chem Botswana. Prices include VAT and are valid for cash, cheque or credit card. E&OE.

Customer careline 0860 347 243 careline@dischem.co.za | Prices and offers valid 20 November - 13 December 2020 while stocks last

SEE PAGES 1 & 2 FOR BLACK FRIDAY DEALS

Dis-Chem  
PHARMACIES

Pharmacists who care



# Dis-Chem PHARMACIES

## YOUR BLACK FRIDAY PHARMACY

**BIG  
Offers**  
**HUGE  
SAVINGS**

**NOW FOR  
7 DAYS**  
23 NOVEMBER TO  
29 NOVEMBER 2020

**TED LAPIDUS Pour Homme Spray EDT 100ml**  
**NOW ONLY 325<sup>00</sup>**  
**SAVE 270<sup>00</sup>**

**MEDIC+ FOLDABLE WALKING STICK**  
**NOW ONLY 85<sup>00</sup>**  
**SAVE 50<sup>00</sup>**

**CONTOUR PLUS Glucose Test Strips 50-pack PLUS CONTOUR PLUS Meter Kit Banded Pack**  
**NOW ONLY 185<sup>00</sup> per pack**

**PANTENE Shampoo OR Conditioner 400ml OR Treatments 200ml/300ml Assorted**  
**ANY 2 FOR 75<sup>00</sup>**  
**SAVE 64<sup>90</sup>**

**E45 Pump OR Jar 500g**  
**NOW ONLY 129<sup>95</sup> each**  
**SAVE 90<sup>00</sup>**

**FUTURELIFE Smart Food 500g OR Ancient Grains & Oats 500g Assorted**  
**ANY 2 FOR 60<sup>00</sup>**  
**SAVE 15<sup>90</sup>**

**ESSENTIALE Extreme 100 capsules**  
**1+1 FREE**  
**223<sup>95</sup> each**

**1L VALUE PACK LISTERINE Zero Mouthwash Value Pack 1 litre**  
**NOW ONLY 54<sup>95</sup>**  
**SAVE 35<sup>00</sup>**

**RADOX Bodywash 400ml Assorted**  
**ANY 2 FOR 55<sup>00</sup>**  
**SAVE 30<sup>90</sup>**

**PEACEFUL SLEEP Insect Repellent Aerosol 150g**  
**2 FOR 100<sup>00</sup>**  
**SAVE 53<sup>90</sup>**

**IN STORE ONLY**  
No click & collect

**STEEL WHEELCHAIR\* 37980**  
**NOW ONLY 1595<sup>00</sup>**  
**SAVE 400<sup>00</sup>**

*\*Available at selected stores - while stocks last*

**BLOOD PRESSURE Monitor BF6151**  
**NOW ONLY 350<sup>00</sup>**

**COMFORT Fabric Conditioner Value Pack 800ml Assorted**  
**ANY 3 FOR 70<sup>00</sup>**  
**SAVE 40<sup>85</sup>**

**NPL Hyper Gain All-in-one Mass 4kg / Assorted**  
**2 FOR 399<sup>95</sup>**  
**SAVE 32<sup>00</sup>**

**PRINGLES 110g Assorted**  
**ANY 3 FOR 50<sup>00</sup>**  
**SAVE 15<sup>85</sup>**

**PAMPERS Active Baby Nappies OR Pants Jumbo Pack OR Premium Care Nappies OR Pants Value Pack Assorted sizes and quantities**  
**NOW ONLY 159<sup>95</sup> per pack**  
**SAVE 70<sup>00</sup>**

**ONLINE ONLY**  
Delivery only  
No click & collect

**FITBIT Versa 2 Smart Watch Assorted colours**  
**NOW ONLY 2999<sup>95</sup>**  
**SAVE 1200<sup>00</sup>**

**FITBIT Charge 4 Smart Watch Assorted colours**  
**NOW ONLY 2199<sup>95</sup>**  
**SAVE 800<sup>00</sup>**

**25%\* OFF PROBIOTIC & OMEGA PRODUCTS\*\***

*\*Discount to be deducted at tills.  
\*\*Offer excludes advertised lines.*

**NOW FOR ONE WEEK!** MORE DEALS FOR YOU IN STORE AND ONLINE!  
LIMITED TO 6 x SAME PRODUCT OFFER PER PURCHASE. AVAILABLE WHILE STOCKS LAST.



# Dis-Chem PHARMACIES

## YOUR BLACK FRIDAY PHARMACY

**BIG**  
*Offers*  
**HUGE**  
SAVINGS

**NOW FOR  
7 DAYS**  
23 NOVEMBER TO  
29 NOVEMBER 2020

**TED LAPIDUS Pour Homme Spray EDT 100ml**  
**NOW ONLY 325<sup>00</sup>**  
**SAVE 270<sup>00</sup>**

**MEDIC+ FOLDABLE WALKING STICK**  
**NOW ONLY 85<sup>00</sup>**  
**SAVE 50<sup>00</sup>**

**CONTOUR PLUS Glucose Test Strips 50-pack PLUS CONTOUR PLUS Meter Kit Banded Pack**  
**NOW ONLY 185<sup>00</sup> per pack**

**PANTENE Shampoo OR Conditioner 400ml OR Treatments 200ml/300ml Assorted**  
**ANY 2 FOR 75<sup>00</sup>**  
**SAVE 64<sup>90</sup>**

**E45 Pump OR Jar 500g**  
**NOW ONLY 129<sup>95</sup> each**  
**SAVE 90<sup>00</sup>**

**FUTURELIFE SmartFood 500g OR Ancient Grains & Oats 500g Assorted**  
**ANY 2 FOR 60<sup>00</sup>**  
**SAVE 15<sup>90</sup>**

**ESSENTIALE Extreme 100 capsules**  
**1+1 FREE**  
**223<sup>95</sup> each**

**LISTERINE Zero Mouthwash Value Pack 1 litre**  
**NOW ONLY 54<sup>95</sup>**  
**SAVE 35<sup>00</sup>**

**RADOX Bodywash 400ml Assorted**  
**ANY 2 FOR 55<sup>00</sup>**  
**SAVE 30<sup>90</sup>**

**PEACEFUL SLEEP Insect Repellent Aerosol 160g**  
**2 FOR 100<sup>00</sup>**  
**SAVE 53<sup>90</sup>**

**IN STORE ONLY**  
No click & collect

**STEEL WHEELCHAIR\* 37980**  
**NOW ONLY 1595<sup>00</sup>**  
**SAVE 400<sup>00</sup>**

*\*Available at selected stores - while stocks last*

**BLOOD PRESSURE Monitor BF615\***  
**NOW ONLY 350<sup>00</sup>**

**COMFORT Fabric Conditioner Value Pack 800ml Assorted**  
**ANY 3 FOR 70<sup>00</sup>**  
**SAVE 40<sup>85</sup>**

**Hyper Gain All-in-one Mass 4kg / Assorted**  
**2 FOR 399<sup>95</sup>**  
**SAVE 339<sup>95</sup>**

**COMFORT Fabric Conditioner Value Pack 800ml Assorted**  
**ANY 3 FOR 70<sup>00</sup>**  
**SAVE 40<sup>85</sup>**

**PRINGLES 110g Assorted**  
**ANY 3 FOR 50<sup>00</sup>**  
**SAVE 15<sup>85</sup>**

**PAMPERS Active Baby Nappies OR Pants Jumbo Pack OR Premium Care Nappies OR Pants Value Pack Assorted sizes and quantities**  
**NOW ONLY 159<sup>95</sup> per pack**  
**SAVE 70<sup>00</sup>**

**ONLINE ONLY**  
Delivery only  
No click & collect

**FITBIT Versa 2 Smart Watch Assorted colours**  
**NOW ONLY 2999<sup>95</sup>**  
**SAVE 1200<sup>00</sup>**

**FITBIT Charge 4 Smart Watch Assorted colours**  
**NOW ONLY 2199<sup>95</sup>**  
**SAVE 800<sup>00</sup>**

**25%\* OFF PROBIOTIC & OMEGA PRODUCTS\*\***

*\*Discount to be deducted at tills.  
\*\*Offer excludes advertised lines.*

**NOW FOR ONE WEEK!** MORE DEALS FOR YOU IN STORE AND ONLINE!  
LIMITED TO 6 x SAME PRODUCT OFFER PER PURCHASE. AVAILABLE WHILE STOCKS LAST.



# SALE NOW ON

19 NOVEMBER 2020 - 10 JANUARY 2021



## SITHI WENA

### YOU DESERVE IT

### YOU DESERVE A BEAUTIFUL HOME



**WE'RE MAKING  
A DIFFERENCE**

Our factories  
**recycle & reuse**  
many of the  
manufacturing  
materials



Kyra Ivory Floor  
& Wall EcoTec

**WAS 74<sup>90</sup>**

**NOW**

**69<sup>90</sup>**

PER m<sup>2</sup>

350X350mm  
& 300X200mm

FLOOR CODE:

PG1UKY120500E

WALL CODE:

WS1CKY11A2E



Lantern Beige Listello

**NOW 37<sup>90</sup>**

EACH • 320X65mm

CODE: FTLS0103



Elf Laminates

**FROM**

**169<sup>90</sup>**

PER m<sup>2</sup> • 7mm

**R100  
OFF EACH  
BIG SAVINGS**



Onyx Basin  
Mixer Swivel

**WAS 999<sup>90</sup>**

**NOW**

**899<sup>90</sup>**

EACH  
CODE: TVON4840/CH

**R200  
OFF EACH  
BIG SAVINGS**



Lebo Cement Grey Floor Standing

Cabinet & Basin 550

**WAS 1899<sup>90</sup>**

**NOW**

**1699<sup>90</sup>**

EACH • EXCL. TAP

• 550X800X298mm

CODE:

XXBSCBLEB550CG

WHITE AVAILABLE

**1699<sup>90</sup>**

CODE:

XXBSCBLEB550CW



Mood White Freestanding Basin

**WAS 899<sup>90</sup>**

**NOW**

**799<sup>90</sup>**

EACH • INCL. TAPHOLE & OVERFLOW

CODE: BE1WH9152



Coral White

Top Flush

Toilet Suite

**NOW**

**999<sup>90</sup>**

EACH • INCL. SEAT &

MECHANISM

CODE: BE1WH813



**R400  
OFF EACH  
BIG SAVINGS**



Diplomat White Eco Suite,

Tivoli 80 Cistern & Capri Plate

**WAS 3699<sup>90</sup>**

**NOW**

**3 299<sup>90</sup>**

EACH • INCL. SEAT

& FIXATION

CODE: XXWH781



**R100  
OFF EACH  
BIG SAVINGS**



CTG701 St Matheus

Quadrant Shower

Door Chrome 885

**WAS 2 399<sup>90</sup>**

**NOW**

**2 299<sup>90</sup>**

EACH

CODE: CTSHMCQD900

Dayton Bone

**WAS 109<sup>90</sup>**

**NOW 99<sup>90</sup>**

PER m<sup>2</sup> • 300X600mm

CODE: WS1CDY11A7L



Sylvian Feature

**WAS 159<sup>90</sup>**

**NOW 144<sup>90</sup>**

PER m<sup>2</sup> • 300X600mm

CODE: WS1FCSY99M7



Cathalea White Freestanding

Bath 1700

**WAS 12 999<sup>90</sup>**

**NOW 12 899<sup>90</sup>**

EACH

CODE: FTBAWH180004



Wall Mount Shower Screen

**WAS 2 899<sup>90</sup>**

**NOW 2 799<sup>90</sup>**

EACH • 2000X1000mm

CODE: CTSHF7106CH

CODE: CTSHF7100CH

Starbuck Grey Matt Porcelain EcoTec

**NOW 114<sup>90</sup>**

PER m<sup>2</sup> 600X600mm

CODE: GR1CST200E



# SITHI WENA

## YOU DESERVE IT

### YOU DESERVE A BEAUTIFUL HOME



Flores Grey  
WAS 99<sup>90</sup>  
NOW **94<sup>90</sup>**  
PER m<sup>2</sup> • 250X400mm  
CODE: WS1CFL20A4L



Coral White Top Flush  
7-Piece Bath Set  
WAS 3129<sup>90</sup>  
NOW **2999<sup>90</sup>**  
EACH • EXCL. WASTE &  
OVERFLOW • INCL SEAT  
& MECHANISM  
CODE: XXWH6932



Bermuda Blue Avocado Almond  
BERMUDA BLUE, AVOCADO & ALMOND  
AVAILABLE FROM 3199<sup>90</sup> EXCL. SEAT

Flores Grey  
WAS 99<sup>90</sup>  
NOW **94<sup>90</sup>**  
PER m<sup>2</sup> • 430X430mm  
CODE: PG1UFL200018A



## LOCALLY MADE AND PROUD OF IT

BEST  
TOGETHER

Zaffiro Grey  
WAS 119<sup>90</sup>  
NOW **104<sup>90</sup>**  
PER m<sup>2</sup> • 500X500mm  
CODE: PG1UZA200030

Zaffiro Ash  
WAS 109<sup>90</sup>  
NOW **99<sup>90</sup>**  
PER m<sup>2</sup> • 300X600mm  
CODE: WS1CZF21A7L

Vintage Spotter  
WAS 149<sup>90</sup>  
NOW **139<sup>90</sup>**  
EACH • 300X600mm  
CODE: FTSP0046

R10  
OFF PER m<sup>2</sup>  
BIG SAVINGS



Arabescato Glossy  
Porcelain Tile  
WAS 179<sup>90</sup>  
NOW **169<sup>90</sup>**  
PER m<sup>2</sup> • 450X900mm  
CODE: GR1CAR5123

450mm

900mm



Thabi  
Warm Earth  
Wall Hung Cabinet  
With Mirror & Topino  
White Freestanding  
Basin  
NOW **1999<sup>90</sup>**  
EACH • EXCL. TAP  
CODE: XXBSTHA500WECT



## LOCALLY MADE AND PROUD OF IT

Maxeke Mosaic  
WAS 99<sup>90</sup>  
NOW **89<sup>90</sup>**  
EACH • 300X300mm  
CODE: CFMO300PM0020

Maxeke Rust  
WAS 139<sup>90</sup>  
NOW **129<sup>90</sup>**  
PER m<sup>2</sup> • 420X635mm  
CODE: VTIKMA38631

R300  
OFF EACH  
BIG SAVINGS

Tile Heater Orange  
13-16 m<sup>2</sup>  
WAS 4799<sup>90</sup>  
NOW **4499<sup>90</sup>**  
EACH  
CODE: KLTH001



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PAY FOR IT LATER  
WITH CTM CREDIT



Check if you qualify for a CTM STORE CARD:  
SMS 'CTM' to 47542 & follow the prompts. SA only.

SHOP ONLINE [www.ctm.co.za](http://www.ctm.co.za)



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details or apply online [www.ctm.co.za/builder](http://www.ctm.co.za/builder).

Prices valid 19 November 2020 - 10 January 2021. Valid while stocks last. Quantity limited per  
store. Prices valid in South Africa & Lesotho only. E&OE. CT1567/SA/Lesotho.



**U-LIGHT** [www.u-light.co.za](http://www.u-light.co.za)

FOR ALL YOUR LIGHTING REQUIREMENTS!

BROUGHT TO YOU BY CTM



# ULTRALIQUORS



<b>Hennessy VS Cognac</b> <b>399<sup>99</sup></b> <small>750ml</small> <small>12 x 750ml R4 776.00</small> <small>Unit price per case R398.00</small>	<b>Chivas Regal 12YR Old Scotch Whisky</b> <b>289<sup>99</sup></b> <small>750ml</small> <small>6 x 750ml R1 728.00</small> <small>Unit price per case R288.00</small>	<b>Johnnie Walker Red Label</b> <b>209<sup>99</sup></b> <small>750ml</small> <small>12 x 750ml R2 460.00</small> <small>Unit price per case R205.00</small>	<b>Ballantine's Scotch Whisky</b> <b>169<sup>99</sup></b> <small>750ml</small> <small>12 x 750ml R1 999.00</small> <small>Unit price per case R166.58</small>	<b>Red Heart Rum</b> <b>164<sup>99</sup></b> <small>750ml</small> <small>12 x 750ml R1 899.00</small> <small>Unit price per case R158.25</small>	<b>Richelieu Export Brandy</b> <b>154<sup>99</sup></b> <small>750ml</small> <small>12 x 750ml R1 799.00</small> <small>Unit price per case R149.92</small>	<b>Vat 69 Scotch Whisky</b> <b>129<sup>99</sup></b> <small>750ml</small> <small>12 x 750ml R1 499.00</small> <small>Unit price per case R124.91</small>
<b>Tanqueray Imported Gin</b> <b>219<sup>99</sup></b> <small>750ml</small> <small>12 x 750ml R2 599.00</small> <small>Unit price per case R216.58</small>	<b>Olmea Reposado, Silver OR Black Tequila</b> <b>199<sup>99</sup></b> <small>750ml</small> <small>12 x 750ml R2 340.00</small> <small>Unit price per case R195.00</small>	<b>Sky Vodka Range</b> <b>189<sup>99</sup></b> <small>750ml</small> <small>12 x 750ml R2 220.00</small> <small>Unit price per case R185.00</small>	<b>Gordon's London Dry Gin</b> <b>139<sup>99</sup></b> <small>750ml</small> <small>12 x 750ml R1 649.00</small> <small>Unit price per case R137.41</small>	<b>Belgravia Gin Range</b> <b>124<sup>99</sup></b> <small>750ml</small> <small>6 x 750ml R738.00</small> <small>Unit price per case R123.00</small>	<b>Smirnoff 1818 Vodka</b> <b>119<sup>99</sup></b> <small>750ml</small> <small>12 x 750ml R1 399.00</small> <small>Unit price per case R116.58</small>	<b>Russian Bear Vodka</b> <b>119<sup>99</sup></b> <small>750ml</small> <small>12 x 750ml R1 399.00</small> <small>Unit price per case R116.58</small>



## SHOP ONLINE

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Limited stores and delivery areas

[www.ultraliquors.co.za](http://www.ultraliquors.co.za) • 0800 004 414 • cash & carry only • quantities may be limited

**PRICES VALID FROM 17 TO 30 NOVEMBER 2020**





## IMPORTED FRENCH COGNACS & SOUTH AFRICAN BRANDIES

<b>Hennessy XO Cognac - 750ml</b> <b>2099</b> 12 x 750ml R24 600.00 Unit price per case R2 050.00	<b>Remy Martin VSOP Cognac</b> <b>599<sup>99</sup></b> 750ml 12 x 750ml R7 080.00 Unit price per case R590.00	<b>Hennessy VSOP Cognac</b> <b>599<sup>99</sup></b> 750ml 12 x 750ml R7 080.00 Unit price per case R590.00	<b>Honor VS Cognac</b> <b>379<sup>99</sup></b> 750ml 6 x 750ml R2 250.00 Unit price per case R375.00	<b>Courvoisier VS Cognac</b> <b>369<sup>99</sup></b> 750ml 12 x 750ml R4 320.00 Unit price per case R360.00 <b>PLUS FREE 1 litre SCHWEPPES GINGER ALE</b>	<b>KWV 10YR Old Brandy</b> <b>244<sup>99</sup></b> 750ml 12 x 750ml R2 899.00 Unit price per case R241.58 <b>PLUS FREE 1.25 litre APPLETISER</b>	<b>Klipdrift Premium Brandy</b> <b>169<sup>99</sup></b> 750ml 12 x 750ml R1 980.00 Unit price per case R165.00
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## IMPORTED PREMIUM MALTS & BLENDED SCOTCH WHISKY

<b>Johnnie Walker Blue Label - 750ml</b> <b>2299</b> 6 x 750ml R13 500.00 Unit price per case R2 250.00	<b>Glenfiddich 15YR Old Malt Whisky</b> <b>719<sup>99</sup></b> 750ml 12 x 750ml R8 499.00 Unit price per case R708.25	<b>Johnnie Walker Green Label</b> <b>649<sup>99</sup></b> 750ml 6 x 750ml R3 849.00 Unit price per case R641.50	<b>Johnnie Walker Gold Label Reserve</b> <b>579<sup>99</sup></b> 750ml 6 x 750ml R3 450.00 Unit price per case R575.00	<b>Glenfiddich 12YR Old Malt Whisky</b> <b>399<sup>99</sup></b> 750ml 12 x 750ml R4 776.00 Unit price per case R398.00	<b>The Glenlivet Founder's Reserve</b> <b>349<sup>99</sup></b> 750ml 12 x 750ml R4 176.00 Unit price per case R348.00	<b>Monkey Shoulder Blended Malt</b> <b>299<sup>99</sup></b> 750ml 6 x 750ml R1 788.00 Unit price per case R298.00
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## IMPORTED IRISH WHISKIES

<b>Jameson Select Reserve</b> <b>359<sup>99</sup></b> 750ml 12 x 750ml R4 260.00 Unit price per case R355.00	<b>Jameson Caskmates Stout OR IPA Whiskey</b> <b>329<sup>99</sup></b> 750ml 6 x 750ml R1 950.00 Unit price per case R325.00	<b>Jameson Irish Whiskey</b> <b>299<sup>99</sup></b> 750ml 12 x 750ml R3 480.00 Unit price per case R290.00	<b>Proper Twelve Irish Whiskey</b> <b>279<sup>99</sup></b> 750ml 12 x 750ml R3 300.00 Unit price per case R275.00	<b>Tullamore Dew Irish Whiskey</b> <b>249<sup>99</sup></b> 750ml 12 x 750ml R2 976.00 Unit price per case R248.00	<b>Bushmills Irish Whiskey</b> <b>249<sup>99</sup></b> 750ml 12 x 750ml R2 928.00 Unit price per case R244.00	<b>Paddy Irish Whiskey</b> <b>179<sup>99</sup></b> 750ml 12 x 750ml R2 099.00 Unit price per case R174.92
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## PREMIUM IMPORTED GIN & VODKA

<b>Inverroche Gin Range</b> <b>359<sup>99</sup></b> 750ml 6 x 750ml R2 130.00 Unit price per case R355.00 <b>PLUS FREE 1 litre FITCH &amp; LEEDS TONIC</b>	<b>Hendrick's Original Gin</b> <b>359<sup>99</sup></b> 750ml 12 x 750ml R4 260.00 Unit price per case R355.00 <b>PLUS FREE 1 litre FITCH &amp; LEEDS TONIC</b>	<b>Malfy Gin Range</b> <b>329<sup>99</sup></b> 750ml 6 x 750ml R1 949.00 Unit price per case R324.83 <b>PLUS FREE 1 litre FITCH &amp; LEEDS TONIC</b>	<b>Ciroc Vodka Range</b> <b>329<sup>99</sup></b> 750ml 12 x 750ml R3 900.00 Unit price per case R325.00	<b>Whitley Neill Gin Range</b> <b>269<sup>99</sup></b> 750ml 6 x 750ml R1 590.00 Unit price per case R265.00	<b>Roku Japanese Gin</b> <b>259<sup>99</sup></b> 750ml 6 x 750ml R1 530.00 Unit price per case R255.00 <b>PLUS FREE 1 litre SCHWEPPES TONIC</b>	<b>Bombay Sapphire London Dry Gin</b> <b>249<sup>99</sup></b> 750ml 12 x 750ml R2 940.00 Unit price per case R245.00 <b>PLUS FREE 1 litre SCHWEPPES TONIC</b>
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ULTRALIQUORS **UL**

PRICES VALID FROM 17 TO 30 NOVEMBER 2020

aware!org

Not for Persons Under the Age of 18. Enjoy Responsibly.



<b>Corona Mexican Beer</b> <b>289<sup>99</sup></b> 24x 355ml	<b>Buffelsfontein Lager OR Brandy &amp; Cola</b> <b>269<sup>99</sup></b> 24x 330ml / 275ml	<b>Castle Milk Stout Cans</b> <b>274<sup>99</sup></b> 24x 500ml	<b>Windhoek Draught Cans</b> <b>269<sup>99</sup></b> 24x 440ml	<b>Hansa Pilsener OR Castle Cans</b> <b>244<sup>99</sup></b> 24x 500ml	<b>Carling Black Label Bottles OR Cans</b> <b>199<sup>99</sup></b> 24x 330ml	<b>Devil's Peak Lager OR Lite</b> <b>119<sup>99</sup></b> 12x 330ml
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<b>Extreme Cans</b> <b>379<sup>99</sup></b> 24x 440ml	<b>Hunter's Dry OR Gold Cans</b> <b>299<sup>99</sup></b> 24x 440ml	<b>Belgravia OR Red Square Bottles</b> <b>279<sup>99</sup></b> 24x 275ml	<b>Savanna Premium Cider Bottle Range</b> <b>269<sup>99</sup></b> 24x 330ml	<b>Flying Fish Bottle Range</b> <b>239<sup>99</sup></b> 24x 330ml	<b>Esprit Bottle Range</b> <b>199<sup>99</sup></b> 24x 275ml	<b>Coca-Cola Can Range</b> <b>179<sup>99</sup></b> 24x 300ml Includes Fanta, Twist, Sparberry, Sprite OR Stoney Ranges
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<b>Savanna Premium Dry Cider OR Jean Half Lite</b> <b>204<sup>99</sup></b> 12x 500ml	<b>Striped Horse Sharing Pack</b> <b>189<sup>99</sup></b> 12x 600ml	<b>Castle Lite Sharing Pack</b> <b>172<sup>99</sup></b> 12x 660ml Excluding bottle & crate deposit	<b>Castle, Hansa OR Carling Sharing Pack</b> <b>152<sup>99</sup></b> 12x 750ml Excluding bottle & crate deposit
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<b>Smirnoff 1818 Vodka</b> <b>389<sup>99</sup></b> 12x 200ml	<b>Klipdrift Export Brandy</b> <b>439<sup>99</sup></b> 12x 200ml
<b>Gordon's London Dry Gin</b> <b>439<sup>99</sup></b> 12x 200ml	<b>Captain Morgan Spiced Gold</b> <b>459<sup>99</sup></b> 12x 200ml

PRICES VALID FROM 17 TO 30 NOVEMBER 2020

ULTRALIQUORS **UL**



<b>Dom Perignon</b> <b>2299<sup>99</sup></b> 750ml 6 x 750ml R13 200.00 Unit price per case R2 200.00	<b>Moët &amp; Chandon Nectar Imperial</b> <b>549<sup>99</sup></b> 750ml 6 x 750ml R3 299.00 Unit price per case R549.83	<b>Moët &amp; Chandon Brut Imperial</b> <b>489<sup>99</sup></b> 750ml 6 x 750ml R2 910.00 Unit price per case R485.00	<b>Graham Beck</b> <b>144<sup>99</sup></b> 750ml 6 x 750ml R840.00 Unit price per case R140.00 Brut, Brut Rosé, Bliss Nectar OR Bliss Nectar Rosé	<b>Krone</b> <b>134<sup>99</sup></b> 750ml 6 x 750ml R780.00 Unit price per case R130.00 Night Nectar, Night Nectar Rosé, Borealis Brut OR Brut Rosé	<b>Pongrácz</b> <b>134<sup>99</sup></b> 750ml 6 x 750ml R732.00 Unit price per case R122.00 Brut OR Brut Rosé	<b>J.C. Le Roux</b> <b>64<sup>99</sup></b> 750ml 6 x 750ml R384.00 Unit price per case R64.00 Le Domaine OR La Fleurette <b>NON ALCOHOLIC</b>
<b>Meerlust Rubicon</b> <b>379<sup>99</sup></b> 750ml 6 x 750ml R2 270.00 Unit price per case R378.33	<b>Boekenhoutskloof The Chocolate Block</b> <b>189<sup>99</sup></b> 750ml 6 x 750ml R1 135.00 Unit price per case R189.16	<b>Rupert &amp; Rothschild Classique</b> <b>179<sup>99</sup></b> 750ml 6 x 750ml R1 020.00 Unit price per case R170.00	<b>Kanonkop Kadette Cabernet Sauvignon</b> <b>139<sup>99</sup></b> 750ml 6 x 750ml R780.00 Unit price per case R130.00 <b>NEW</b>	<b>Springfield Life from Stone Sauvignon Blanc</b> <b>114<sup>99</sup></b> 750ml 6 x 750ml R649.00 Unit price per case R108.16 <b>SELECTED STORES ONLY</b>	<b>Fat Bastard Chardonnay</b> <b>76<sup>99</sup></b> 750ml 6 x 750ml R450.00 Unit price per case R75.00	<b>KWV Sauvignon Blanc</b> <b>54<sup>99</sup></b> 750ml 6 x 750ml R300.00 Unit price per case R50.00
<b>Robertson Chapel Dry Red</b> <b>74<sup>99</sup></b> 1.5 litres 6 x 1.5 litres R426.00 Unit price per case R71.00	<b>Four Cousins 1.5 litre Range</b> <b>64<sup>99</sup></b> 1.5 litres 6 x 1.5 litres R387.00 Unit price per case R64.50	<b>Wolftrap Red</b> <b>46<sup>99</sup></b> 750ml 6 x 750ml R270.00 Unit price per case R45.00	<b>Graca White OR Rosé</b> <b>39<sup>99</sup></b> 750ml 12 x 750ml R456.00 Unit price per case R38.00	<b>Saint Anna</b> <b>36<sup>99</sup></b> 750ml 12 x 750ml R426.00 Unit price per case R35.50	<b>Stonedale</b> <b>32<sup>99</sup></b> 750ml 6 x 750ml R189.00 Unit price per case R31.50 Sauvignon Blanc, Chenin Blanc, Shiraz OR Red Blend	<b>Rain Dance Sweet Red OR Rosé</b> <b>59<sup>99</sup></b> 3 litres 4 x 3 litres R230.00 Unit price per case R57.50

# wine box

12 mixed bottles at case lot prices

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Just as if you're buying a case.

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